

# Radiation Safety Training

Christian Janicki, Ph.D.  
Radiation Safety Manager  
MUHC

May 2004



# Outline

- Module 1 : Regulations and Licensing
- Module 2 : Basic radiation Physics
- Module 3 : Radiation and Risks
- Module 4 : Detection Instruments
- Module 5 : Transport and Handling
- Module 6 : Working in Laboratories

# **MODULE 1 :**

## **Regulations and Licensing**



Canadian Nuclear  
Safety Commission

Commission canadienne  
de sûreté nucléaire

<http://www.cnsccsn.gc.ca>

## The Canadian Nuclear Safety Commission

### An Overview

Nuclear safety is everyone's business. Every day, millions of Canadians use nuclear energy, though we may not always be aware of how it contributes to our lives.

The Canadian Nuclear Safety Commission (CNSC) regulates the use of nuclear energy and materials to protect health, safety, security and the environment and to respect Canada's international commitments on the peaceful use of nuclear energy. Created in 1946 as the Atomic Energy Control Board, the agency changed its name in 2000 with the enactment of the *Nuclear Safety and Control Act* (NSCA). Its vision is to be one of the best nuclear regulators in the world by being effective, efficient, transparent and an employer of choice.





Canadian Nuclear  
Safety Commission

Commission canadienne  
de sûreté nucléaire

### **CNSC Mission**

To regulate the use of nuclear energy and materials to protect health, safety, security and the environment and to respect Canada's international commitments on the peaceful use of nuclear energy.



Canadian Nuclear  
Safety Commission

Commission canadienne  
de sûreté nucléaire

## CNSC Mandate

Under legislation enacted by Parliament, and policies, directives and international commitments of the federal government, we:

- regulate the development, production and use of nuclear energy in Canada;
- regulate the production, possession, use and transport of nuclear substances, and the production, possession and use of prescribed equipment and prescribed information;
- implement measures respecting international control of the development, production, transport and use of nuclear energy and nuclear substances, including measures respecting the non-proliferation of nuclear weapons and nuclear explosive devices; and
- disseminate scientific, technical and regulatory information concerning the activities of the CNSC, and the effects on the environment, on the health and safety of persons, of the development, production, possession, transport and use of nuclear substances.

# Regulatory & Licensing Information

## Acts, Regulations and By-laws

The [Nuclear Safety and Control Act](#) (NSC Act) came into force on May 31, 2000, when it replaced the Atomic Energy Control Act. It provides the Canadian Nuclear Safety Commission with its regulatory authority.

Under the NSC Act, the Commission has put in place a number of regulations and bylaws. Electronic versions of the key regulations and bylaws administered by the CNSC can be found below.

### Regulations

- • [Canadian Nuclear Safety Commission Rules of Procedure](#) (PDF)
- • [General Nuclear Safety and Control Regulations](#) (PDF)
  - [Office Consolidation](#) (PDF)
- • [Radiation Protection Regulations](#) (PDF)
- [Class I Nuclear Facilities Regulations](#) (PDF)
- [Class II Nuclear Facilities and Prescribed Equipment Regulations](#) (PDF)
- [Uranium Mines and Mills Regulations](#) (PDF)
- • [Nuclear Substances and Radiation Devices Regulations](#) (PDF)
- • [Packaging and Transport of Nuclear Substances Regulations](#) (PDF)
  - [Office Consolidation](#) (PDF)
- [Nuclear Security Regulations](#) (PDF)
- [Nuclear Non-Proliferation Import and Export Control Regulations](#) (PDF)
- [CNSC Cost Recovery Fees Regulations](#) (HTML) (PDF)

### Bylaws

- [Canadian Nuclear Safety Commission By-laws](#) (PDF)

# Regulations and Licensing

## Canadian Nuclear Safety Commission (CNSC)

"The mission of the Canadian Nuclear Safety Commission (CNSC) is to regulate the use of nuclear energy and materials to protect health, safety, security and the environment and to respect Canada's international commitments on the peaceful use of nuclear energy."

# Regulations and Licensing

## The Canadian Nuclear Safety Act

- Defines Nuclear Energy Workers & Nuclear Facilities
- Establishes the Canadian Nuclear Safety Commission (CNSC)
  - Defines duties, powers and responsibilities
  - Ability to make regulations and issue licenses
  - Defines powers of inspectors
  - Defines "opportunity to be heard"
- Establishes penalties for offenses and noncompliance
- Defines Canada's participation in international safeguards treaty

# Regulations and Licensing

- The CNSC is the "Court of Record"
  - May issue summons or administer oaths
  - Not bound by legal rules
  - Its decisions become rules of Federal Court.
- CNSC inspectors may enter and inspect at any reasonable time.
  - May search without a warrant
  - May order any measures to protect the environment or safety of persons.
  - Every person must give reasonable assistance

# Regulations and Licensing

Offences and Punishments defined in the act.

- Failure to assist inspector  
(**\$5000 or 6 months**)
- Misuse of safety equipment
- Failure to comply with license condition, act or any order
- Falsification of records
- Failure to report for duty (!)
- Possession of nuclear material that may be used to make nuclear explosive device  
(**10 years**)

# CNSC Regulations (Rad. Protection)

The CNSC regulations define:

- Obligations of licensees and Nuclear Energy Workers (NEWs)
- Radiation dose limits
- Dosimetry services
- Labelling and signs
- Records to be kept



# CNSC Regulations (General)

## Obligation of Licensees :

- Ensure presence of qualified staff
- Train workers to carry out activities in accordance with the act
- Take reasonable precautions to protect environment and health and safety of persons
- Maintain devices within specifications
- Take all reasonable precautions to prevent release of radioactive material

# CNSC Regulations (Rad. Protection)

## Obligations of Licensees :

- Every licensee shall implement a radiation protection program to:
  - Keep the exposures As Low As Reasonably Achievable (ALARA)
  - Ascertain the quantity and concentration of release of radioactivity
  - Ascertain and record the doses to radiation workers

# CNSC Regulations (General)

## Obligation of Workers :

- Comply with procedures in a responsible and reasonable manner
- Comply with measures established to protect environment and health and safety of persons
- Promptly inform supervisor of:
  - Increase in risk
  - Threat to security
  - Failure to comply with act, regulations or license
  - Any act of sabotage or theft of nuclear substance
  - Unauthorized release of radioactive substance
- Observe and obey all notices and warnings
- Take all reasonable precautions for own safety and of safety of others

# Regulations and Licensing

## A Nuclear Energy Worker

In the Canadian Nuclear Safety Act a nuclear energy worker is defined as:

"a person (worker) who is required, ... , to perform duties in such circumstances that there is a reasonable probability that the person may receive a dose of radiation that is greater than the prescribed limit for the general public."

# CNSC Regulations (Rad. Protection)

## Obligations of Nuclear Energy Workers (NEWs) :

- Every nuclear energy worker shall, on request by the licensee, inform the licensee of the workers:
  - Given names, surname and previous surnames
  - Social Insurance Number
  - Sex
  - Date, province and country of birth
  - Dose record for the previous one-year and five-year dosimetry periods

# CNSC Regulations (Rad. Protection)

## Pregnant Nuclear Energy Workers :

- Every NEW who becomes aware that she is pregnant shall *immediately* inform the licensee *in writing*.
- On being informed by a NEW that she is pregnant, the licensee shall, in order to comply with section 13 (dose limits) make any accommodation what will not occasion costs or business inconvenience constituting undue hardship to the the licensee.

# Regulations and Licensing

The CNSC Regulations define limits on effective dose.

Person	Period	Effective Dose (mSv)
Nuclear Energy Worker (Including a pregnant NEW)	One-year dosimetry period	50
	Five-year dosimetry period	100
Pregnant NEW	Balance of the pregnancy	4
A person who is not a NEW	One calendar year	1

# Regulations and Licensing

The CNSC Regulations define limits on equivalent dose.

Organ or Tissue	Person	Period	Equivalent Dose (mSv)
Lens of an eye	NEW	One-year dosimetry period	150
	Any other person	One calendar year	15
Skin	NEW	One-year dosimetry period	500
	Any other person	One calendar year	50
Hands and feet	NEW	One-year dosimetry period	500
	Any other person	One calendar year	50



# Regulations and Licensing

These limits may be exceeded if there is a life threatening emergency, BUT

- Effective dose must remain less than 500 mSv
- Equivalent dose (skin) must be less than 5000 mSv



# CNSC Regulations (Nuclear Substances)

Prescribed Nuclear Substances are defined as quantities of radioactivity greater than the Exempt Quantities listed in schedule 1 of the act

10 kBq, for $Z < 81$	Not more than 10 sources per year
10 kBq, for $Z > 81$ But: Not $\alpha$ -emitter and No short-lived $\alpha$ -emitting progeny	
500 Bq, for $Z > 81$ And: $\alpha$ -emitter or short-lived $\alpha$ -emitting progeny	

Exempted Quantities are not regulated.

# Exempted Quantities

A license is NOT required to :

Possess, transfer, import, export, use, mine, produce, refine, convert, enrich, process, reprocess, manage or store a **nuclear substance**, if the quantity of the nuclear substance does not exceed its **exemption quantity (NSRDR 5.1)**

# CNSC Regulations (Nuclear Substances)

Radioactive material that is used on site is required to have the following documentation:

- Name, quantity, form and location
- Model and serial number (sealed sources)
- Quantity used
- Manner in which it is used
- Name of each worker who uses or handles
- Record of transfer, receipt, disposal or abandonment
- Record of training of each worker (for 3 years)
- Record of all inspections, measurements and tests

# MUHC Licenced Activities

- **Nuclear Substances and Radiation Devices**
  - Nuclear Medicine (diagnostic)
  - Nuclear Medicine (therapeutic)
  - Gammacell Irradiator (self-shielded type)
  - Consolidated Activities (Research)
  
- **Class-II Equipments**
  - Brachytherapy
  - Cobalt Teletherapy
  - Accelerators
  - Calibration

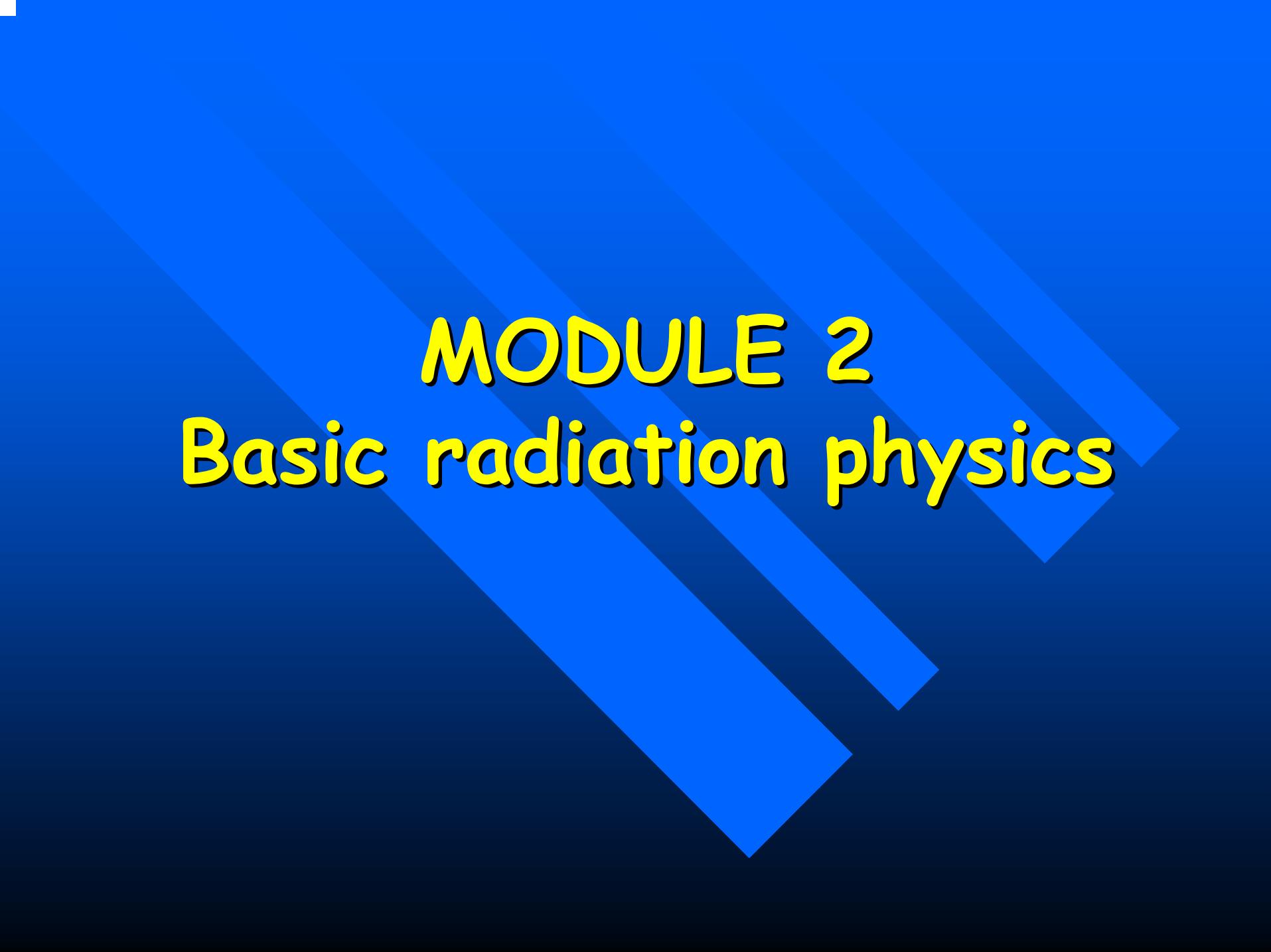
# Regulations and Licensing

## For Nuclear Substances Licensing :

- MUHC has one contact person at the CNSC, J.-C. Poirier
- The CNSC has one contact person at the MUHC, C. Janicki, RSO/NSRD.

## For Class II Equipment Licensing :

- MUHC has one contact person at the CNSC, A. Licea
- The CNSC has one contact person at the MUHC, M. Evans, RSO/Class II.

The background is a dark blue gradient with several lighter blue diagonal stripes running from the top-left towards the bottom-right.

# **MODULE 2**

## **Basic radiation physics**

# A Brief History

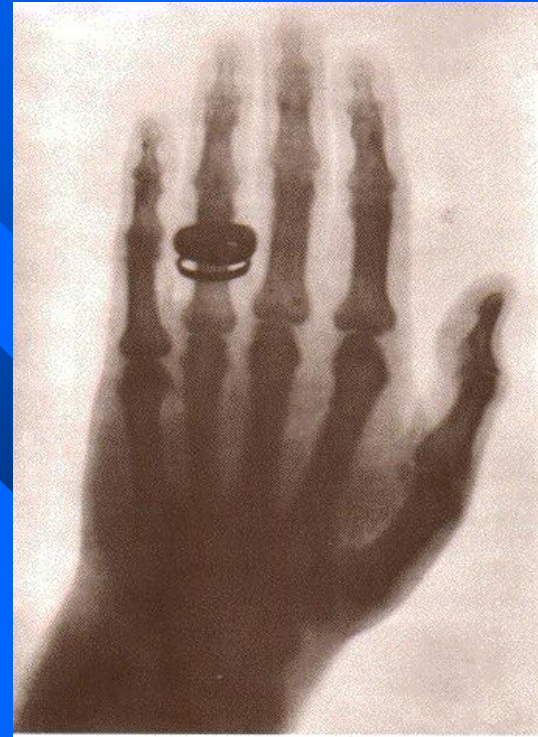
- X-rays were first observed in 1895 by A.H. Roentgen
  - On the 8th of November, he covers with a black strong paper an apparatus that he uses to study electricity phenomena
  - The screen placed nearby seems shining some green light
  - His hand placed behind the screen shows the shadow of his hand-bones!
  - At the end of December, he publishes a short article, claiming for a fantastic news: the existence of an unknown and strange radiation, that is thus quickly named "X rays".
  - For this discovery, he receives the first physics Nobel price in 1901.



# Roentgen discovers X-Rays



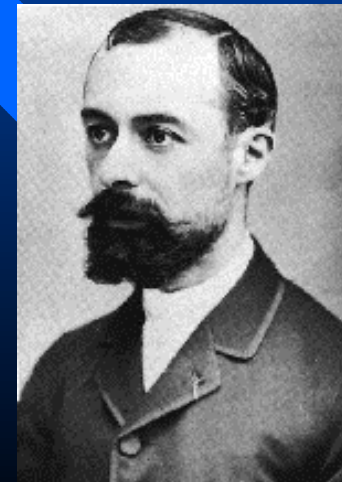
A.H. Roentgen

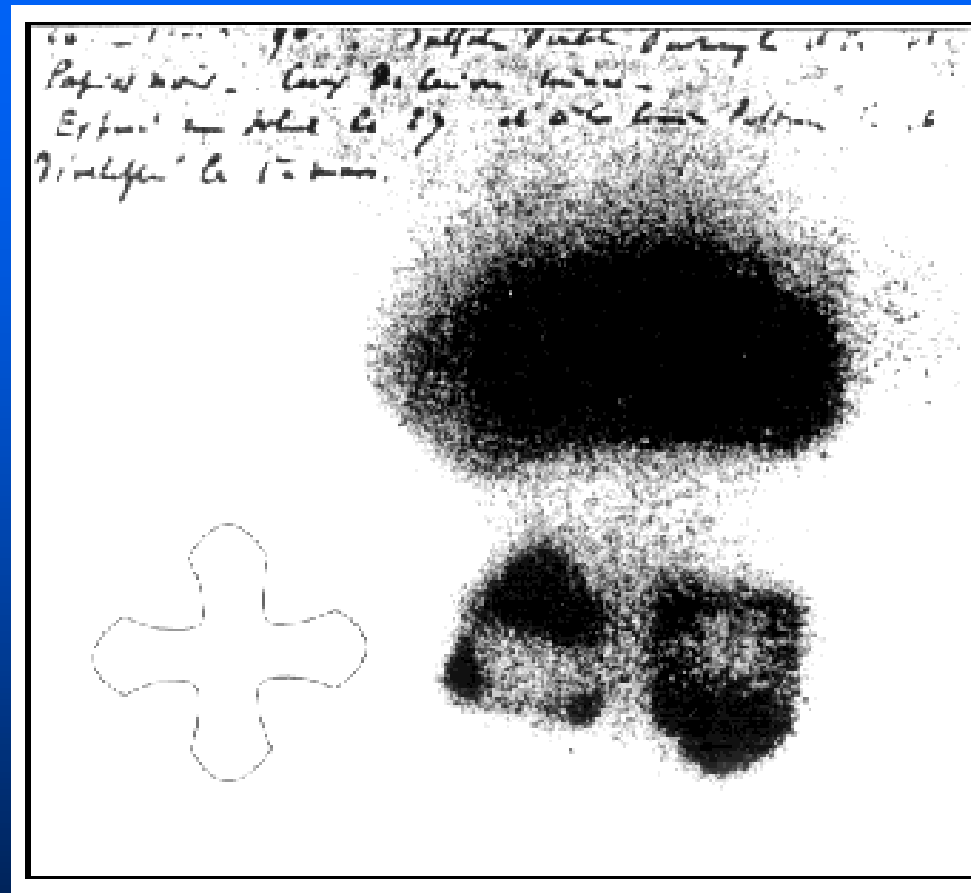


Roentgen's wife hand  
with wedding ring

# A Brief History

- Radioactivity was first observed in 1896 by A. H. Becquerel
  - salts of uranium are brought into the vicinity of an unexposed photographic => the plate becomes exposed
  - uranium salts also causes a charged electroscope to discharge
  - the salts exhibit phosphorescence and are able to produce fluorescence

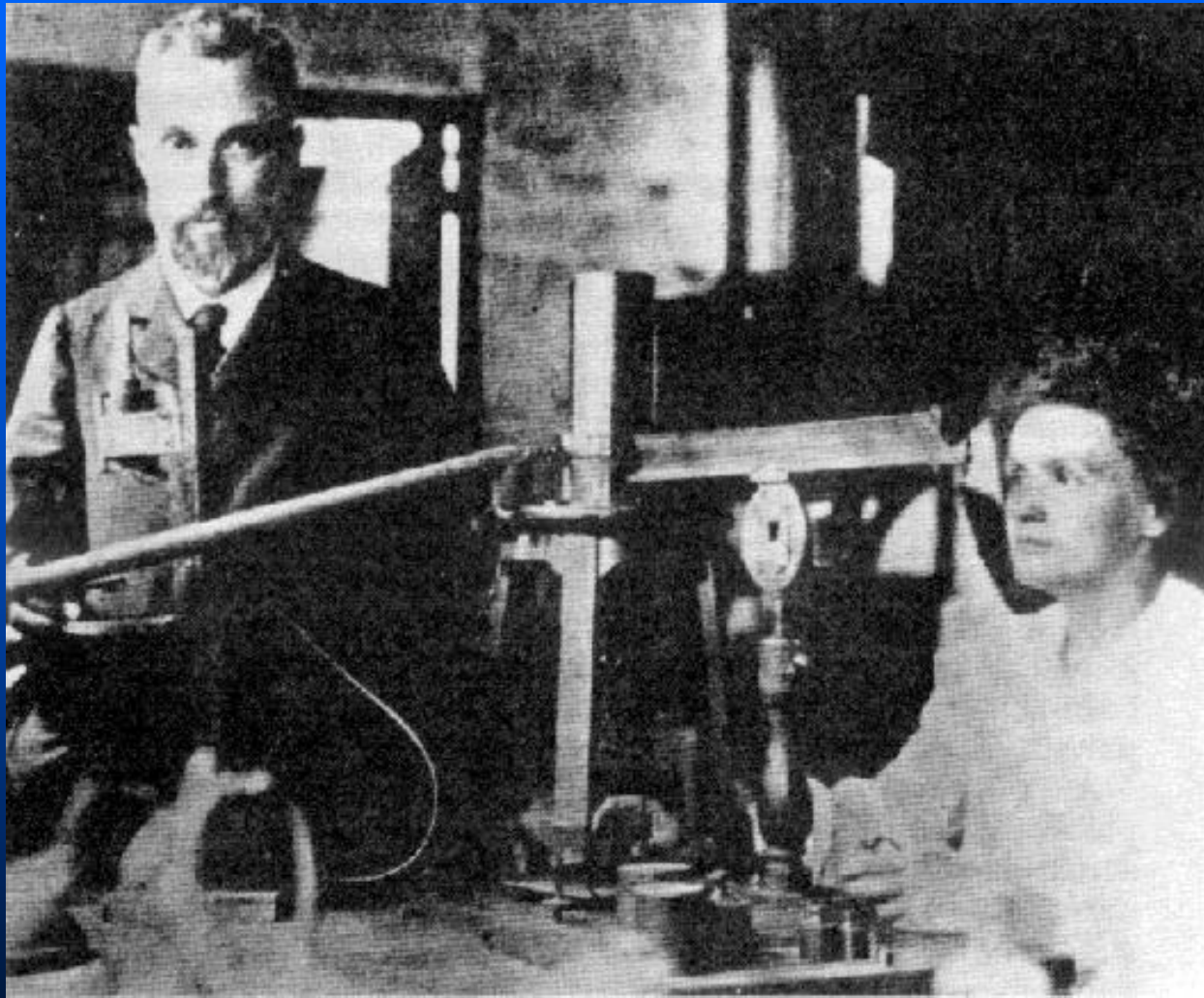




Photographic plate of Becquerel impressed by the radioactivity of uranium.

# A Brief History

- Marie and Pierre Curie extended the work on radioactivity
  - Demonstrate the radioactive properties of thorium
  - Isolate a new material 1 000 000 times more radioactive than uranium : "polonium"
  - In 1898, from pitchblende ore (many tons!), they extract by hand some milligrams of an other new material, 2 500 000 times more radioactive than uranium: the "radium"
  - They receive the Nobel price of Physics in 1903 for the discovery of radium
  - Marie Curie received the Nobel price of Chemistry in 1911 for chemistry works on radium



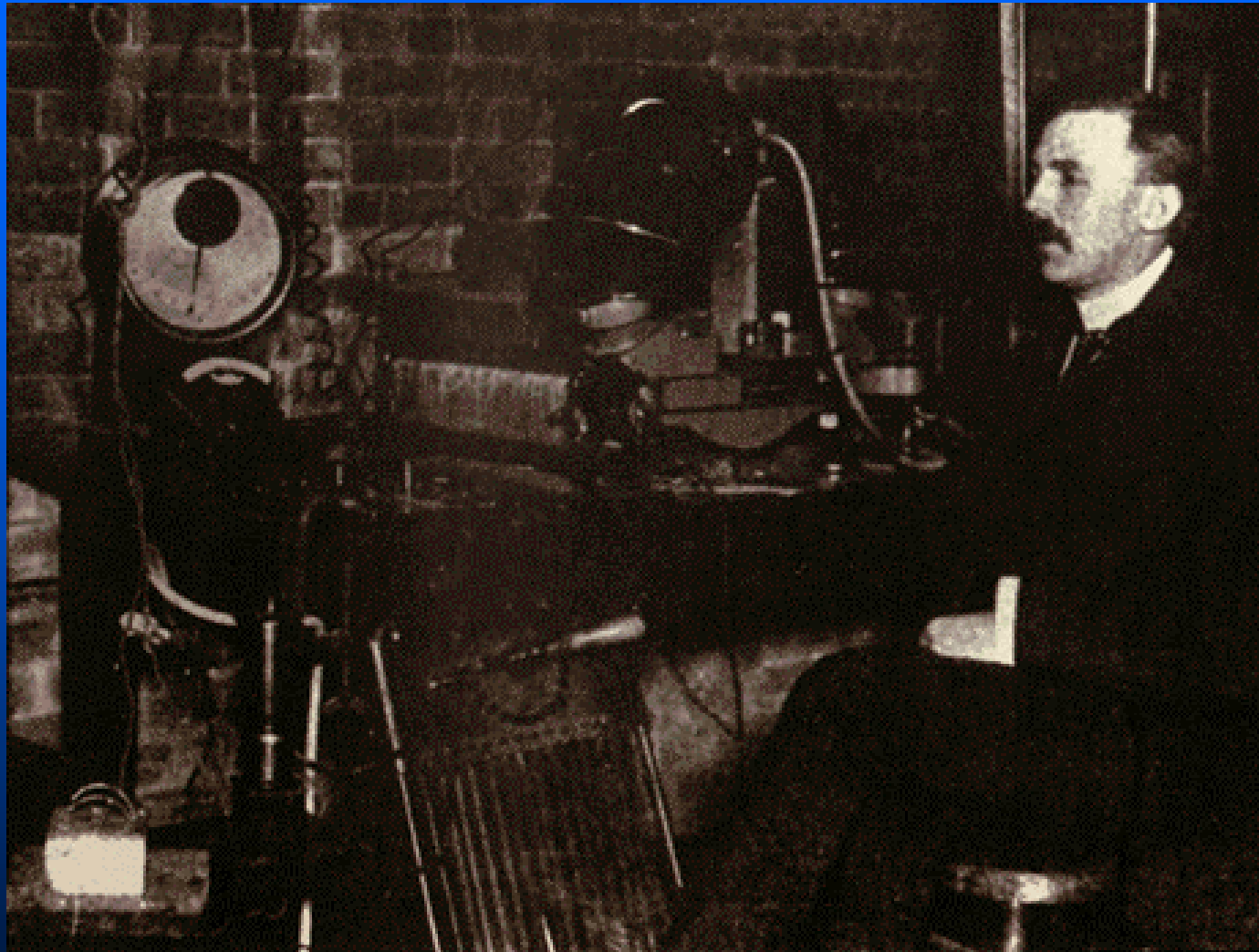
Marie and Pierre Curie

# A Brief History

## ■ E. Rutherford

- Discovers alpha and beta radiation in 1899
- The first to elucidate the related concepts of the half-life and decay constant
- With Frederick Soddy at McGill University, Rutherford showed that elements such as uranium and thorium became different elements (i.e., transmuted) through the process of radioactive decay
- For this work, Rutherford won the 1908 Nobel Prize in chemistry.

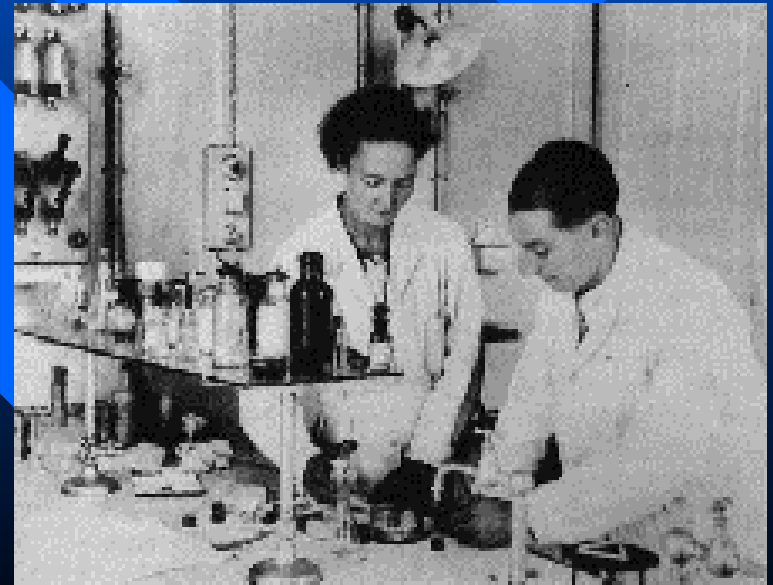




Ernest Rutherford in his Laboratory at McGill University, Ca. 1903

# A Brief History

- Frédéric and Irène Joliot-Curie discovered the first example of artificial radioactivity in 1934 by bombarding nonradioactive elements with alpha particles
  - By shooting an aluminium sheet with alpha particles (helium nuclei), they were able to make radioactive phosphorus

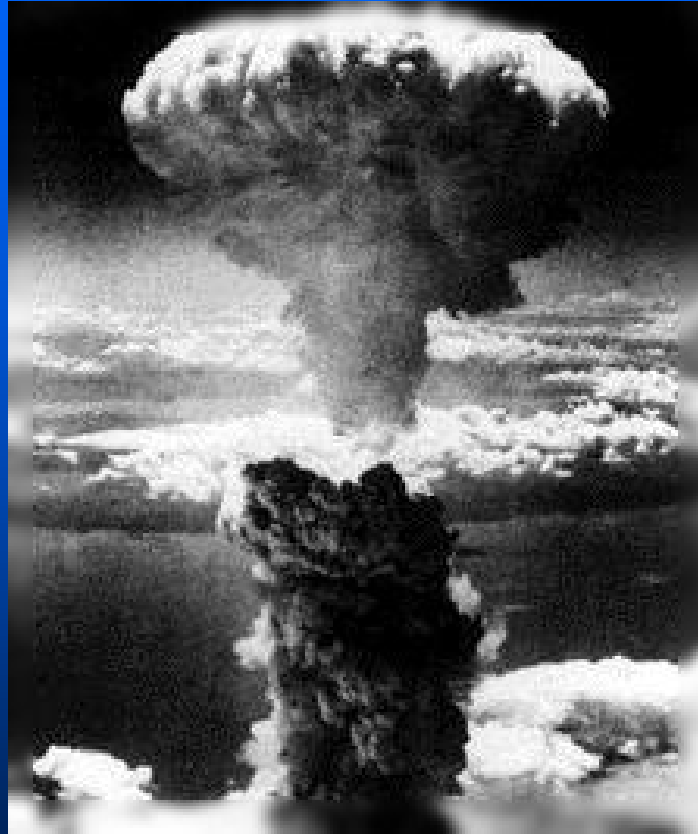




# A Brief History

- On July 4, 1934 Leo Szilard filed a patent application for the atomic bomb
- December 1935, Chadwick won the Nobel Prize for discovery of the neutron.
- January 13, 1939 - Otto Frisch observed fission directly by detecting fission fragments in an ionization chamber.
- January 29, 1939 - Robert Oppenheimer hears about the discovery of fission and realized that it might be possible to build a bomb.
- Manhattan Project began on September 17, 1942 led by R.O.

# In 1945, we enter the NUCLEAR AGE



On July 16, 1945, Oppenheimer witnessed the first explosion of an atomic bomb in the New Mexico desert.

"We knew the world would not be the same" R.O.

# What is Radiation ?



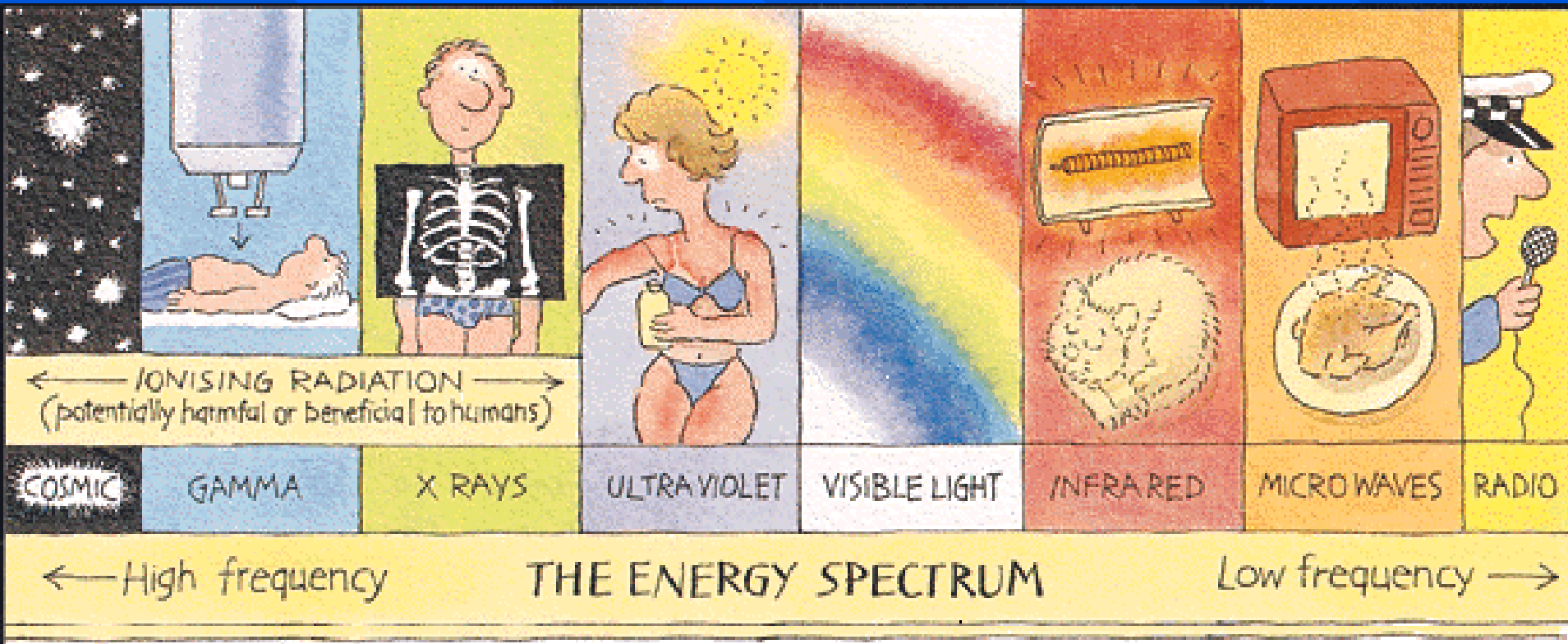
?

?

?

# Radiation:

The transmission of energy through space in the form of waves or streams of particles.



# What is Ionizing Radiation?

?

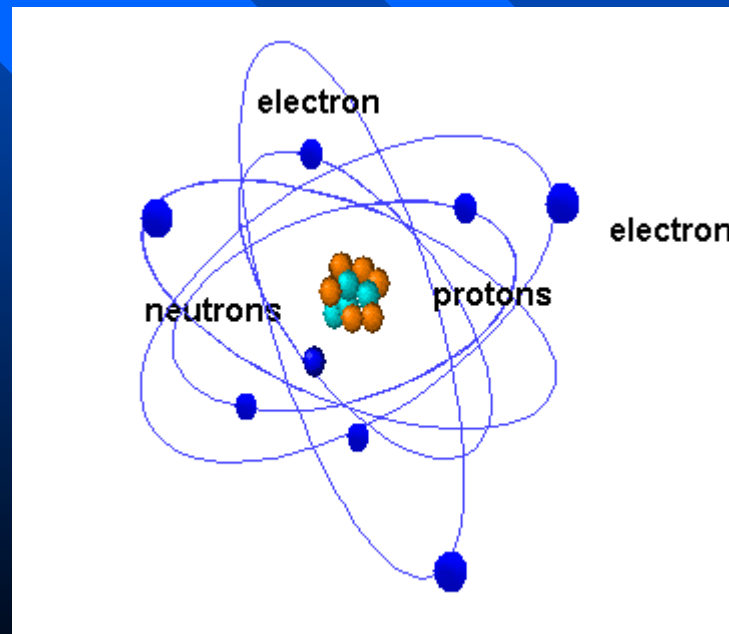
?



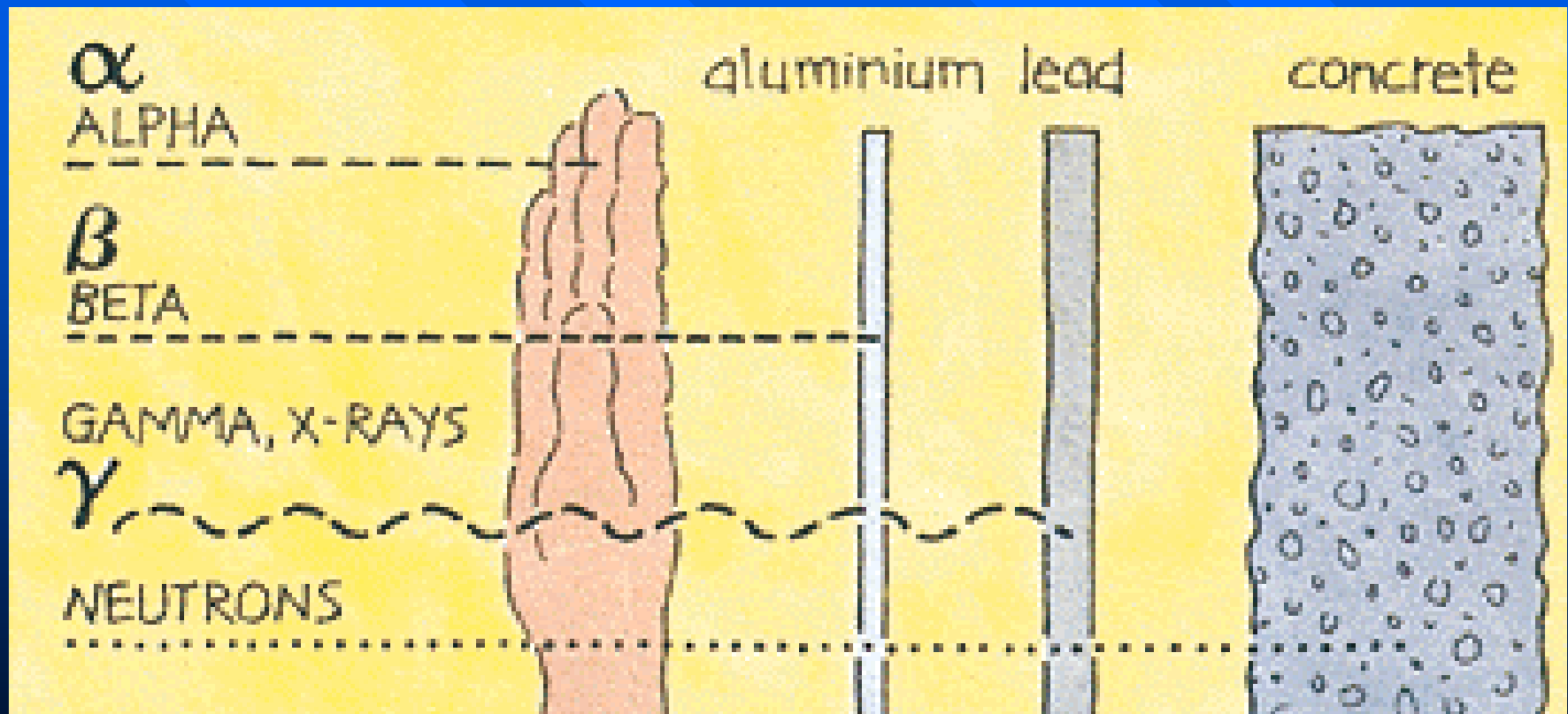
?

# Ionizing Radiation

Radiation that has sufficient energy to ionize, or remove electrons from, an atom.



# Types of Ionizing radiation



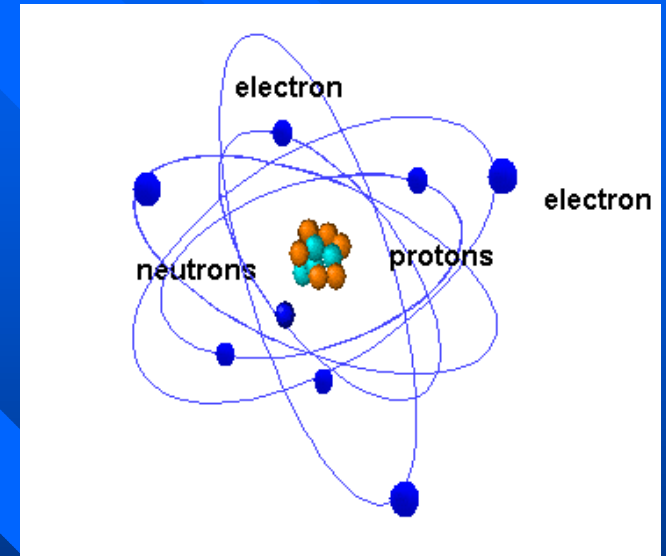
# Types of Ionizing radiation

## ■ Orbital Electrons

- X-Ray emission

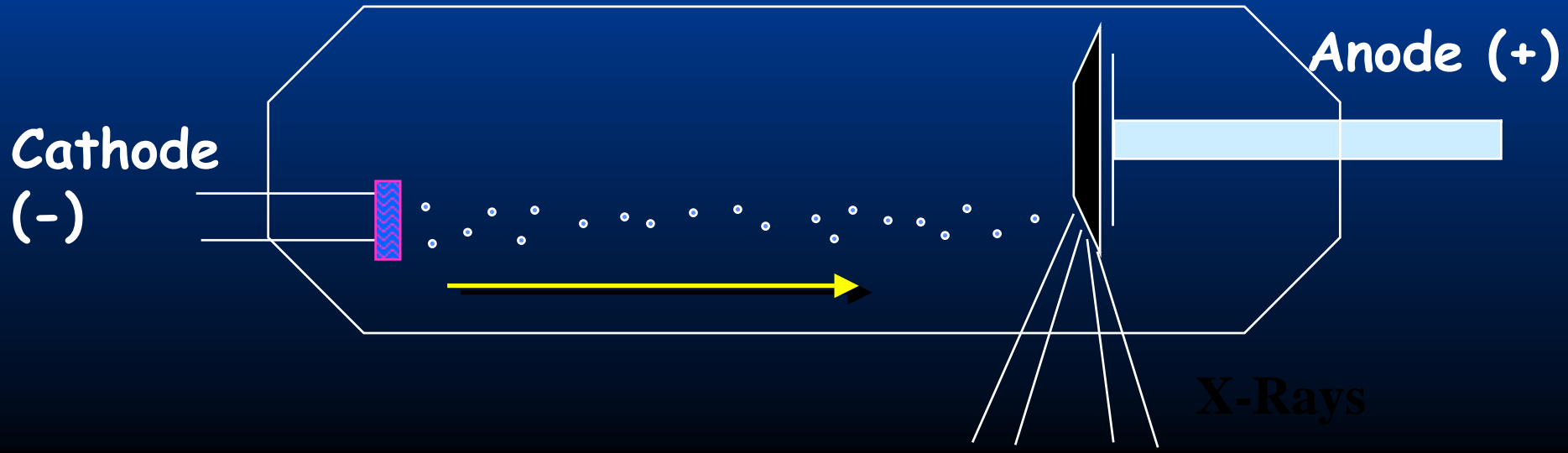
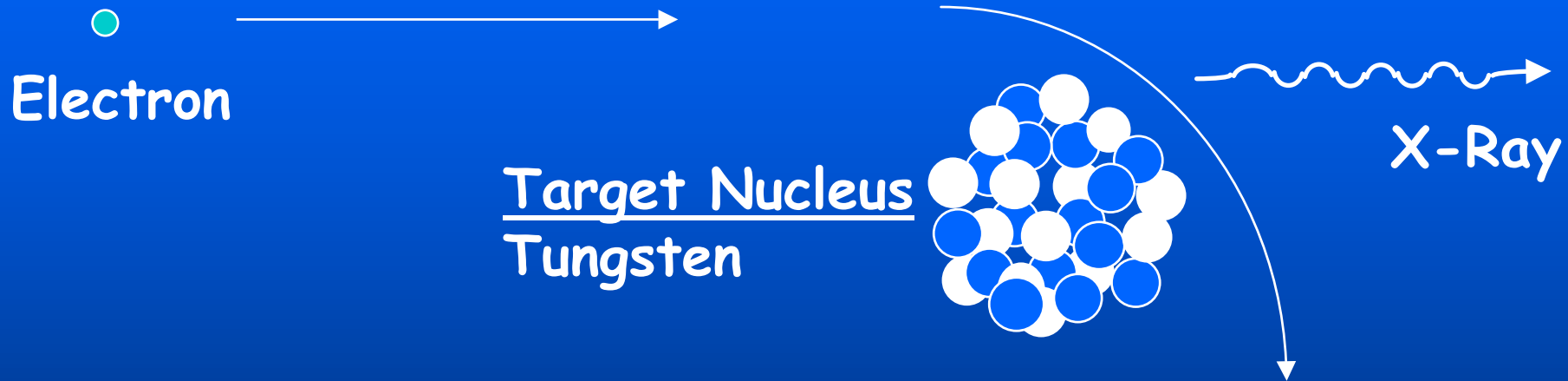
## ■ Nuclear Decay

- gamma emission
- beta (electron, positron) emission
- alpha particles
- neutrons

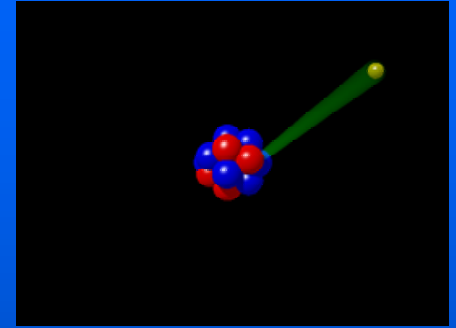




# X-Ray Production (Bremsstrahlung)



# Nuclear Decay and Radioactivity



WHAT IS NUCLEAR DECAY ?

spontaneous transformation of an unstable combination of nucleons (PARENT) to a less unstable combination of nucleons (DAUGHTER)

WHAT IS RADIOACTIVITY ?

spontaneous emission of particulate and/or electro-magnetic radiation

# Units of Radioactivity

Radioactivity is measured in Becquerels (Bq)

- 1 bequerel (1Bq) = 1 transformation/second
- 1 megabequerel (1MBq) =  $10^6$  transformations/sec
- 1 gigabequerel (1GBq) =  $10^9$  transformations/ sec

The Becquerel has recently replaced the Curie as the SI unit of radioactivity:

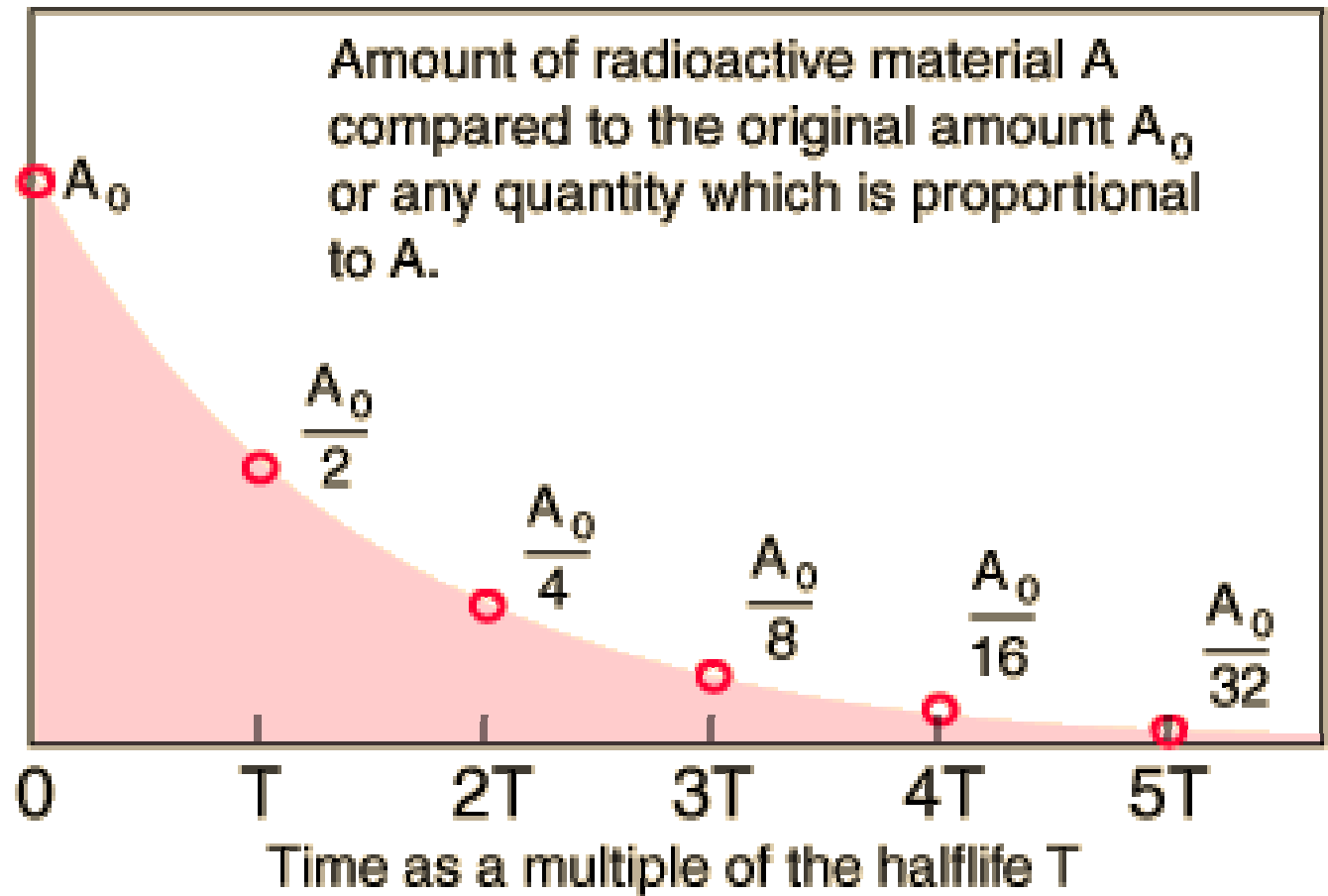
$$\begin{aligned} 1 \text{ curie} &= \text{number of transformations/sec/g radium} \\ &= 3.7 \times 10^{10} \text{ transformations/second} \\ &= 37 \text{ GBq (large!)} \end{aligned}$$

# Decay and Half-lives

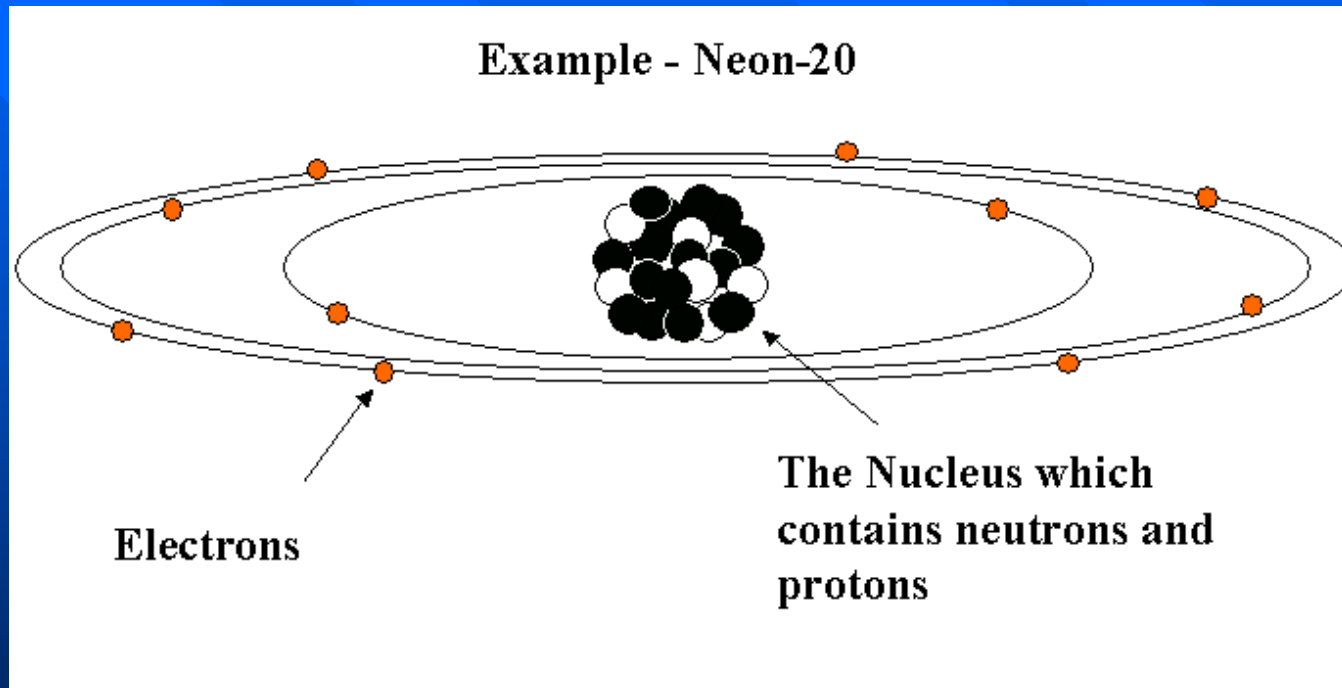
- Radioactive decay is governed by laws of probability (quantum mechanics)
- Nucleus  $X$  will “probably” decay during time interval  $\Delta t$  with probability  $p(\Delta t)$
- For  $\Delta t$  infinite,  $p = 1$
- The time for  $p = 0.5$  is the half-life  $T_{\frac{1}{2}}$

# Decay and Half-lives

$$A = A_0 2^{\frac{-t}{T_{1/2}}}$$
$$= A_0 e^{\frac{-.693 t}{T_{1/2}}}$$



# Basic Nuclear Theory

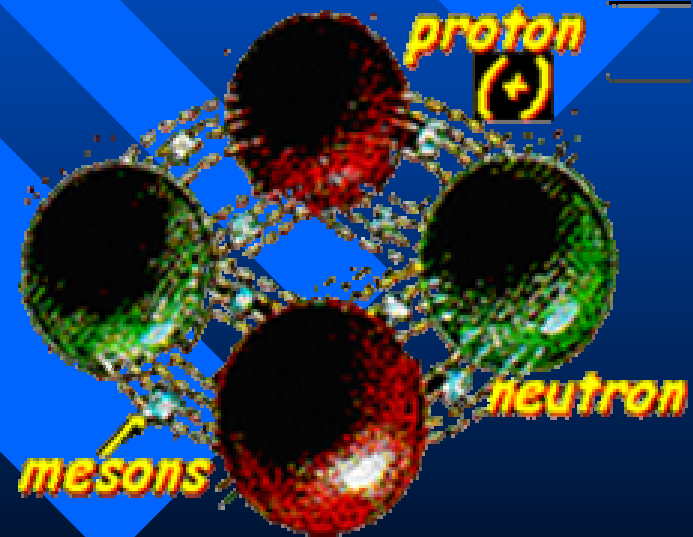
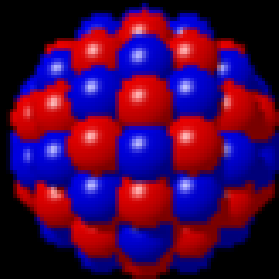


*An Atom contains Protons,  
Neutrons and Electrons*

# Basic Nuclear Theory

- The nucleus is composed of neutrons (n) and protons (p)
- n and p are bound together by mesons

Protons have a positive charge  
neutrons have no charge



# Basic Nuclear Theory

The number of protons in the nucleus is known as the atoms atomic number  $Z$

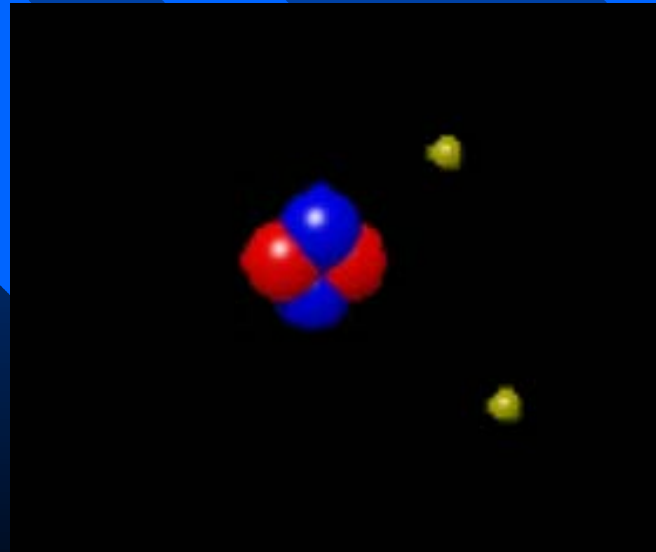
The total number of particles ( $p + n$ ) in the nucleus is called the atoms atomic mass  $A$

Example : He atom

$$Z = 2$$

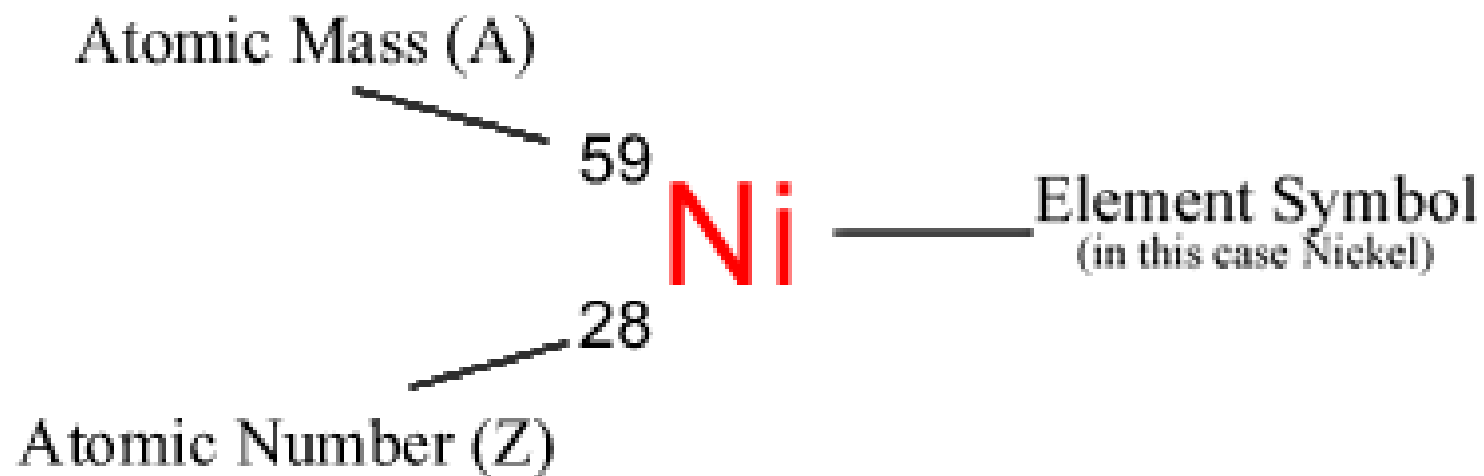
$$N = 2$$

$$A = N + Z = 4$$

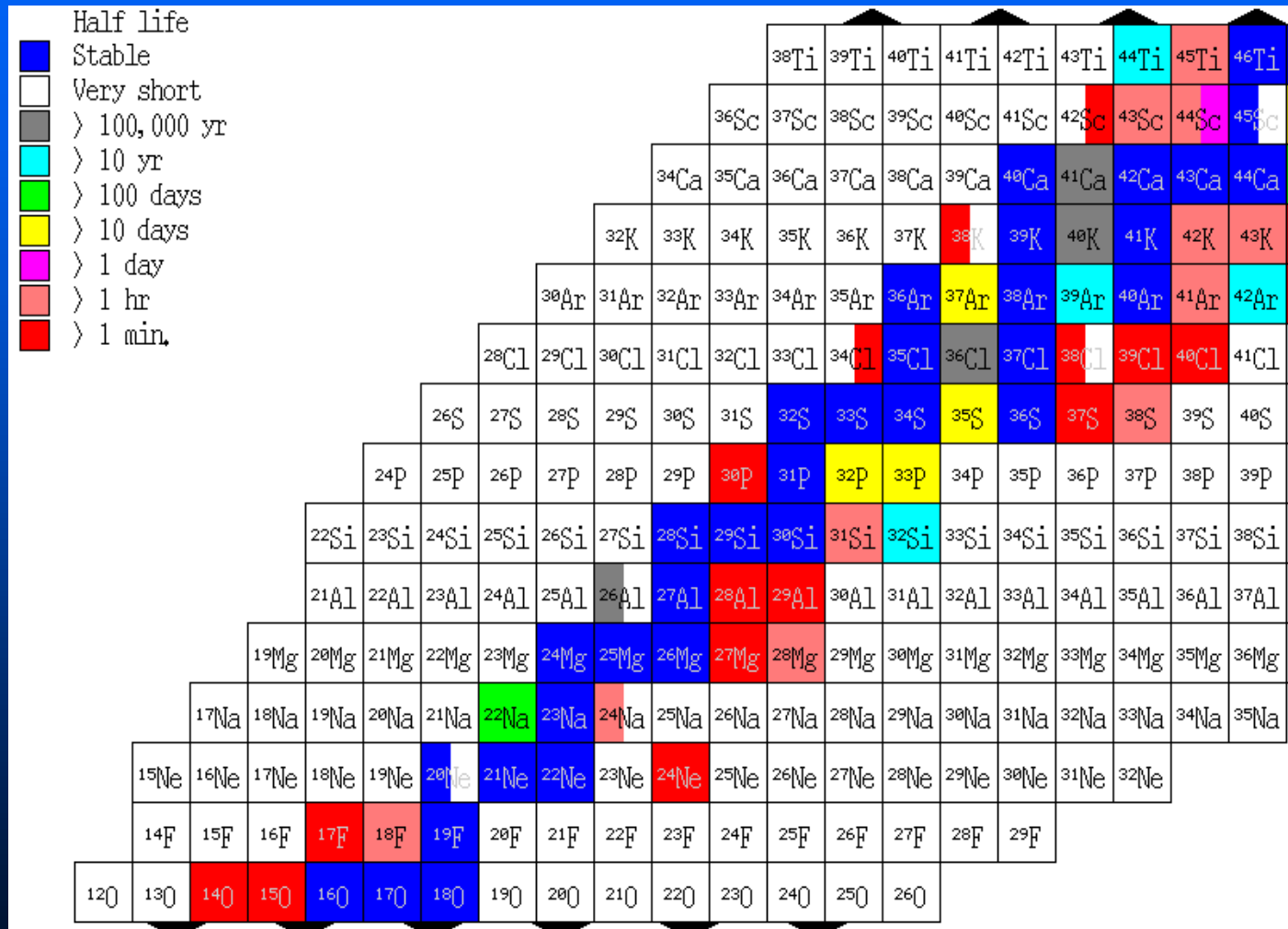




# Notation



# Chart of the Nuclides



Z

N

Isotopes : Same number of protons  $Z$   
Different number of neutrons  $N$



# Nuclear Families

Isotones :  
Same neutron  
number N

Z

16

15

14

13

12

11

Si25 40 ms 1/2+
EC
Al24 190 ms 1+,4+
EC
Mg23 30 s 3/2+
EC
Na22 11 m 0+,3+
EC
Ne21 3/2+
F20 2.5 s 1+,2+
$\beta^+$

9 N

# Nuclear Families

Isobars :  
Same mass  
number  $A$

$Z$

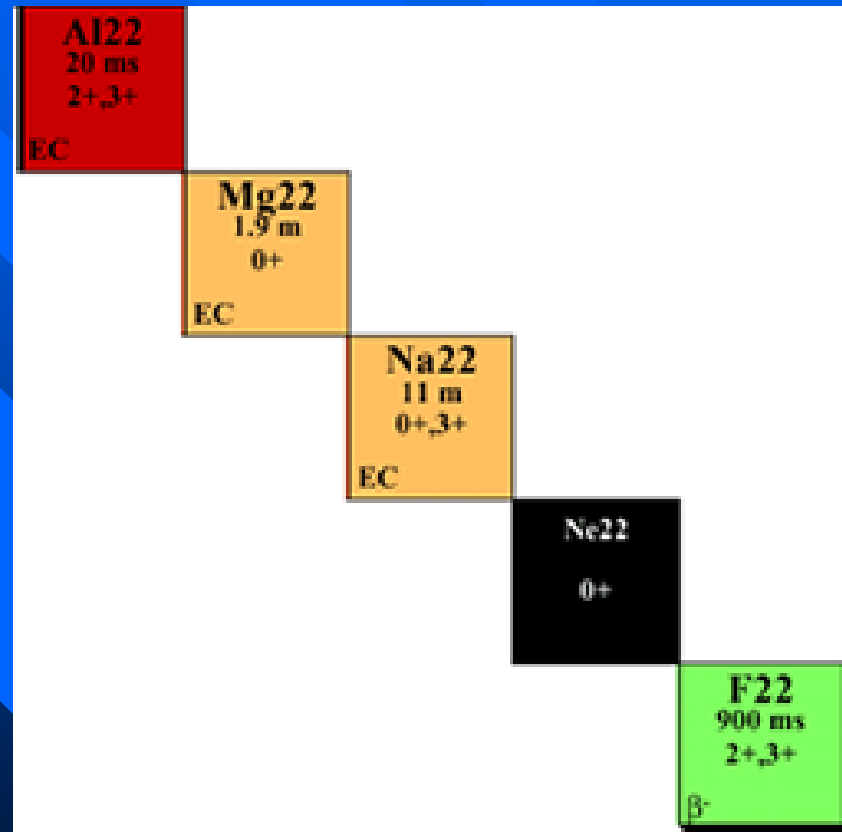
13

12

11

10

9



9

10

11

12

13

$N$

# Line of Stability

Long-lived nuclides are close to the line of stability

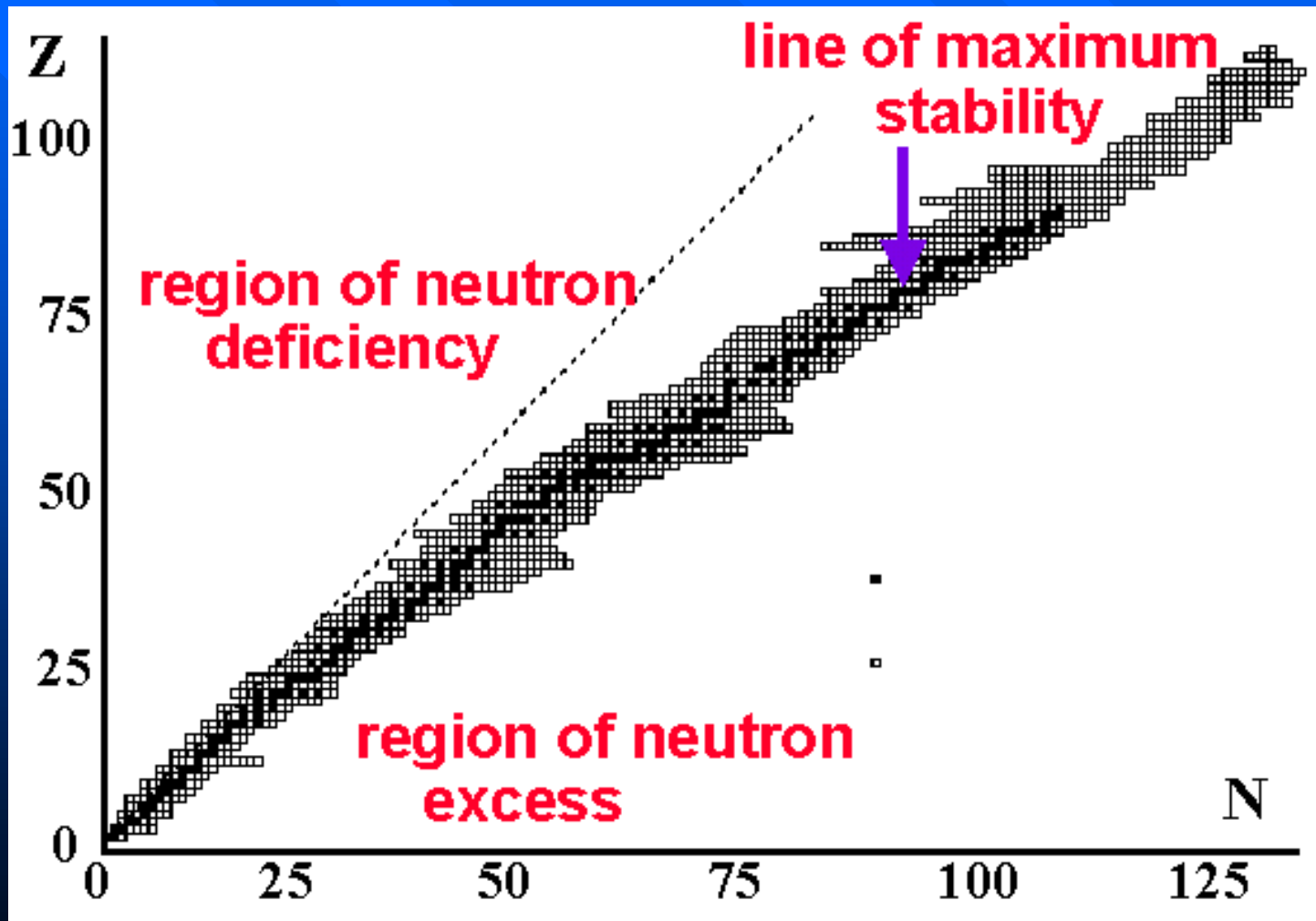
The half-life gets shorter the further away from the line

Excess Proton => above the line

Excess neutron => below the line

15	P	P23	P24	P25	P26	P27	P28	P29	P30
	44.13 27P 30.973762 0.000146%	9 ms 0+	7 ms 2+,3+	24 ms 0+	8 ms 1+,2+	110 ms 0+	110 ms 0+,1+	9 s 0+	18 s 0+,1+
14	Si	Si22	Si23	Si24	Si25	Si26	Si27	Si28	Si29
	28.0858 14Si 28.0858 0.000156%	50 ms 0+	12 ms 0+	300 ms 0+	40 ms 0+	40 s 0+	15 s 3/2+	0+	0+
13	Al	Al21	Al22	Al23	Al24	Al25	Al26	Al27	Al28
	26.981539 13Al 26.981539 0.000171%	30 ms 0+	20 ms 2+,3+	110 ms 0+	100 ms 1+,1+	12 s 0+	60 s 0+,1+	30 s 0+	20 s 0+,1+
12	Mg	Mg20	Mg21	Mg22	Mg23	Mg24	Mg25	Mg26	Mg27
	24.3050 12Mg 24.3050 0.000150%	400 ms 0+	30 ms 0+	1.0 ms 0+	30 s 3/2+	0+	0+	0+	17 ms 0+
11	Na	Na19	Na20	Na21	Na22	Na23	Na24	Na25	Na26
	22.989768 11Na 22.989768 0.000182%	150 ms 0+	90 ms 1+,2+	1.2 ms 0+	11 ms 0+,1+	30 s 0+	10 s 1+,1+	30 s 0+	200 ms 1+,2+
10	Ne	Ne18	Ne19	Ne20	Ne21	Ne22	Ne23	Ne24	Ne25
	20.1797 10Ne 20.1797 0.0012%	0+	0+	0+	30 s 0+	0+	0+	0+	0+
9	F	F17	F18	F19	F20	F21	F22	F23	F24
	18.9984032 9F 18.9984032 2.7e-10%	0+	0+,1+	0+	1+,2+	0+	0+	0+	0+
8	O	O16	O17	O18	O19	O20	O21	O22	O23
	15.9994 8O 15.9994 0.078%	0+	0+	0+	0+	0+	0+	0+	0+
		8	10	12	14				

# Line of Stability



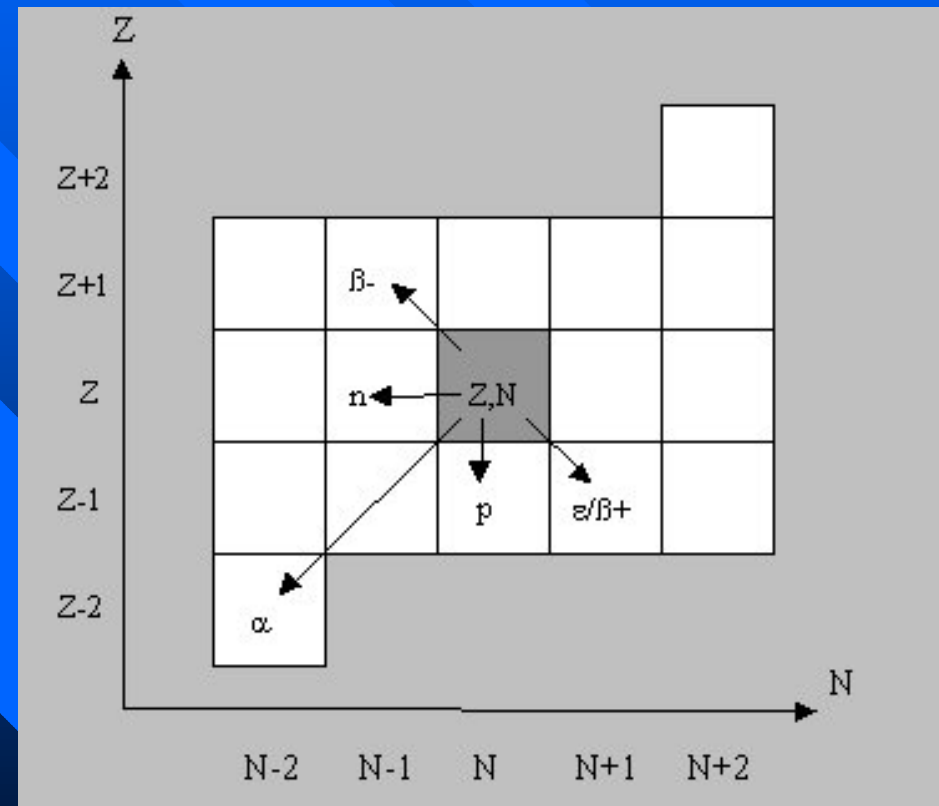
# Types of Nuclear Decay

Excess p & n  $\Rightarrow$  alpha

Excess p  $\Rightarrow$  positron ( $\beta^+$ )

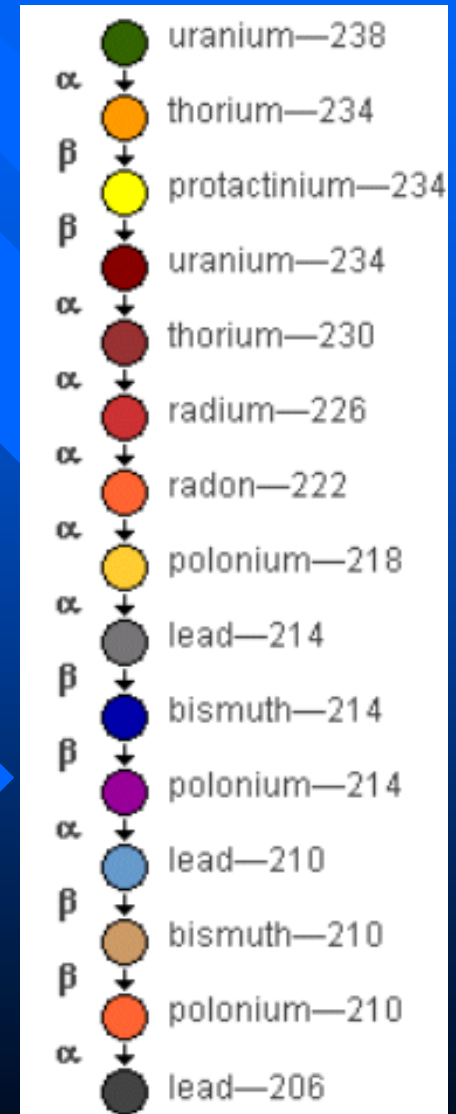
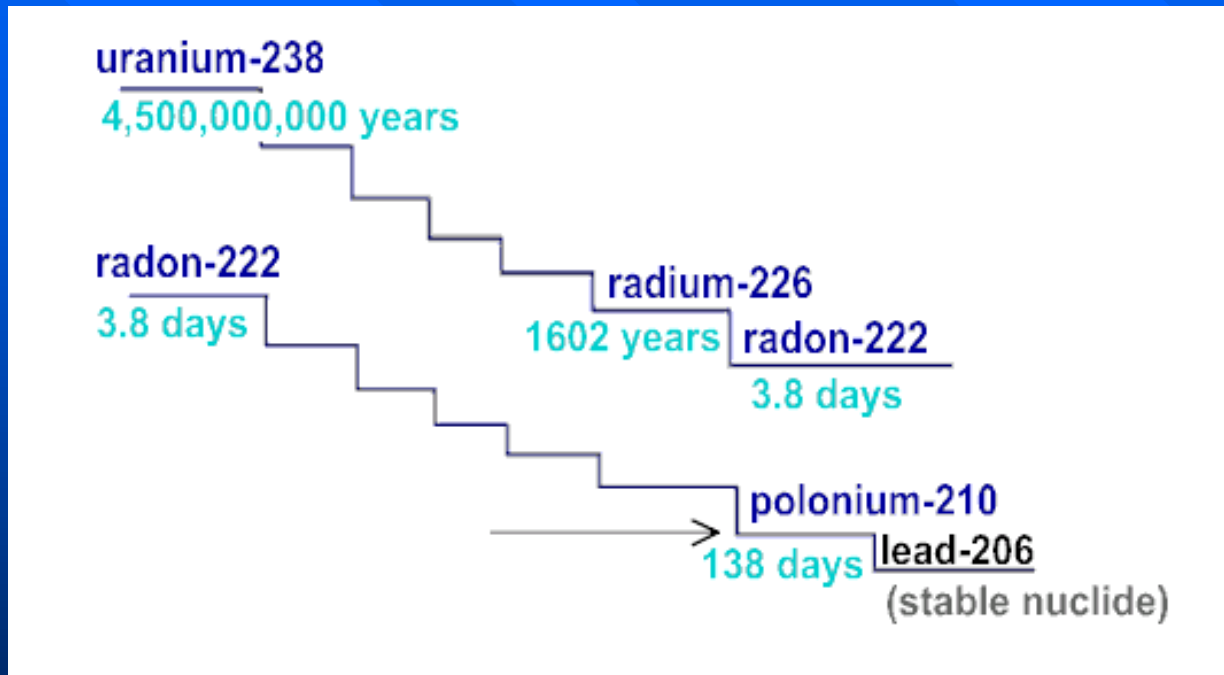
Excess n  $\Rightarrow$  negatron ( $\beta^-$ )

Excess nuclear E  $\Rightarrow$  gamma





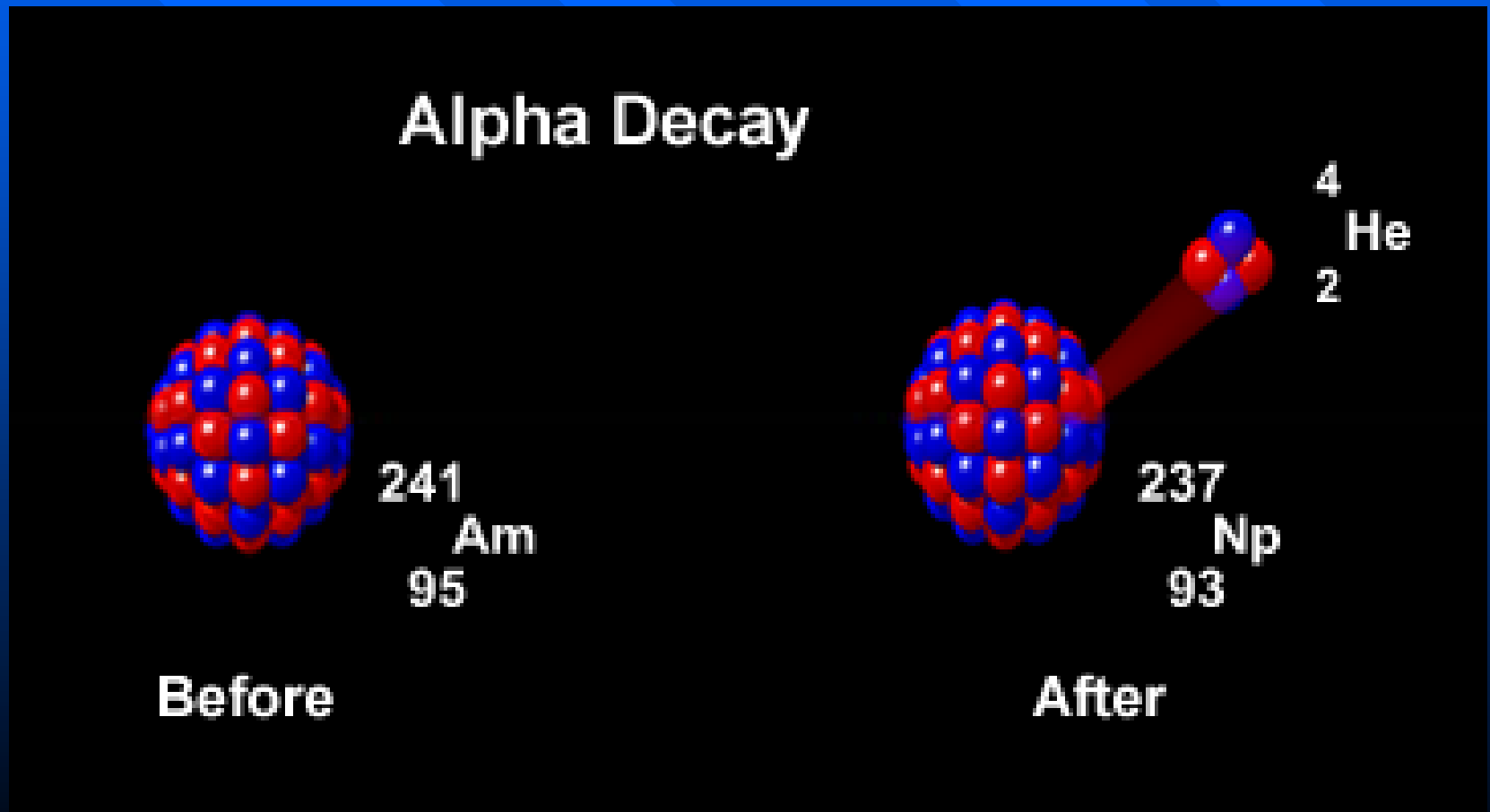
# U-238 decay chain



U-238 decays through a series of steps to become a stable form of lead.

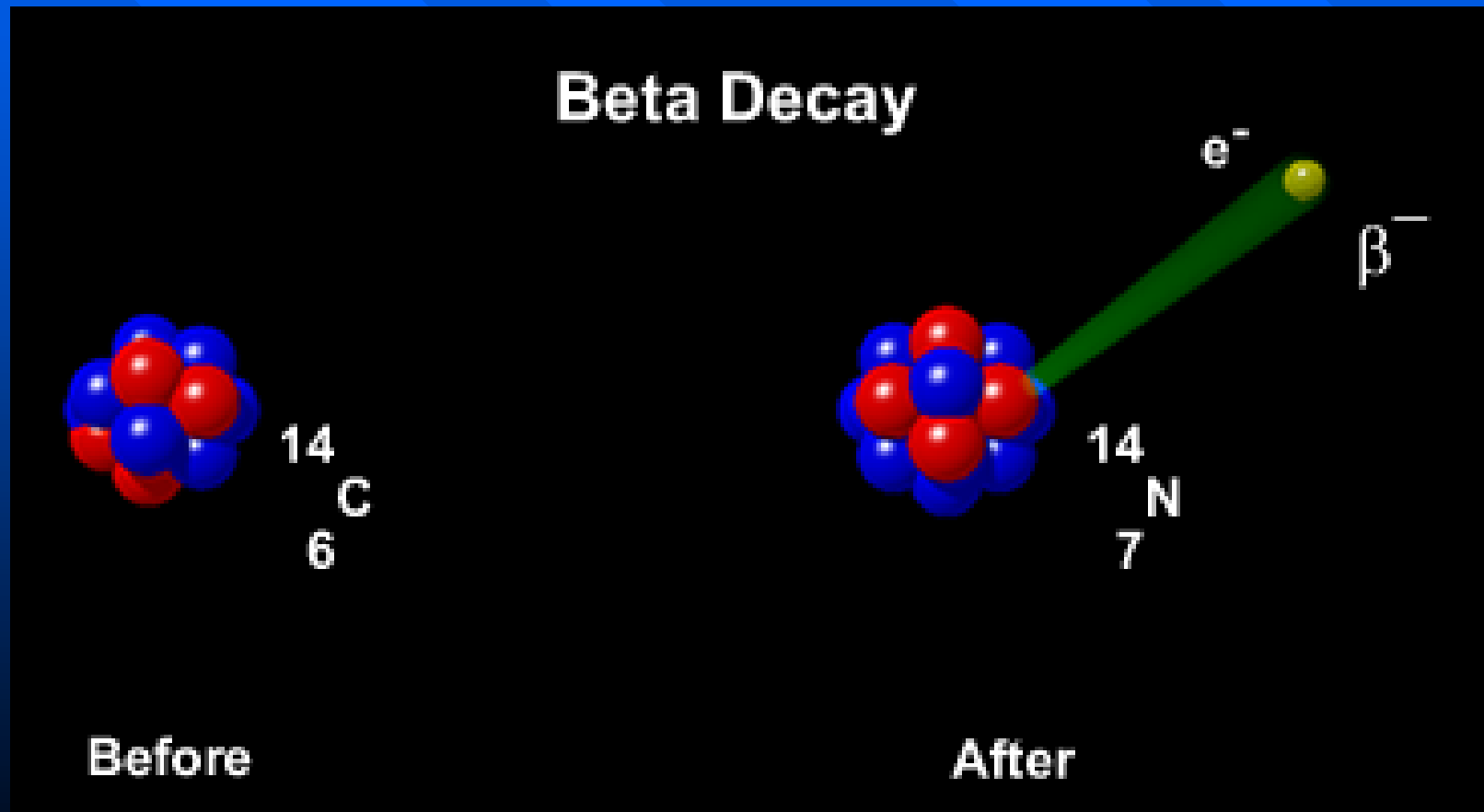
# ALPHA DECAY

Very large nuclei may need to emit more than one particle in order to become stable. These atoms will emit an alpha particle.



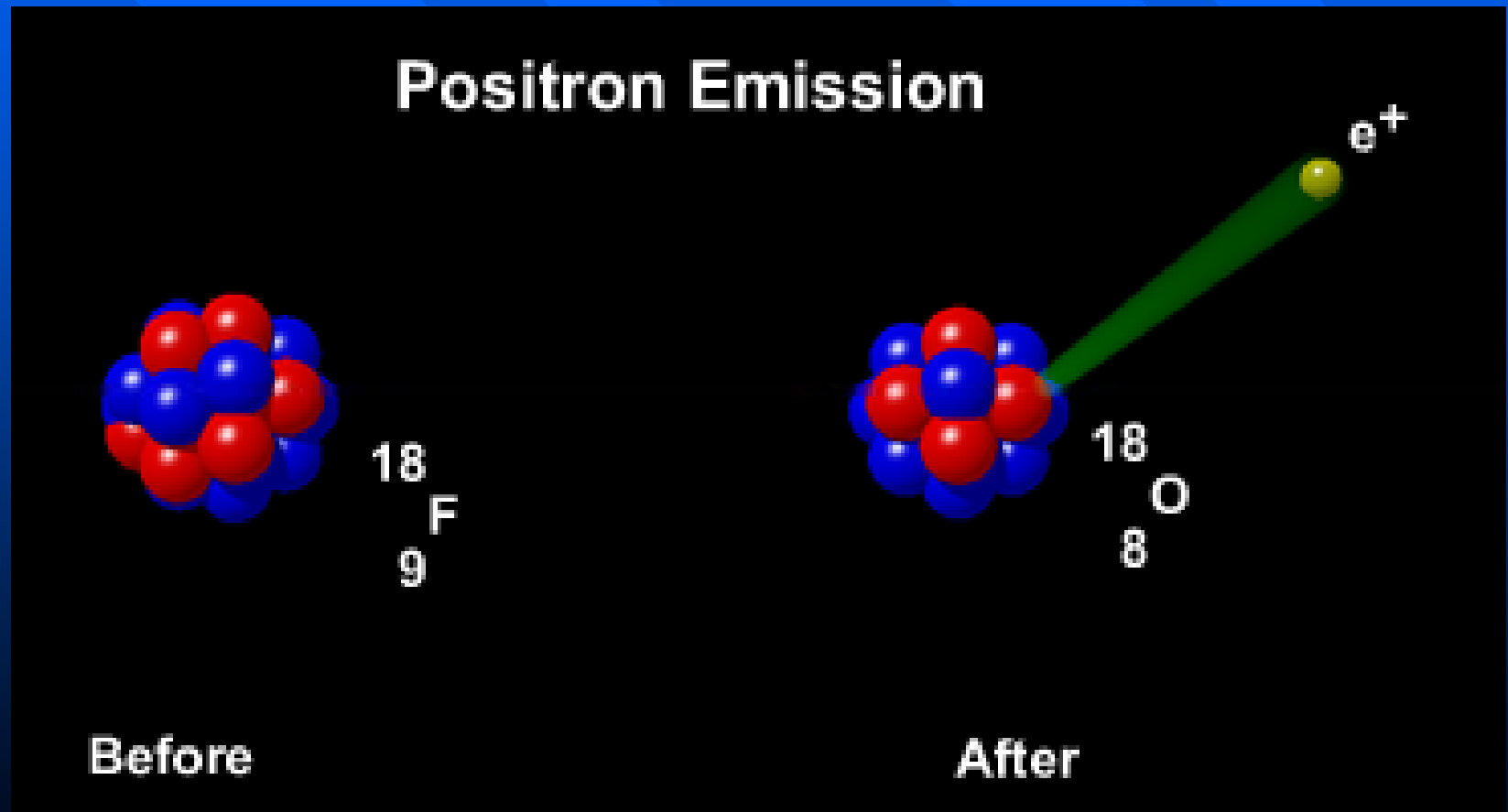
# BETA DECAY

Too many neutrons results in decay by the emission of an electron



# BETA DECAY

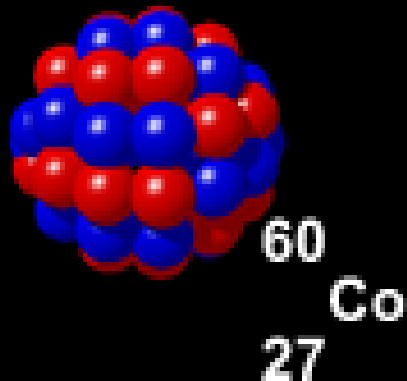
Too little neutrons results in decay by the emission of a positron



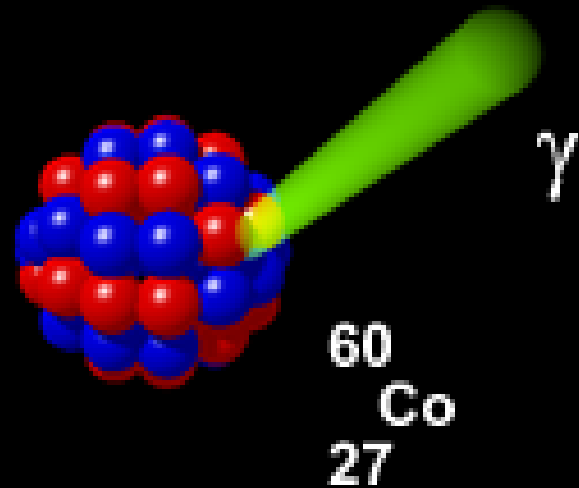
# GAMMA DECAY

The nucleus may have excess energy that will be released in the form of a gamma ray ( $\gamma$ )

## Gamma Decay



Before



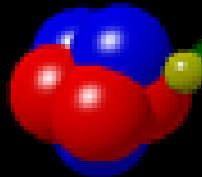
After

# ELECTRON CAPTURE

An electron is captured by the nucleus changing one of the protons into a neutron. This causes a decrease in atomic number (Z) but no change to the atomic mass (A).

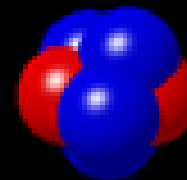
## Electron Capture

${}^7_4\text{Be}$



Before

${}^7_3\text{Li}$



After

# ALPHA EMISSION

- origin: DISINTEGRATING NUCLEUS
- form of radiation: PARTICLE
- energy range: 4-8 MeV
- range of travel: 2-8 cm in air
- other characteristics: LARGE MASS, DOUBLE CHARGE, HIGH SPECIFIC ACTIVITY

# BETA EMISSION

- origin: DISINTEGRATING NUCLEUS
- form of radiation: NEGATRON (electron)  
POSITRON (similar to an electron  
but positive charge)
- energy range: 0.02 - 4.8 MeV
- range of travel: 0 - 10 m in air
- other characteristics: DIFFERS FROM AN ELECTRON IN  
ORIGIN AND ENERGY, TRAVELS  
ALMOST THE SPEED OF LIGHT,  
MASS ( $9.1 \times 10^{-31}$  kg)



# GAMMA EMISSION

- origin: NUCLEUS
- form of radiation: ELECTROMAGNETIC RADIATION (emr - photon)
- energy range: 10 keV - 3 MeV
- range of travel: > 100 m in air
- other characteristics: Zero mass, no charge

# X- RAY EMISSION

- origin: ORBITAL ELECTRON
- form of radiation: ELECTROMAGNETIC RADIATION (emr - photon)
- energy range: 10eV - 1 MeV
- range of travel: 100 m in air
- other characteristics: Zero mass, no charge

# Neutron and Other Radiations

- Neutron radiation are produced in nuclear reactors (nuclear fission)
- Neutron can be produced by mixing alpha emitting radionuclide with beryllium



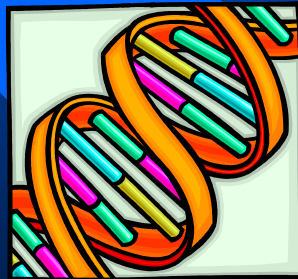
- Other atomic particles (leptons, baryons, mesons) can be produced using particle accelerators (high energy physics)

# Isotope Emissions

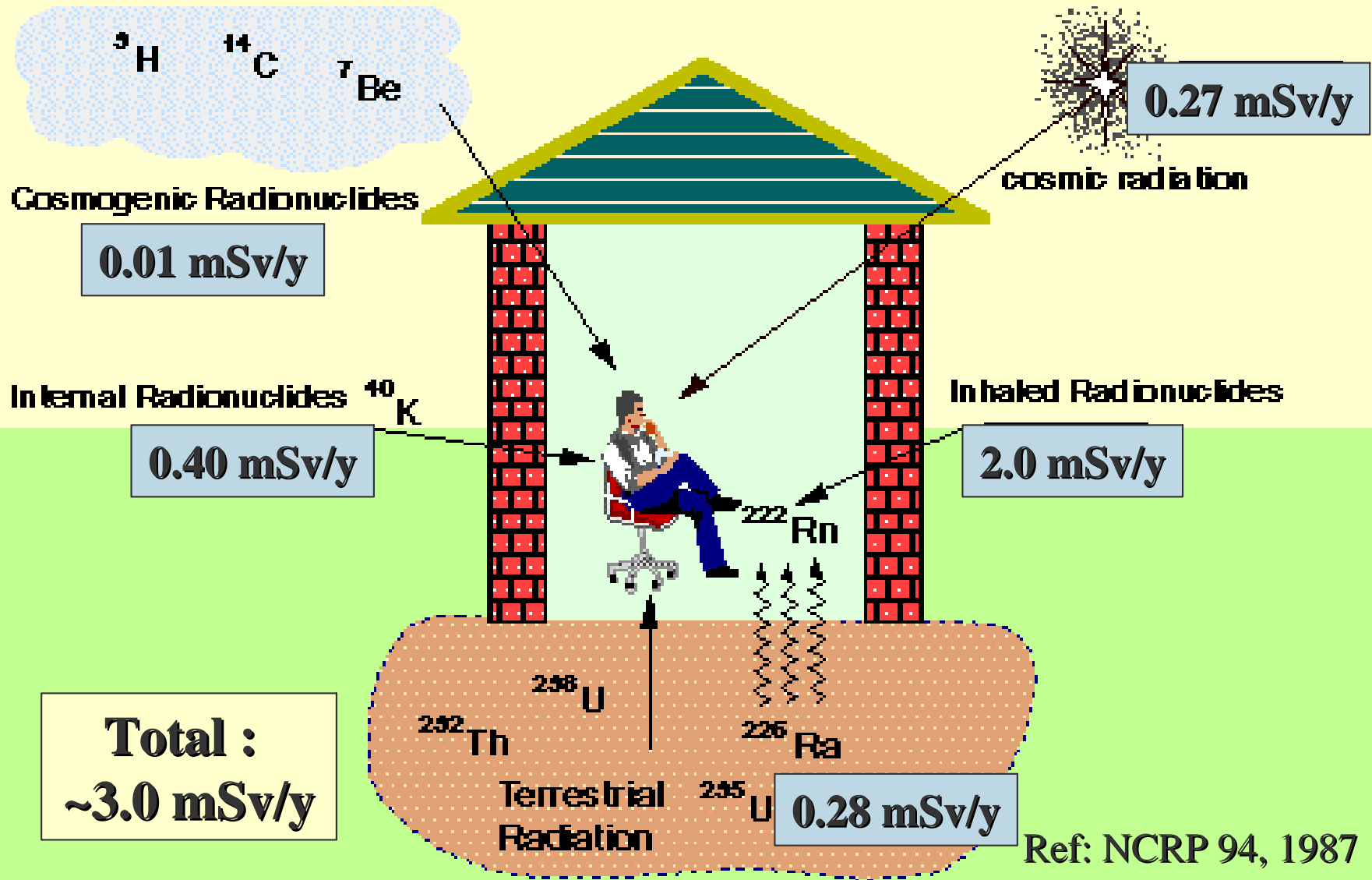
Isotopes	Half-life	Type(s) of emission
$P^{32}$	14.3 d	$\beta$ (1.709 MeV)
$P^{33}$	25.4 d	$\beta$ (249 keV)
$Cr^{51}$	27.7 d	$\gamma$ (0.323 MeV, 5 keV)
$Fe^{59}$	44.5 d	$\beta$ (1.3 MeV, 1.6 MeV)
$I^{125}$	59.6 d	$\gamma$ (35keV)+ $X$ (27 - 32keV)
$S^{35}$	87.4 d	$\beta$ (0.167 MeV)
$Ca^{45}$	163 d	$\beta$ (0.257 MeV)
$H^3$	12.4 yr	$\beta$ (18.6 keV)
$C^{14}$	5760 yr	$\beta$ (0.156 MeV)

# MODULE 3

## Radiation and Risks

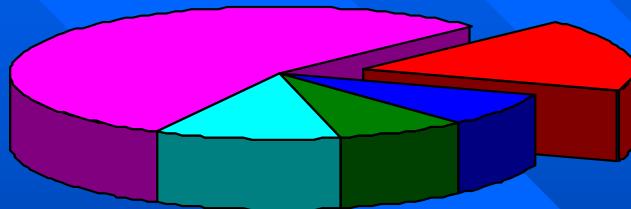


# Estimated Total Effective Dose Equivalent Rate to Public from Background Radiation (US and Canada)



# Sources of Radiation

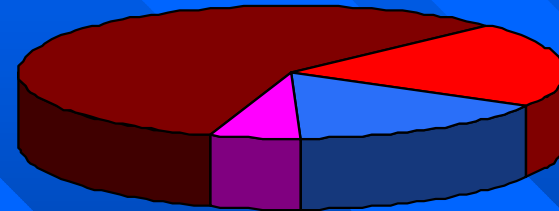
## Natural Sources



- Man-Made 18%
- Terrestrial 8%
- Cosmic 8%
- Internal Emitters 11%
- Radon 55%

The average Canadian receives an annual dose of 3.6 mSv of exposure annually

## Man Made Sources



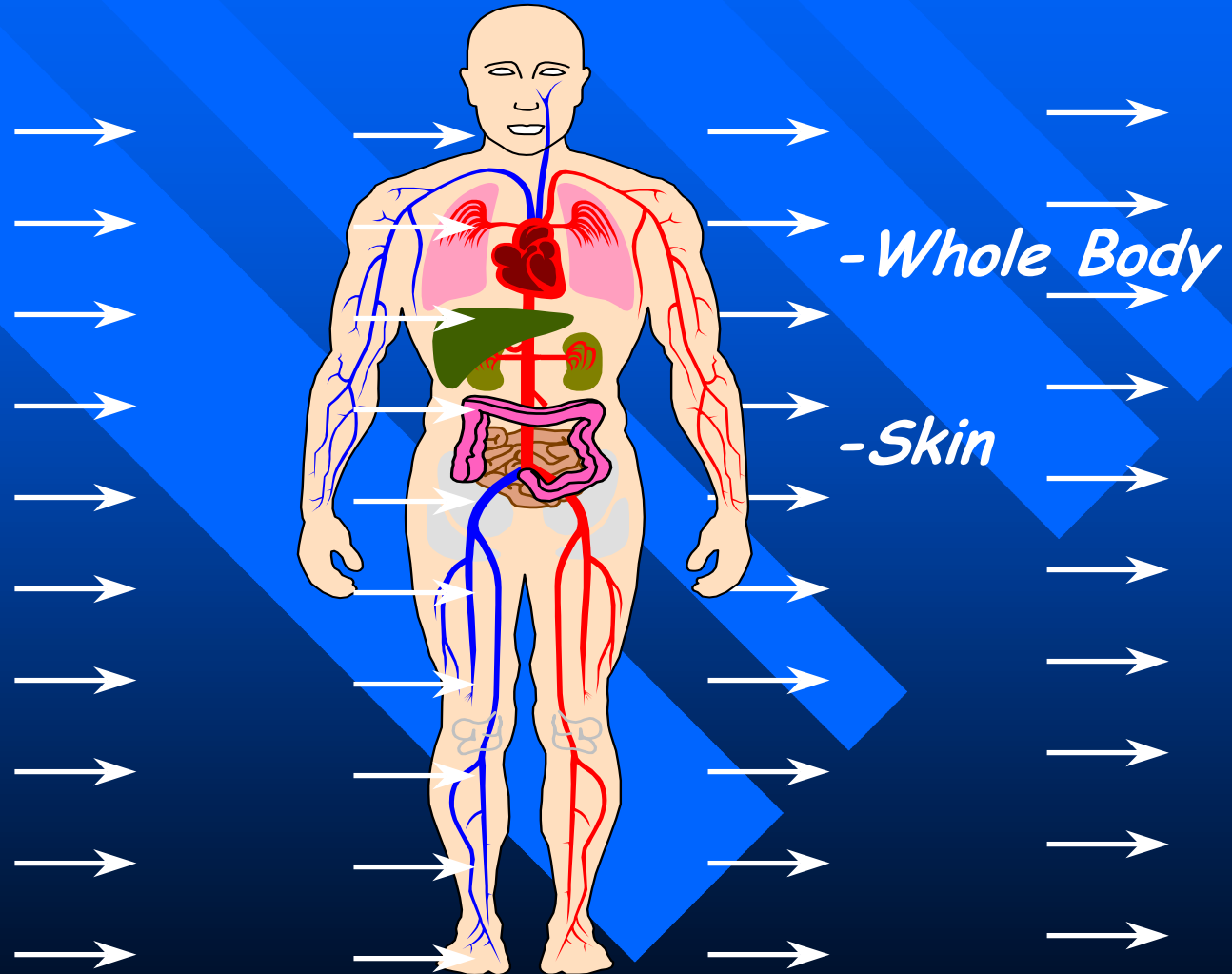
- Nuclear Medicine 4%
- Consumer Products 3%
- Other <1%
- Medical X-rays 11%

Other:

Occupational	0.3%
Fallout	0.3%
Nuclear Power	0.1%
Miscellaneous	0.1%

# Routes of Exposure

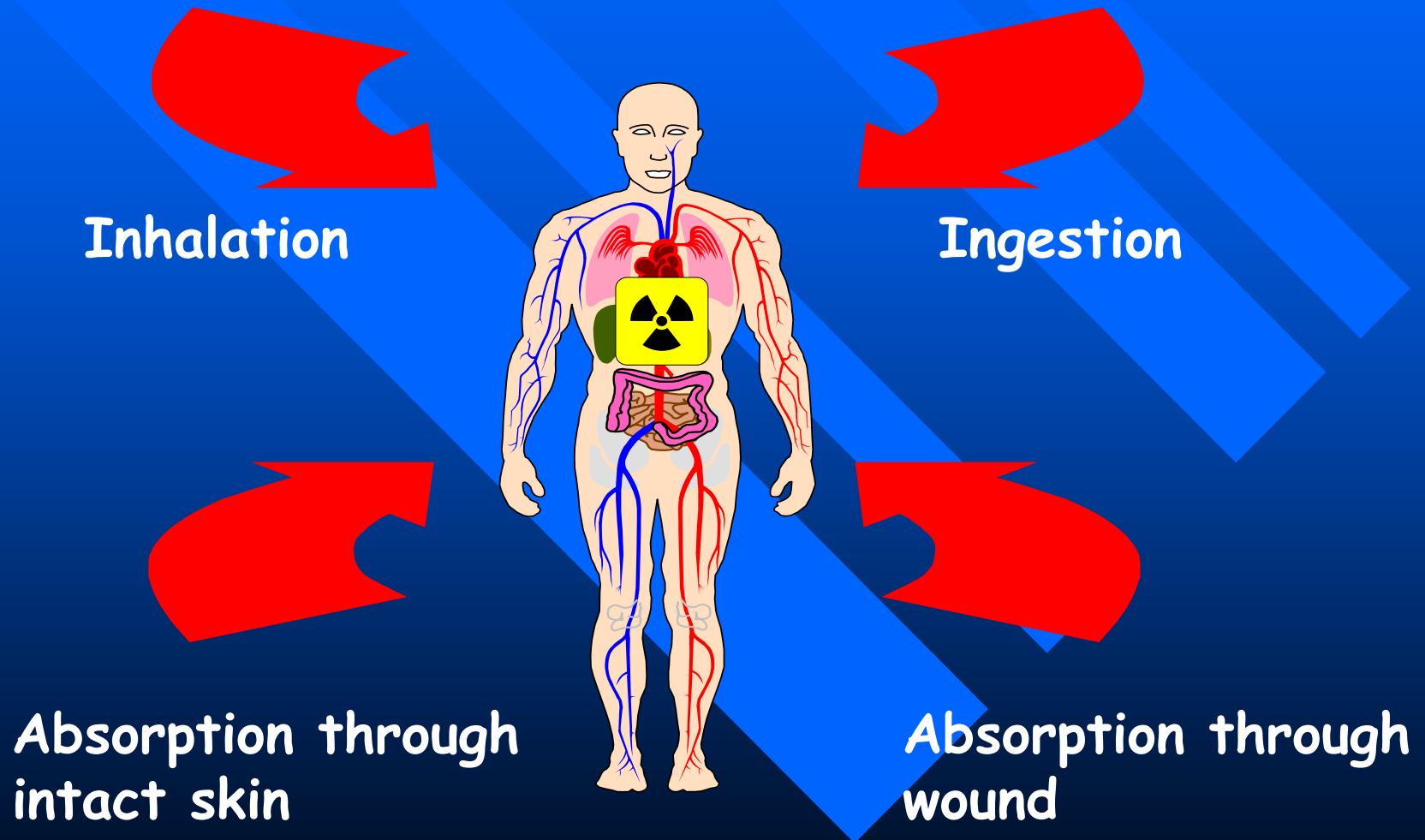
## External Radiation Field





# Routes of Exposure

## Internal Contamination



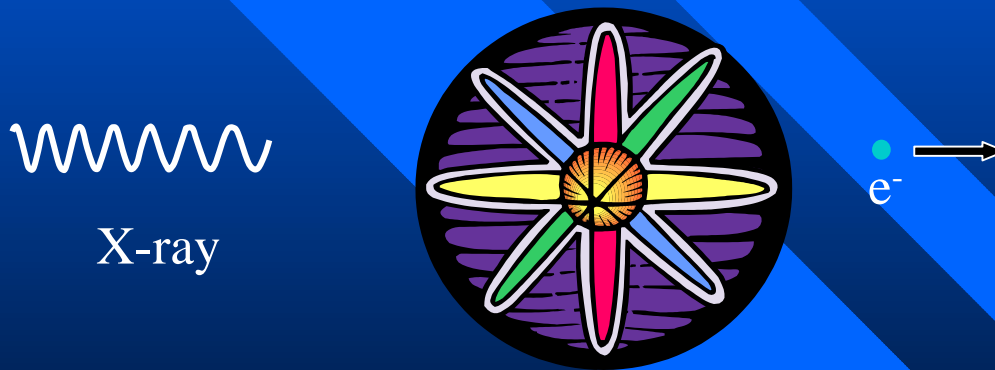
# X-rays and Matter

3 main interactions for X-rays

- Photoeffect
- Compton Scattering
- Pair Production

# Photoeffect

- All the energy of an X-ray is given to an orbital electron



- **Result:** High energy electron

# Compton Scatter

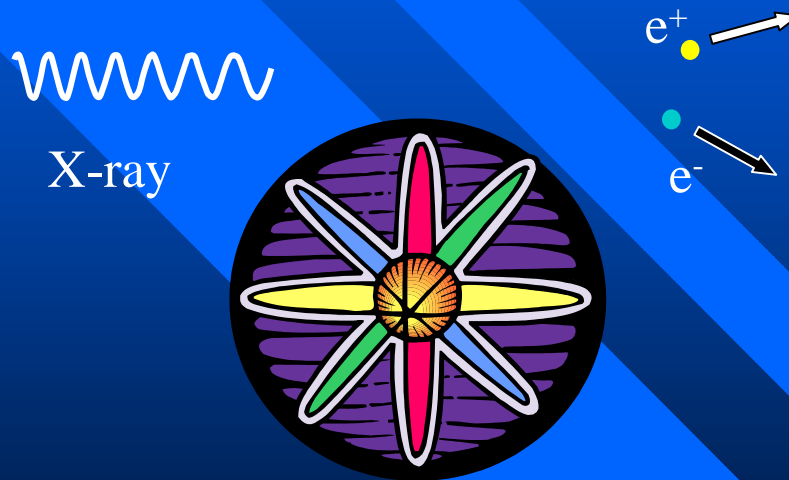
- X-ray gives part of its energy to orbital electron



- **Result:** High energy electron

# Pair Production

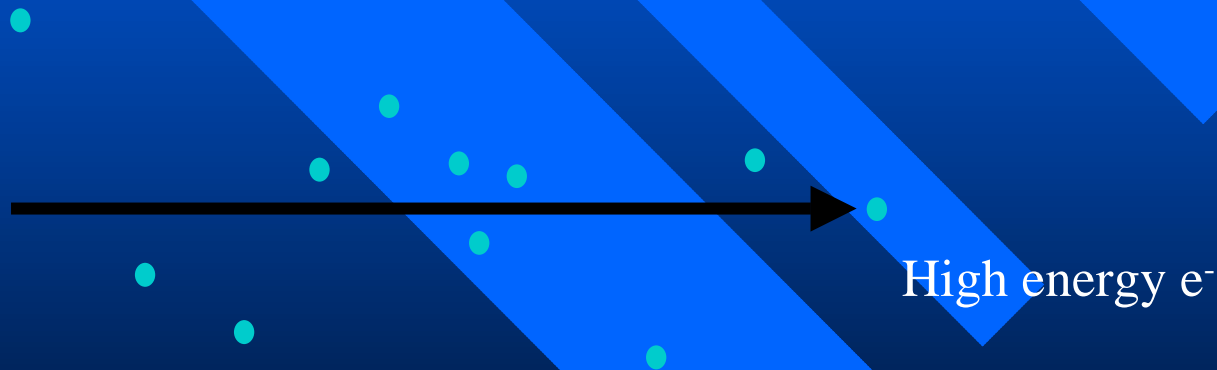
- X-ray has enough energy to convert into electron-positron pair



- **Result:** High energy electron & positron

# Charged Particles in Matter

- High energy electrons transfer their energy to orbital electrons as they move through media



- Creation of many ions

# Net Results of Interactions

- Large number of ionized atoms from electron interactions

X-ray



High energy electrons



Low energy electrons + ions

# The Absorbed Dose $D_{T,R}$

- The **Absorbed dose** ( $D_{T,R}$  in Gy) is the quotient obtained by dividing the **energy absorbed** through exposure to radiation by the **mass** of the body that absorbs that radiation
- Units : gray (Gy) = 1 Joule / Kg



# The Equivalent Dose $H_T$

- The sum of the products, in Sievert (Sv), obtained by multiplying the **absorbed dose** ( $D_{T,R}$  in Gy) by the **radiation weighting factors** ( $w_R$ ) for a type of radiation

$$H_T = \sum w_R D_{T,R}$$

Type of radiation	$w_R$
Photons	1
Electrons	1
Neutrons	5-20
Protons	5
Alpha	20

# The Effective Dose E

- The sum of the products, in Sievert (Sv), obtained by multiplying the **equivalent dose** (in Sv) received by an organ by the **tissue weighting factors**  $W_T$  for that organ

$$E = \sum W_T H_T$$

- The **tissue weighting factors**  $W_T$  is related to the risk of carcinogenesis in the tissue T

# The Committed Dose $H_{50}$

- For radioactive material taken into the body, the committed dose is the equivalent dose rate  $\dot{H}(t)$  to an organ integrated over a period of 50 years following intake

$$H_{50} = \int \dot{H}(t) dt$$

# Effective Dose Limits

Person	Period	Effective Dose (mSv)
Nuclear energy worker, including a pregnant nuclear energy worker	(a) One-year dosimetry period	50
	(b) Five-year dosimetry period	100
Pregnant nuclear energy worker	Balance of the pregnancy	4
A person who is not a nuclear energy worker	One calendar year	1

# Equivalent Dose Limits

Organ or Tissue	Person	Period	Equivalent Dose (mSv)
Lens of an eye	(a) Nuclear energy worker	One-year dosimetry period	150
	(b) Any other person	One calendar year	15
Skin	(a) Nuclear energy worker	One-year dosimetry period	500
	(b) Any other person	One calendar year	50
Hands and feet	(a) Nuclear energy worker	One-year dosimetry period	500
	(b) Any other person	One calendar year	50

# Biological Effects of Radiation

- Injury to living tissue results from the transfer of energy to atoms and molecules (ionization)



- Produce free radicals.
- Break chemical bonds.
- Damage molecules that regulate vital cell processes (e.g. DNA, RNA, proteins).

- The cell can repair certain levels of cell damage.
  - At low doses cellular damage is rapidly repaired.
  - At higher levels, cell death results and tissues may fail to function.

# Biological Effects of Radiation

## ■ Deterministic Effects

- Loss of function of tissues in organs due to cell loss (ex. Radiation induced cataracts)
- Result from high dose exposure for which there is a threshold

## ■ Stochastic Effects

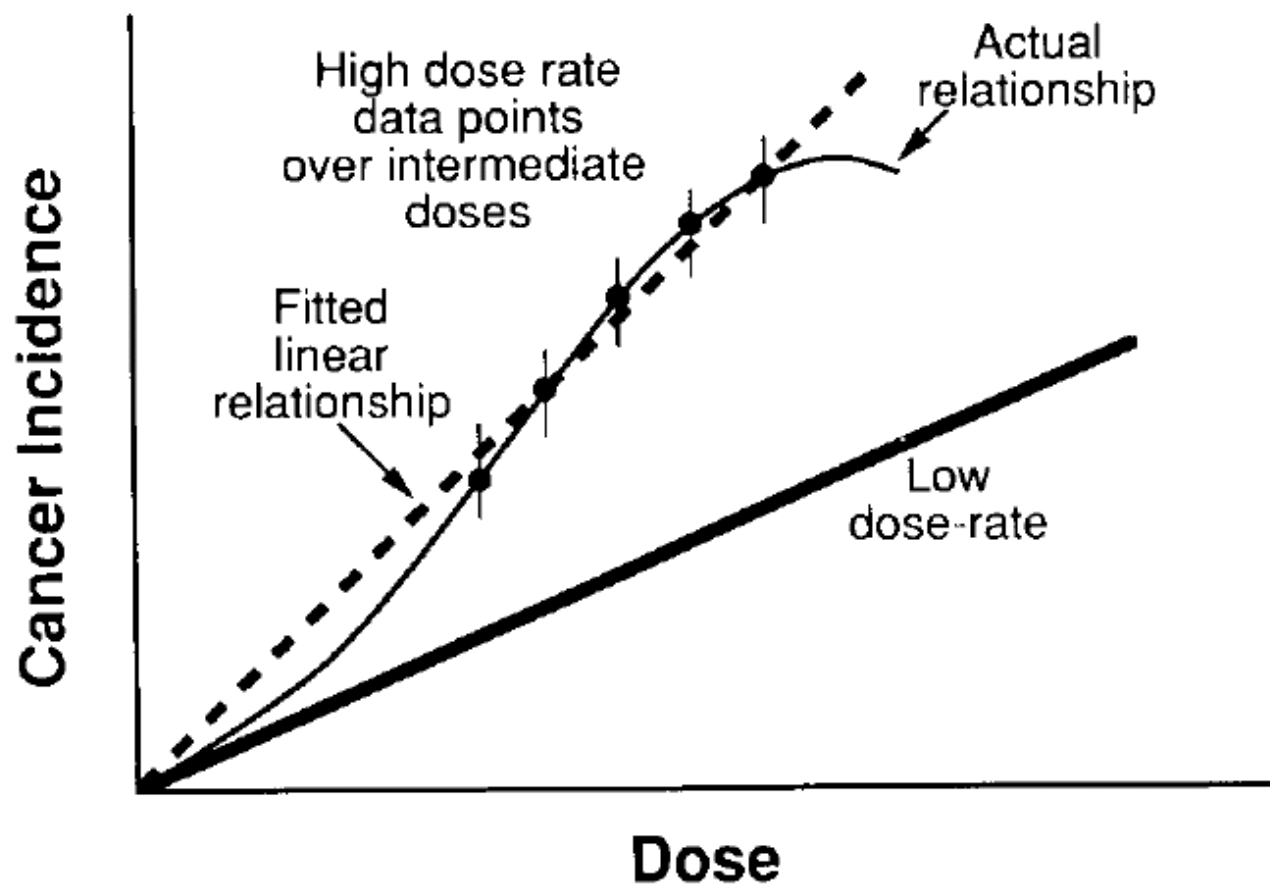
- Cell changes (mutation) may occur due to radiation
- Severity of condition is not increased with dose, but occurrence increases
- We assume there is no threshold dose (eg. Cancer, genetic mutation)

# Human Data for Radiation Effects

- Japanese survivors of A-bomb
- Early radiotherapy studies
  - » Britain 1935-44 ankylosing spondylitis treatments with radiation to spine
  - » Radiology prior to 1922
  - » 1950's treatment of ringworm in the scalp of children
- High doses in early diagnostic work
  - » Tuberculosis studies using fluoroscopy, Canada & US



# Linear quadratic Model



ICRP and NCRP preferred model

# Linear quadratic Model

Table 19-3.  
ICRP Summary of Risks of Cancer Lethality  
by Radiation

	HIGH DOSE HIGH DOSE RATE	LOW DOSE LOW DOSE RATE
Working population	$8 \times 10^{-2}$ per Sv	$4 \times 10^{-2}$ per Sv
Whole population	$10 \times 10^{-2}$ per Sv	$5 \times 10^{-2}$ per Sv

*(International Commission on Radiological Protection:  
Recommendations. Annals of the ICRP Publication 60. Oxford,  
Pergamon Press, 1990)*

# Putting Risk into Perspective

Health Risk	Estimated Life Expectancy Lost
Smoking 20 cigarettes a day	6 years
Overweight by 15%	2 years
Alcohol (US Average)	1 year
All accidents	207 days
All natural hazards	7 days
Occupational dose of 3 mSv/year	15 days

Ref. : B. L. Cohen and L. S. Lee, "Catalogue of Risks Extended and Updates," Health Physics, Vol. 61, September 1991.

# Acute Exposure

## Effects of Acute Exposure to Specific Organs

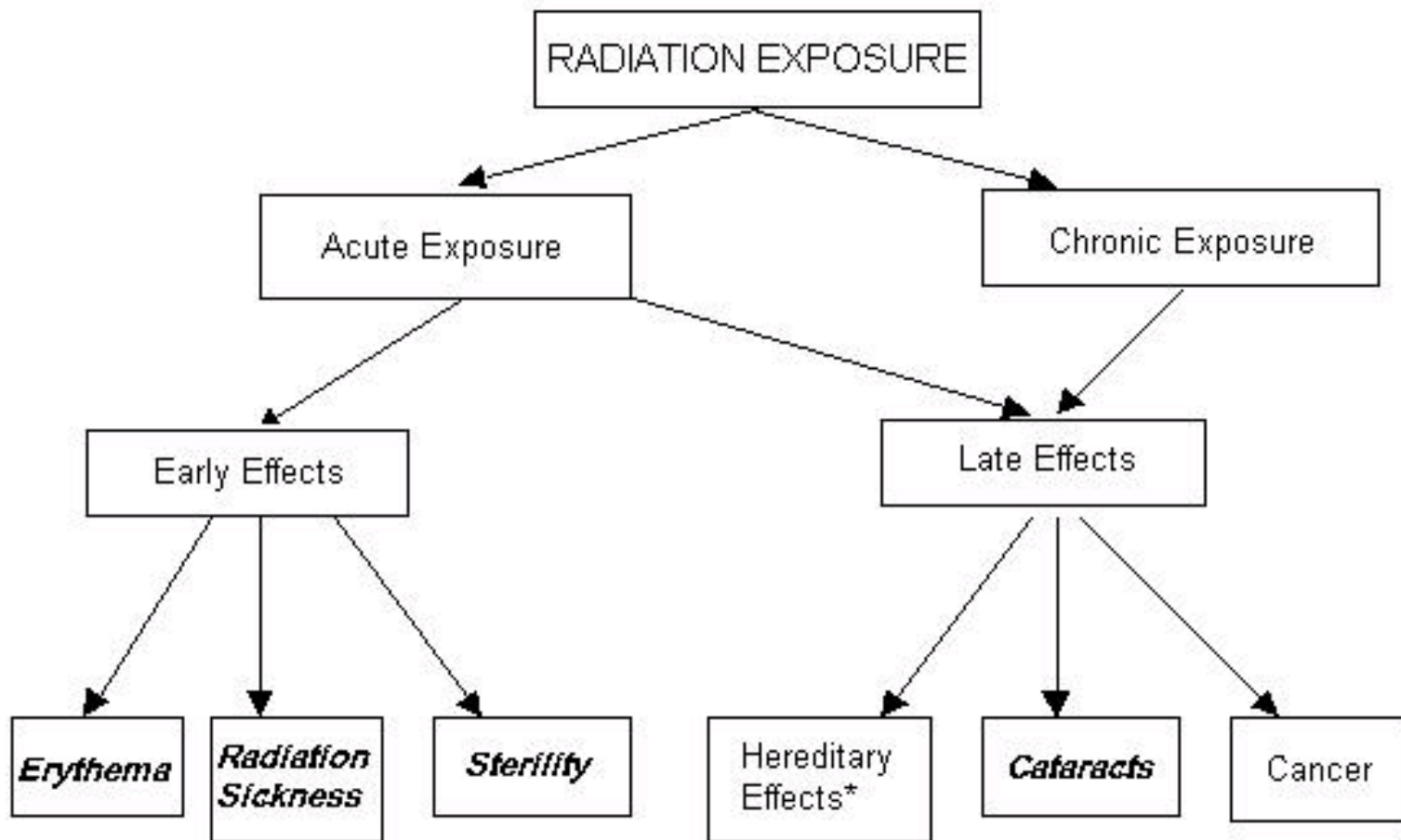
Dose (mSv)	Organ	Effect
3 500	Testes	Permanent sterility
3 500	Eye	Later cataract formation
3 000	Ovaries	Sterility
2 500+	Skin	Skin reddening (erythema) and possible permanent hair loss
500	Bone marrow	Reduced blood cell formation
150+	Testes	Temporary sterility
60	Foetus	Probable minimum dose causing effect (possible malformation)

# Acute Exposure

## Effects of Acute Whole Body Exposure to Radiation

Dose (mSv)	Effect
50 000+	Severe damage to central nervous system – rapidly lethal.
8 000 - 50 000	Destruction of lining of intestine and white blood cells – death within two weeks.
4 000	Fatal for half those irradiated within 30 days without medical treatment.
2 000 - 8 000	Damage to white blood cells and gut lining. Death may result from secondary infection but can be avoided in many cases with special medical treatment.
1 000 - 2 000	Possible radiation sickness – nausea, vomiting, diarrhoea – not lethal.

# Summary of Radiation Effects



\* Never observed in humans

# ALARA Principle

- Doses are required to be kept As Low As Reasonably Achievable
- Further ALARA analysis not required if
  - Individual occupational doses unlikely to exceed 1 mSv/year
  - Dose to public unlikely to exceed 50  $\mu$ Sv/year
  - Annual collective dose unlikely to exceed 1 person-Sv
- Expenditure in excess of \$100,000 to reduce collective dose by 1 person-Sv not justified

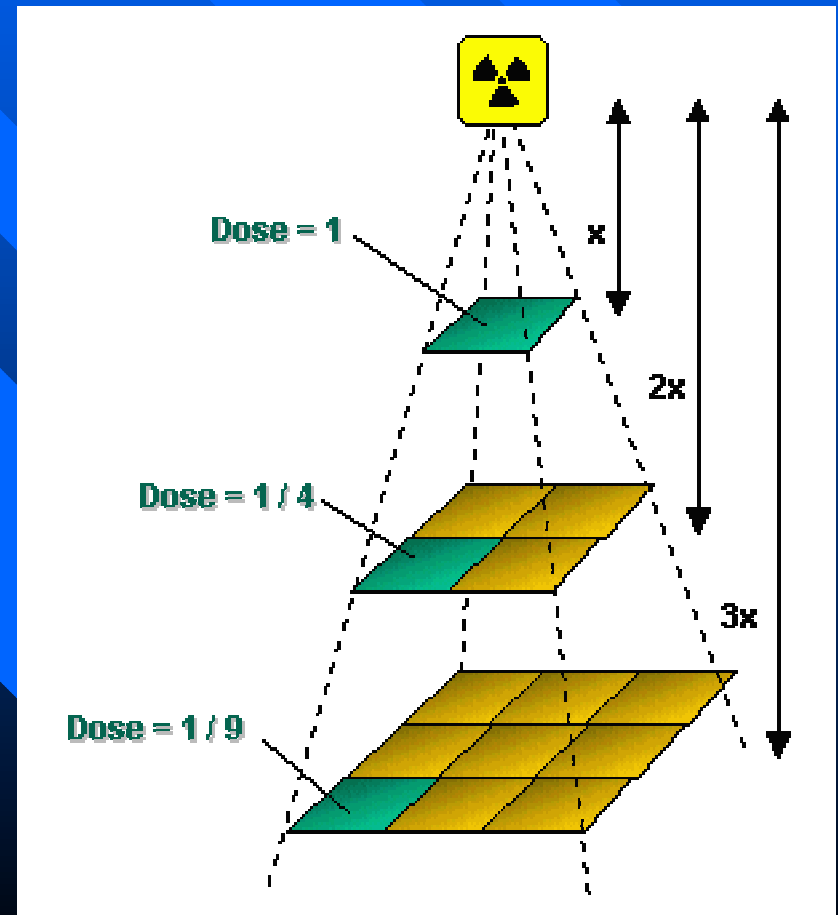
# What to do to protect yourself....

## Basic Radiation Safety Principles for External Radiation

Time ↓

Distance ↑

Shielding ↑





# MODULE 4

## Detection Instruments and Survey techniques

# Types of Radiation Detectors

## ■ Gas-filled detectors

- Ionization chamber
- Proportional counter
- Geiger-Mueller detector

## ■ Semiconductor detectors

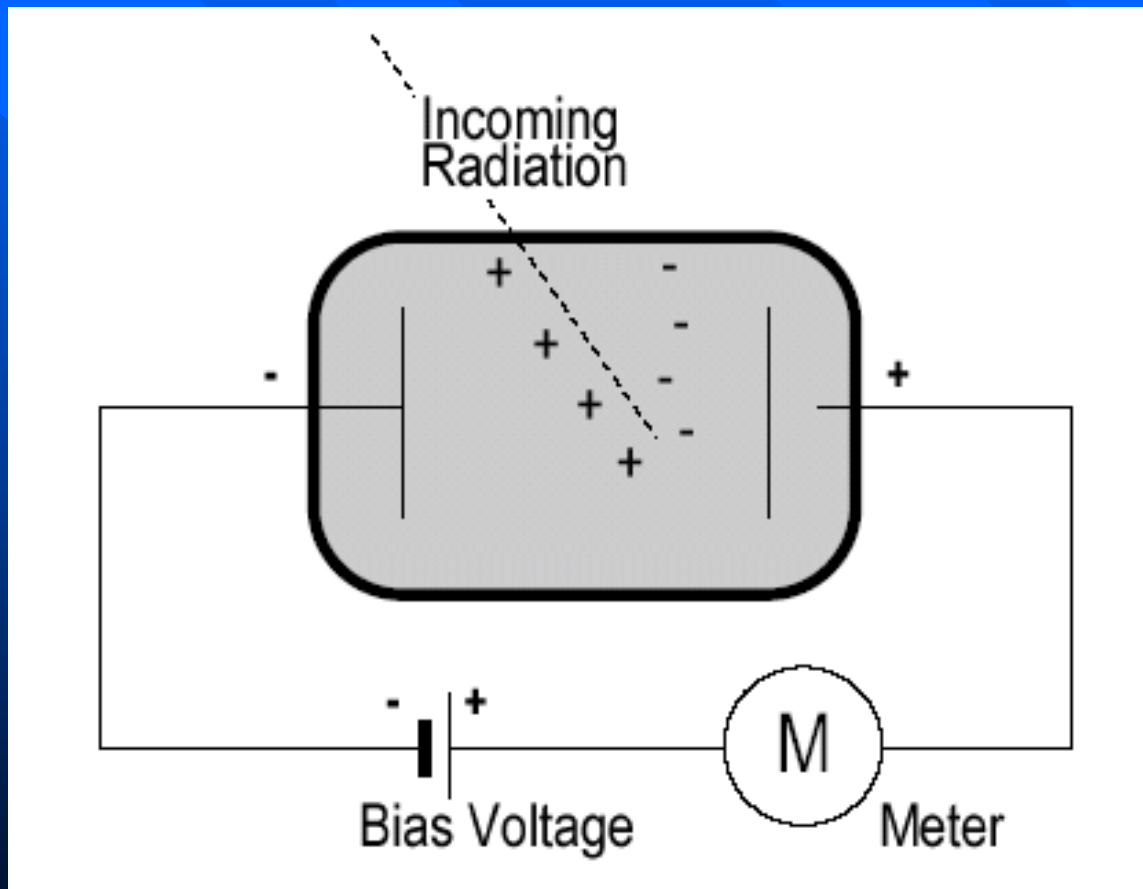
## ■ Scintillation detectors

- Na(Tl)
- Liquid scintillation detectors

## ■ Personal Dose Monitors

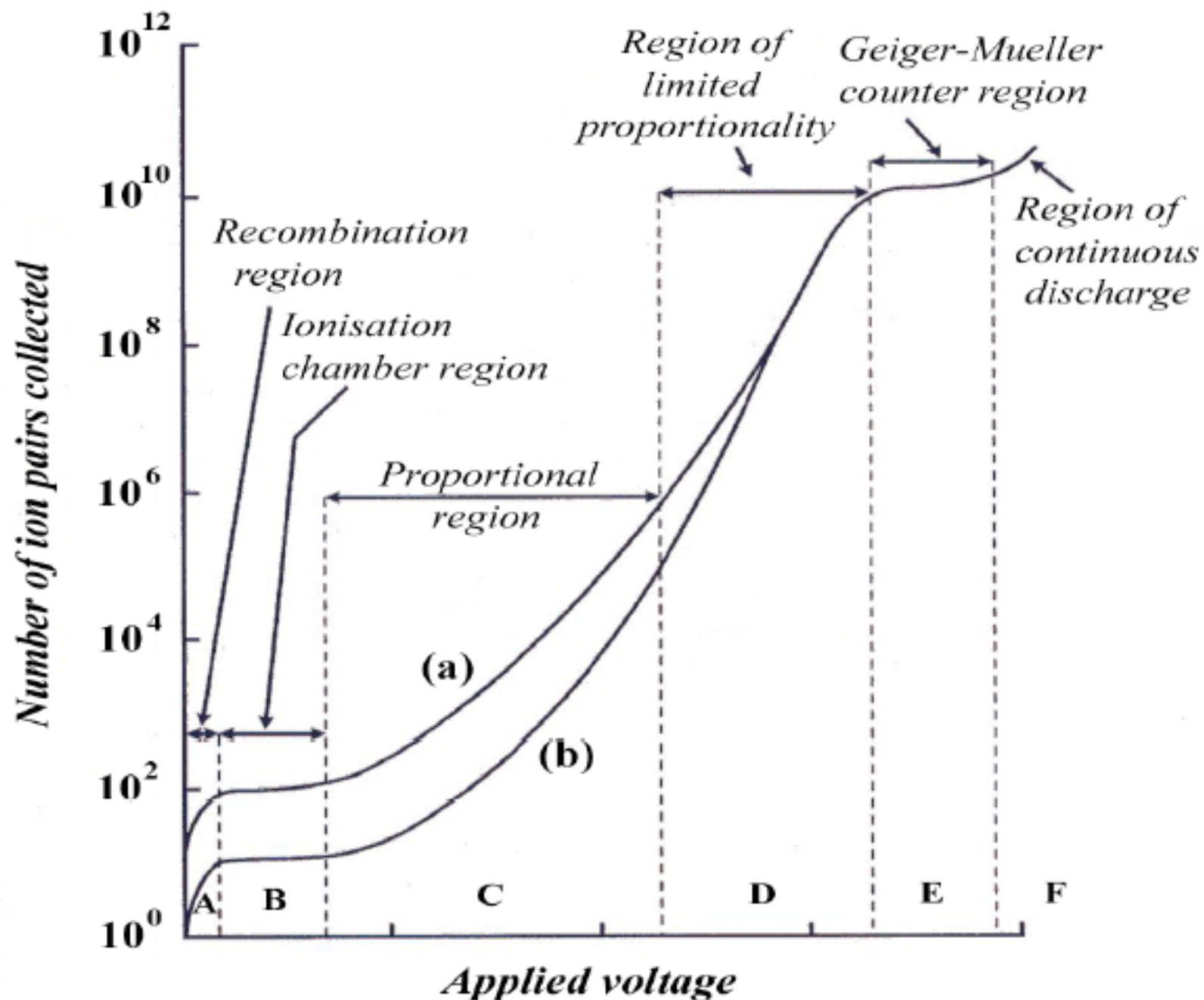
- TLD, Film badges, EPD

# Gas-Filled Detectors



# Gas-Filled Detectors





# Gas-filled Detectors

- Ionization Chamber (B)
  - # primary ions collected  $\sim E$  deposited
  - Use build-up cap at high energy
- Proportional counter (C)
  - # ions collected  $\sim E$  deposited
  - Charge amplification of  $10^3 - 10^4$
  - Suitable for low intensity rad. field

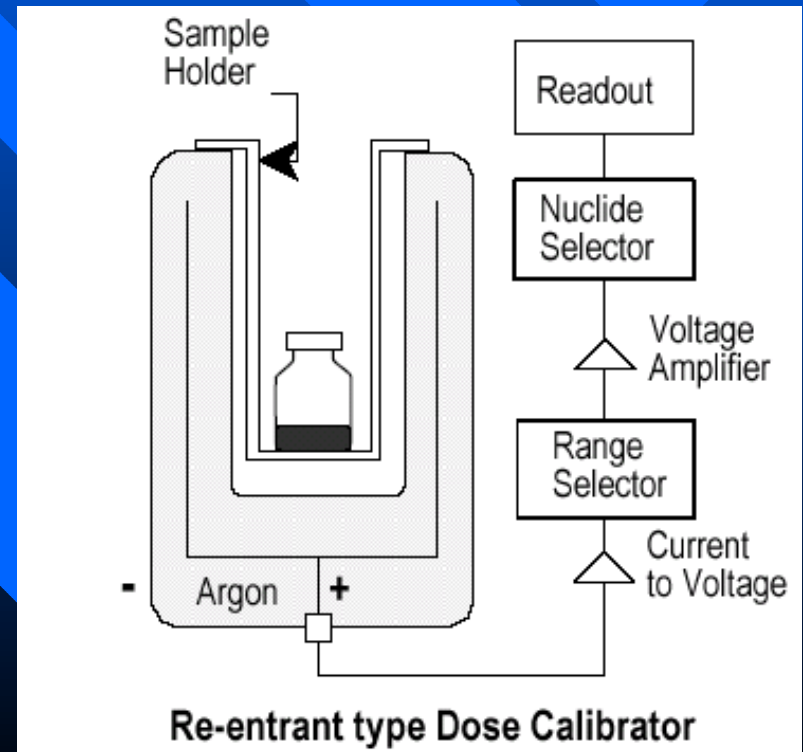
# Gas-filled Detectors

- Geiger Mueller detector (E)
  - Signal independent of E deposited
  - Large amplification of  $10^9 - 10^{10}$
  - Used at VERY LOW radiation levels
  - Indicator of radiation



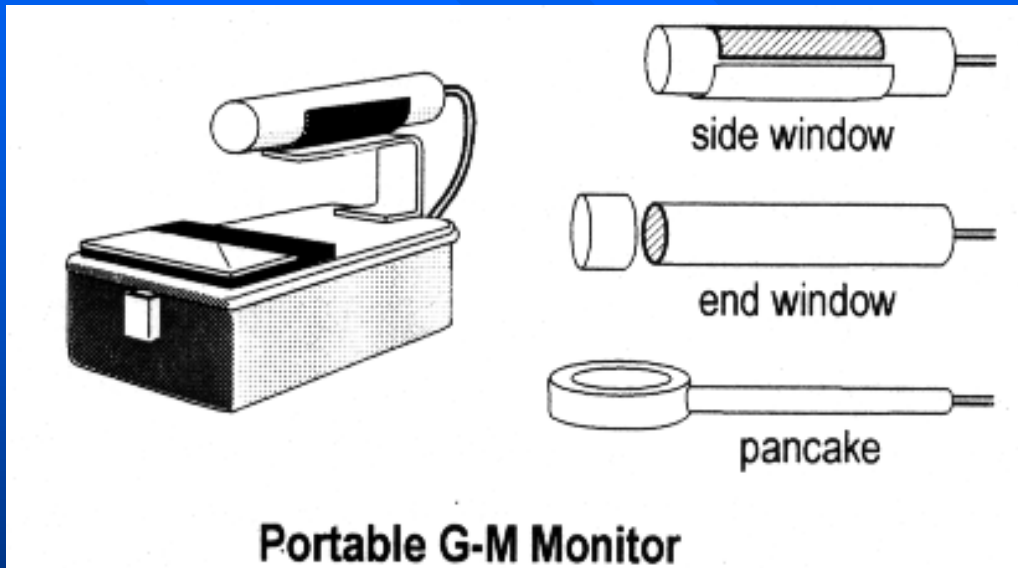
# Dose Calibrator

- Ionization Chamber (well chamber)
- Calibration factors for each specific nuclides
- Measures "Activity" in MBq (or mCi) and not "Dose"





# The Geiger Mueller Detector

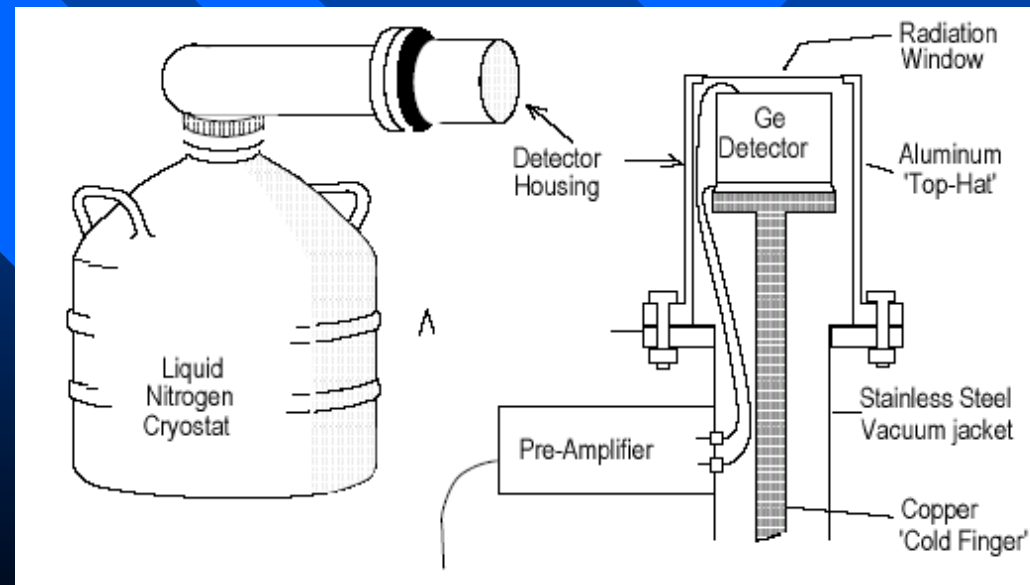
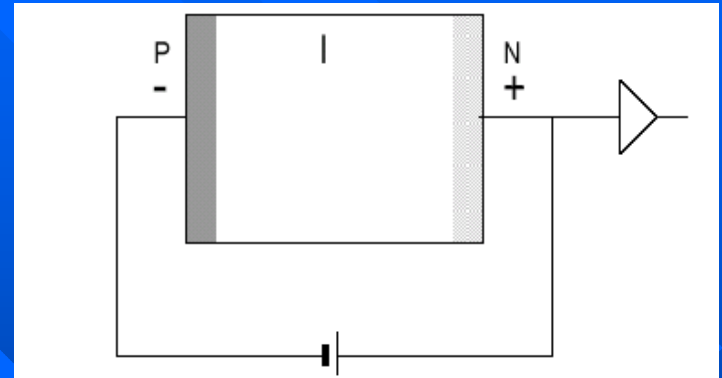


Pancake probe probe  
(Thin mylar window)

- Tritium cannot be detected
- Efficiency to C-14 and S-35 is low (<5%)
- Efficiency to P-32 is high (~40%)
- Efficiency to gamma contamination is low (1-2%)

# Semiconductor Detectors

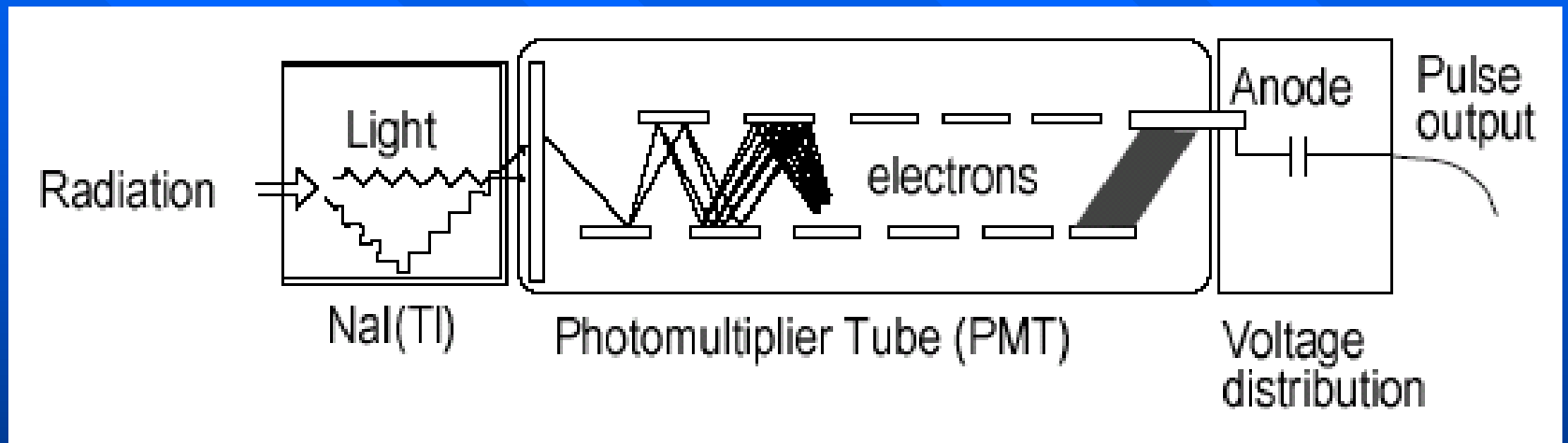
- May be viewed as “solid state” ion chambers (P-I-N junction)
- Sensitivity about  $\sim 10^4$  higher than gas-filled detectors
- Helps in miniaturizing radiation monitoring instruments
- Ge(Li) used for gamma ray spectroscopy



# Scintillation Detectors

- Based on scintillation (light emission)
- Phosphor materials
  - chemical substance that exhibits fluorescence when excited by radiation (UV, X-ray, electron)
  - amount of visible light is proportional to the amount of excitation energy.
  - Includes NaI(Tl), CsI(Tl)
- NaI(Tl) coupled to a photomultiplier tube (PMT) often used for survey meters

# Scintillation Detectors

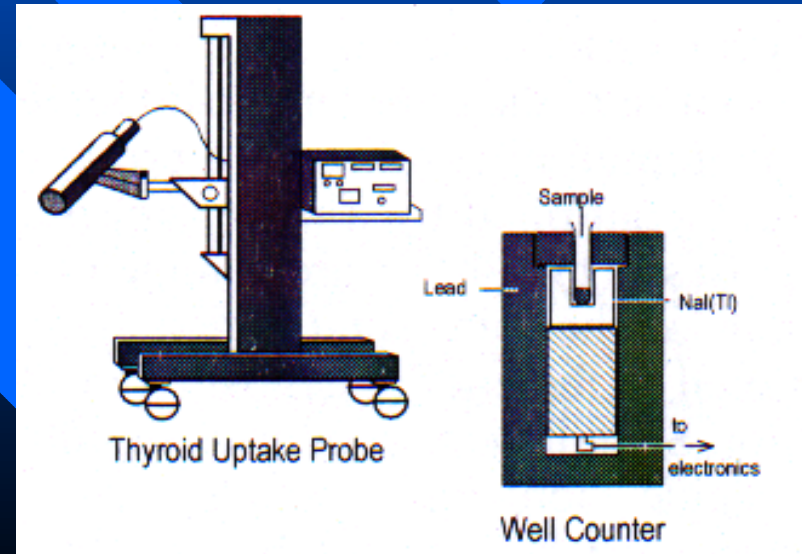


- Solid crystal inside the probe
- Electron excitation within the solid
- Light emission and multiplication
- Creates a current

# Scintillation Detectors

## Operation of NaI Detector

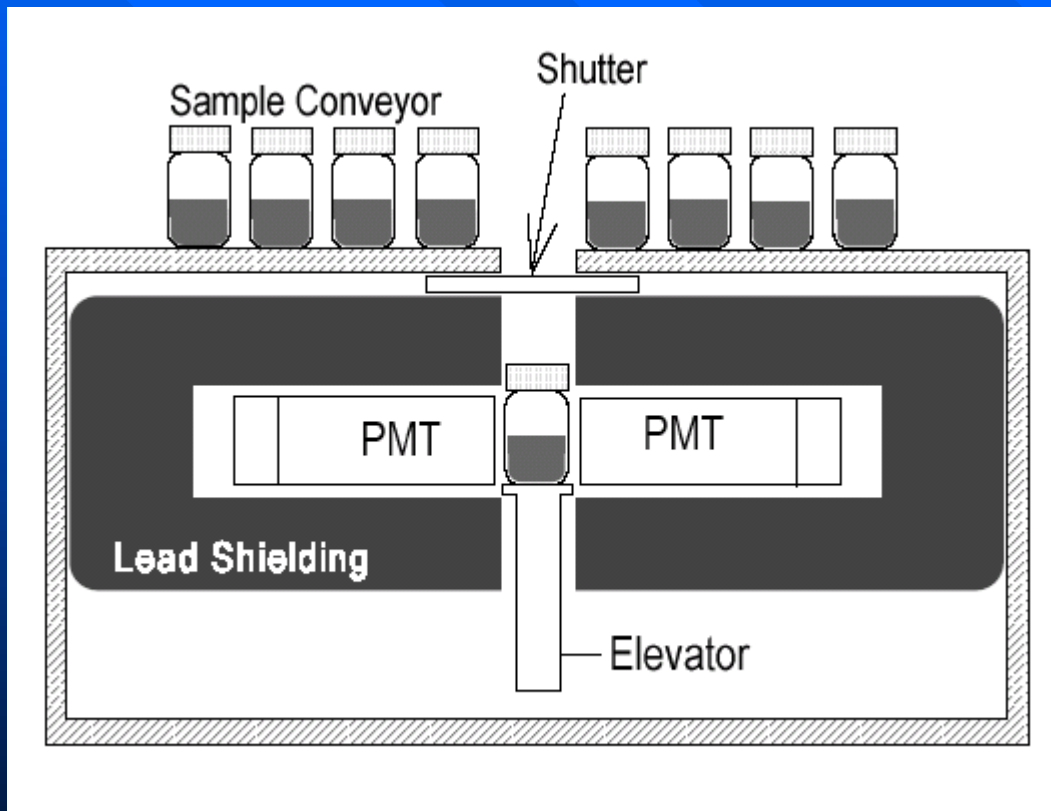
- Beta radiations cannot be detected.
- Efficiency is high (20%) for gamma contamination
- Need to use in low dose rate (<500 cpm).
- Will readily see Bremsstrahlung radiation from P-32



# Liquid Scintillation Detector

- Detects low energy beta particles (H-3, C-14)
- Use scintillation "cocktail" (organic solvent, fluorescent solute, dissolution agents) mixed with radioactive sample
- "Cocktail" absorbs radionuclide energy and emits light
- Light is collected by PMT
- All isotopes can be detected with high efficiencies (minimum 60%)

# Liquid Scintillation Detector



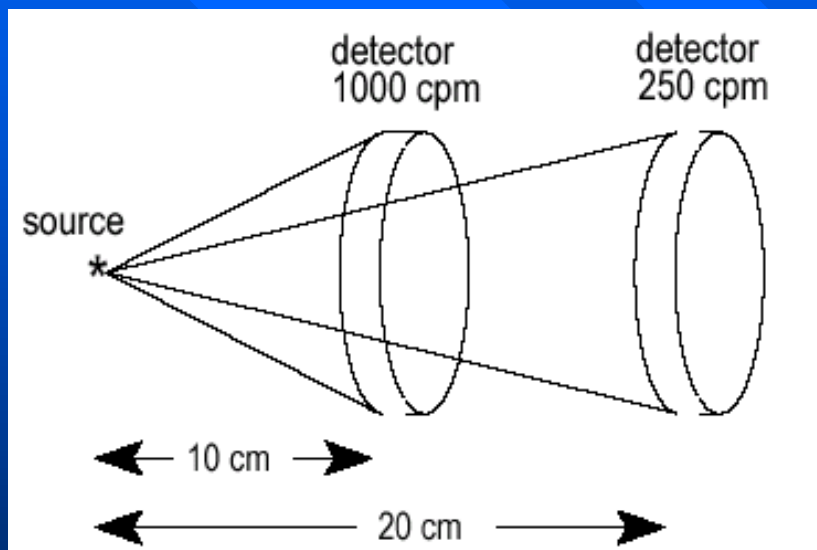
Automatic LS sample counter

# Detected vs Emitted Radiation

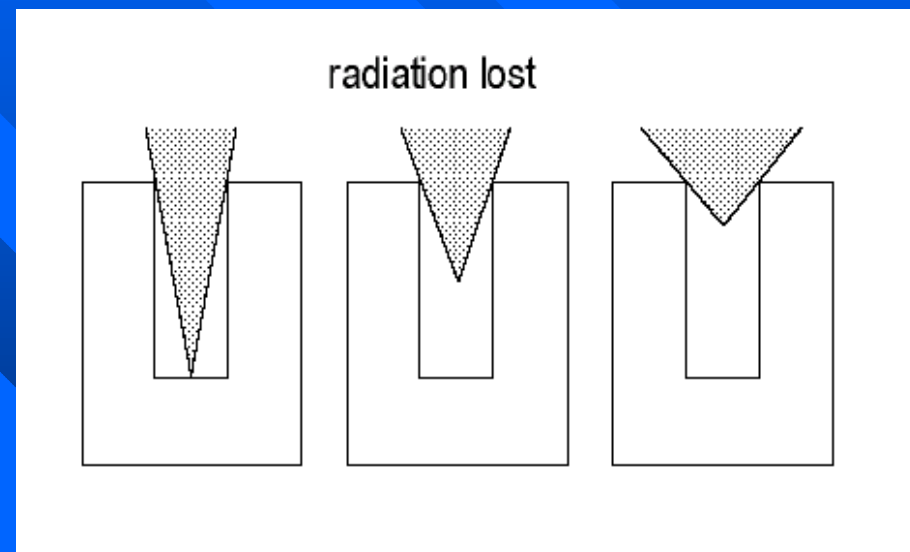
- Factors affecting measurement :
  - Counting Geometry
    - »  $1/r^2$  law
  - Detector efficiency
    - » Physical characteristics of detector
  - Deadtime
    - » Electronic limitation
  - Background radiation
    - » Natural bkg interfere with measurement
  - Counting statistics
    - » Radioactive decay is a random process



# Detected vs Emitted Radiation



$1/r^2$  law : Doubling  
the distance  
decreases radiation  
detected by 4



Radiation losses vs  
source position in a  
well counter

# Personal Dose Monitors

- Measures radiation doses received by individuals working with radiation
- Verify effectiveness of radiation control practices in the workplace
- Provide information in case of accidental exposure
- Most widely used are
  - TLD badges
  - Film badges
  - Direct reading monitors (EPD)

# Thermo-luminescent dosimeters (TLD)

## ■ TLD chips

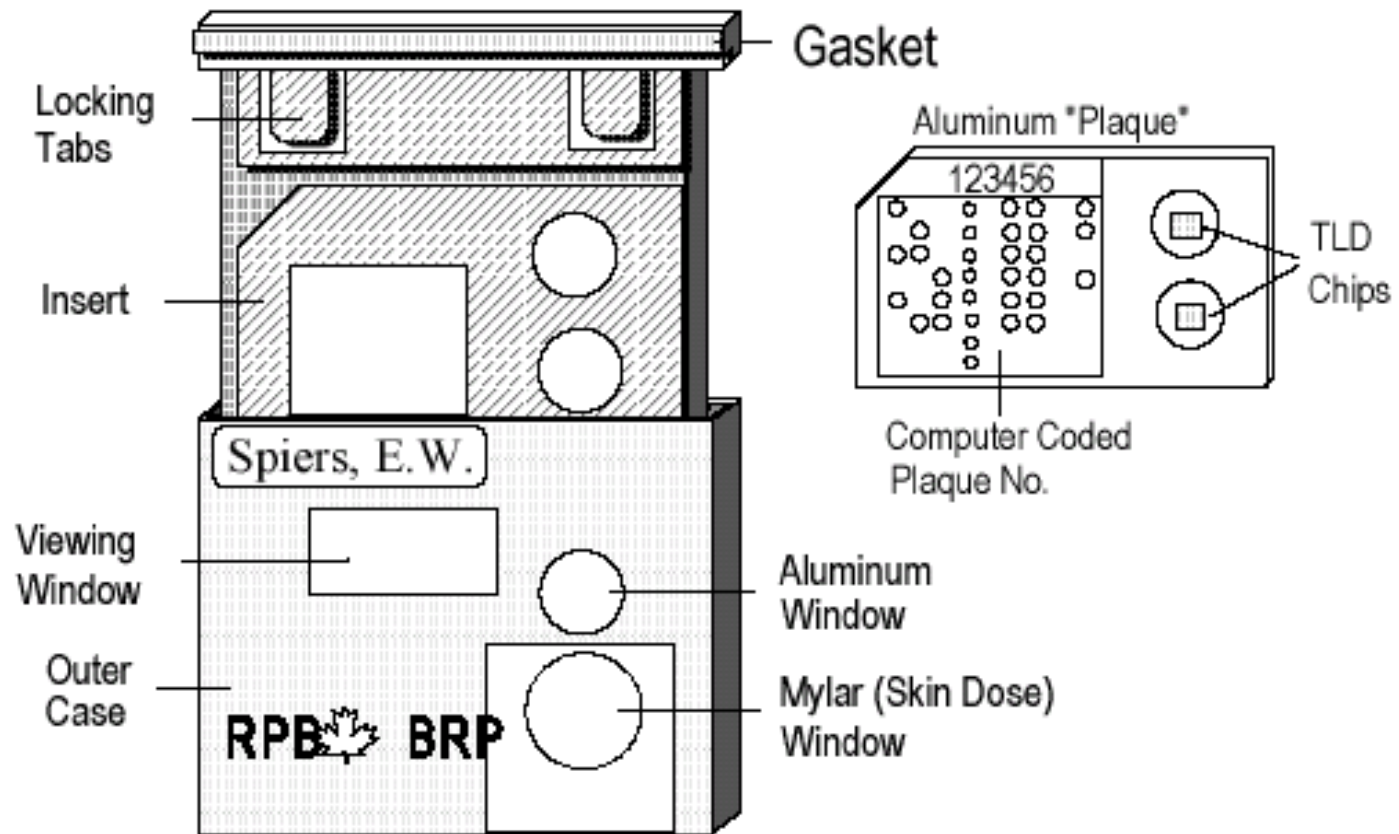
- Radiation  $\Rightarrow$  electrons are excited and trapped to certain energy levels in the material
- Light is released by heating
- Light is proportional to the amount of radiation absorbed by the TLD

# Thermo-luminescent dosimeters (TLD)

## ■ TLD Badges

- Set of **TLD chips** in plastic holders with filters
- 2 radiation windows
  - » Thin Mylar window ( $7 \text{ mg/cm}^2$ )  $\Rightarrow$  skin dose
  - » Aluminum window (2 mm)  $\Rightarrow$  total body dose
- Send every 3 months to National Dosimetry Service for analysis and report

# Thermo-luminescent dosimeters (TLD)



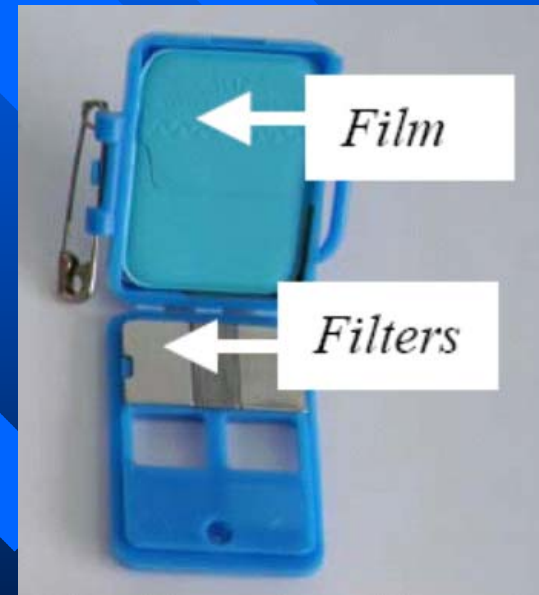
# Thermo-luminescent dosimeters (TLD)

- Always wear *your own* all times while working
- Wear TLD's on chest area, *UNDER* protective clothing
- Wear extremity ring on most used hand, chip facing source
- Store away from radioactive sources
- DO NOT tamper with TLD chip or remove from holder
- Avoid subjecting to sunlight, high temperatures or wetness



# Film Badges

- Alternative to TLD badge systems
- Photographic film covered by a set of filters
- Filters allow an assessment of the type of radiation involved
- Badges are returned to the monitoring service for development of the films
- Reading of the radiation dose from the optical density (opacity) of the film



# Radiation Detection

```
graph TD; RD[Radiation Detection] --> E[Exposure]; RD --> CM[Contamination Monitoring]; CM --> D[Direct]; CM --> I[Indirect];
```

## Exposure

measure of: DOSE RATE

instrument: dose rate meter

measures in dose per unit time  
(e.g. Sv/hr, rem /hr)

## Contamination Monitoring

measure of: ACTIVITY

instrument: contamination meter

measures in counts per unit time  
(e.g. CPS, CPM)

## Direct

monitoring of surface

instrument: portable meter

detects fixed & loose

## Indirect

monitoring of sample (wipe)

instrument: Liq. Scintillation  
or Gamma Counter

detects loose contamination



# Portable Instruments

- At MUHC, portable survey instruments are used primarily for the detection of CONTAMINATION - the internal hazard.
- Instruments can be used to detect the presence of RADIATION - the external hazard, but cannot be used to accurately quantify it

## Approximate detection efficiencies for some common radionuclides and detectors.

Radionuclide	LSC <sup>1</sup>	Pancake GM <sup>2</sup>	NaI(Tl) Meter <sup>3</sup>	NaI(Tl) Well <sup>4</sup>
H-3	20%	na <sup>5</sup>	na <sup>5</sup>	na <sup>5</sup>
C-14, S-35, P-33	50%	10%	na <sup>5</sup>	na <sup>5</sup>
Cr-51, Co-57, Tc-99m, I-125	30%	1%	50%	50%
P-32	100%	50%	na <sup>5</sup>	na <sup>5</sup>

LSC<sup>1</sup> : Liquid Scintillation Counter

PancakeGM<sup>2</sup> : Hand-held survey meter with pancake GM detector

NaI(Tl)<sup>3</sup> : Hand-held survey meter with well-type NaI(Tl) crystal

NaI(Tl)<sup>4</sup> : Multichannel analyzer with well-type NaI(Tl) crystal

na<sup>5</sup>: not applicable for this group of radionuclides

# MODULE 5

## Transport and handling of Radioactive Packages

# Transport of Dangerous Goods

## Transport Dangerous Goods (TDG) Directorate



- focal point for the national program to promote public safety during TDG

- major source of regulatory development, information and guidance on dangerous goods transport for the public, industry and government employees.

# Transport of Dangerous Goods

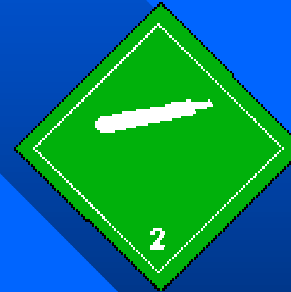
- No person shall handle, offer for transport or transport DG **unless trained or work under supervision of a trained person**
- Person is trained if **employer is satisfied the employee has received adequate instructions** for the handling of DG
- Employer must ensure that trained persons have **certificate of training** (valid for 3 years)
- Employee required to **produce the TDG certificate if requested by the an inspector**

# Classification of Dangerous Goods

Class 1: Explosives



Class 2: Gases

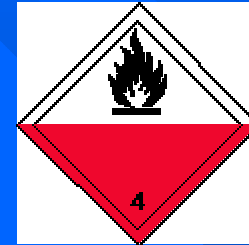
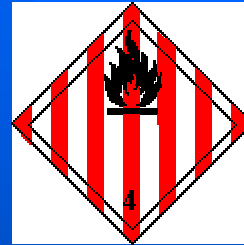


Class 3: Flammable liquids

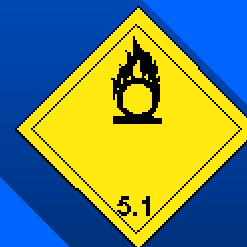


# Classification of Dangerous Goods

Class 4: Flammable Solids



Class 5: Oxidizing Substances and Organic Peroxides

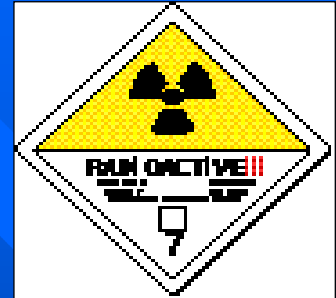
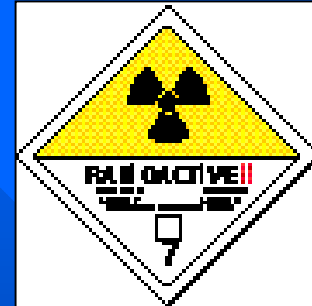
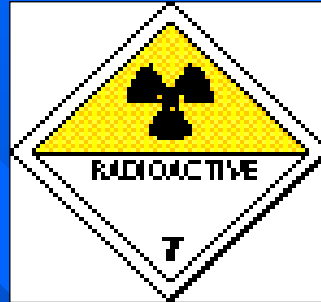


Class 6: Toxic and infectious substances



# Classification of Dangerous Goods

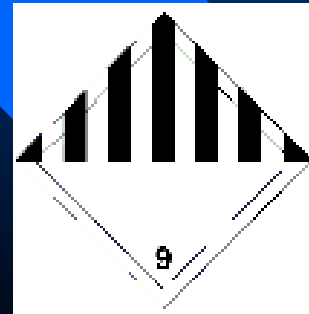
## Class 7: Radioactive Materials



## Class 8: Corrosives



## Class 9: Miscellaneous Products, Substances or Organisms

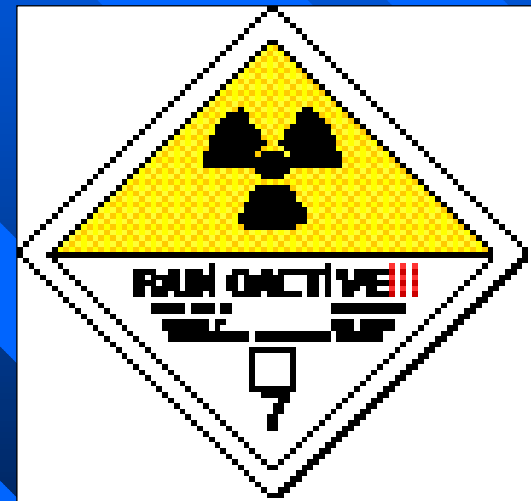




# Class 7: Radioactive Materials

Material emitting hazardous radiation  
(radioactive particles)

- uranium hexafluoride
- Thorium
- Iridium
- Tritium ...



# Class 7: Radioactive Materials

Radioactive packages may be shipped as:

- Excepted packages
- Industrial packages (for LSA material)
- Type A packages
- Type B (U) packages
- Type B (M) packages
- Type C packages

# Marks and Labels

When handling or receiving radioactive materials the following proper **shipping names** and **UN numbers** may be observed (partial list only):

UN 2910 Radioactive material, excepted package, instruments

UN 2910 Radioactive material, excepted package, articles

UN 2910 Radioactive material, excepted package,  
limited quantity of material

UN 2910 Radioactive material, excepted package, empty packaging

UN 2912 Radioactive material, low specific activity (LSA)

UN 2915 Radioactive material, Type A package, non-special form,  
non fissile or fissile excepted

# Class 7: Radioactive Materials

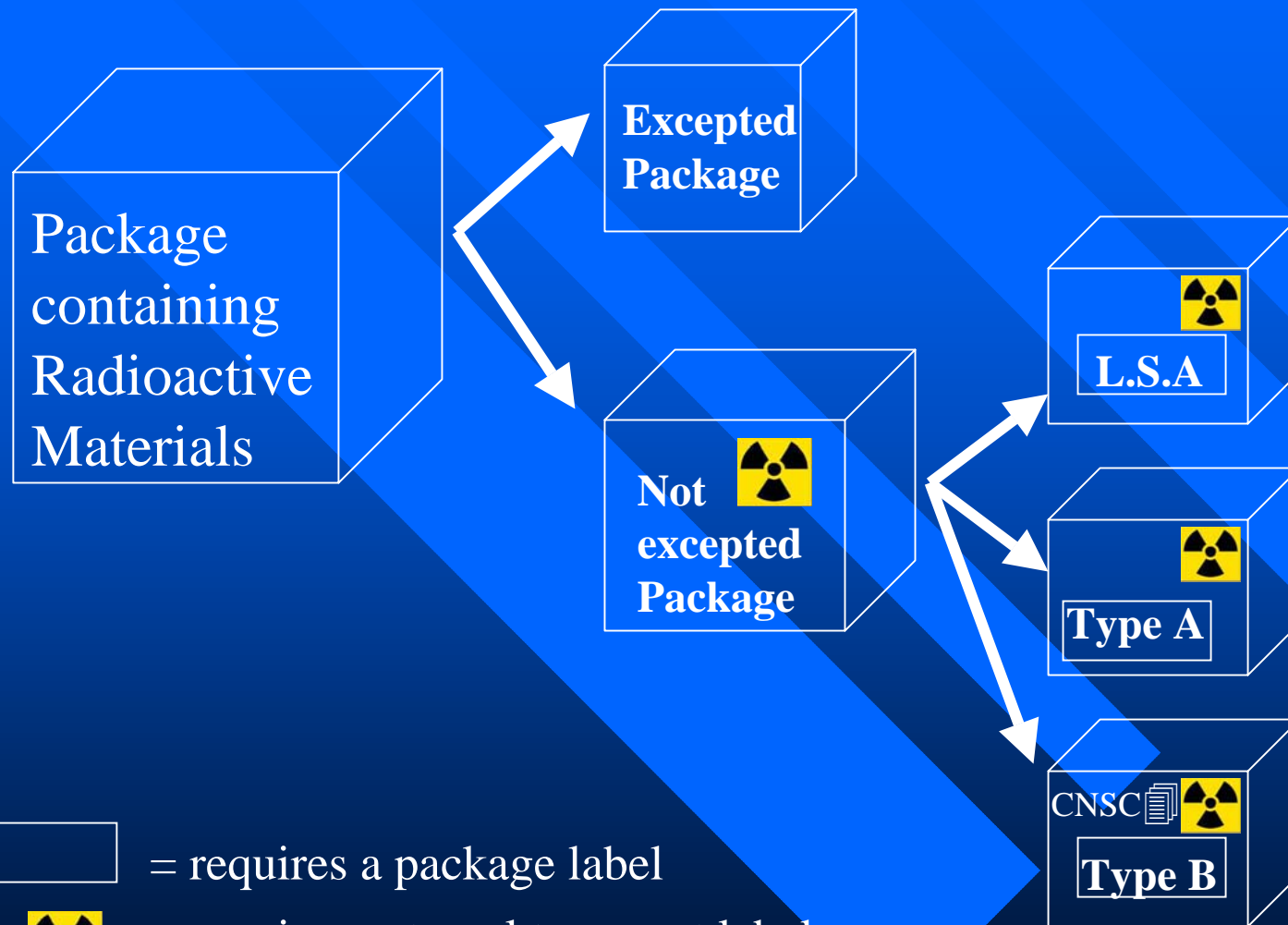
## ■ EXCEPTED PACKAGES

- Contains **very low activities**, very low hazard (ex. Calibration source sent to a high school)
- **No special marking** (could be a small cardboard box)
- The safety mark radioactive must be visible on opening the package
- All other packages must be categorized by radiation level and display the corresponding radiation warning labels

# Class 7: Radioactive Materials

## ■ TYPE A PACKAGES

- Contains medium activities of radioactive materials (ex. Radioisotope shipped to Hospital)
- Hazard in event of accident controlled by the limits and amount shipped
- Package may be metal, plywood, cardboard box or drum + foam inserts
- Package will have labels
- Transport vehicle requires placarding



= requires a package label

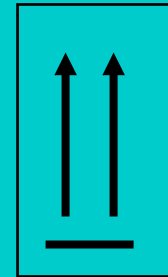
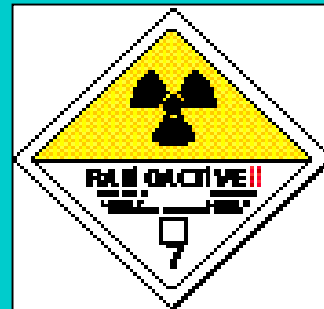


= requires external transport label

CNSC  = requires CNSC certification

# Marks and Labels

**Radioactive material, type A package, UN 2915**  
**Non special form, non-fissile or**  
**fissile excepted**



**From :**  
**ABC Chemical Co.**  
**2450 Beach Road**  
**Buffalo, NY USA**

**To :**  
**MUHC**  
**Montreal General Hospital.**  
**1650 ave Cedar**  
**Montreal, PQ, Canada**

# Vehicle Placarding

## Transportation Placards And Labels





# Class 7 : Categories



## Category I - WHITE

- Activity > excepted activity
- $< 5 \mu\text{Sv/h}$  at external surface
- Transport index  $< 1$



## Category II - YELLOW

- Activity > excepted activity
- $< 500 \mu\text{Sv/h}$  at external surface
- Transport index  $< 1$



## Category III - YELLOW

- Activity > excepted activity
- $< 2000 \mu\text{Sv/h}$  at external surface
- Transport index  $< 10$

# Class 7 : Categories

- Category I
  - No more 5  $\mu\text{Sv/h}$  (surface)



# Class 7 : Categories

## ■ Category II

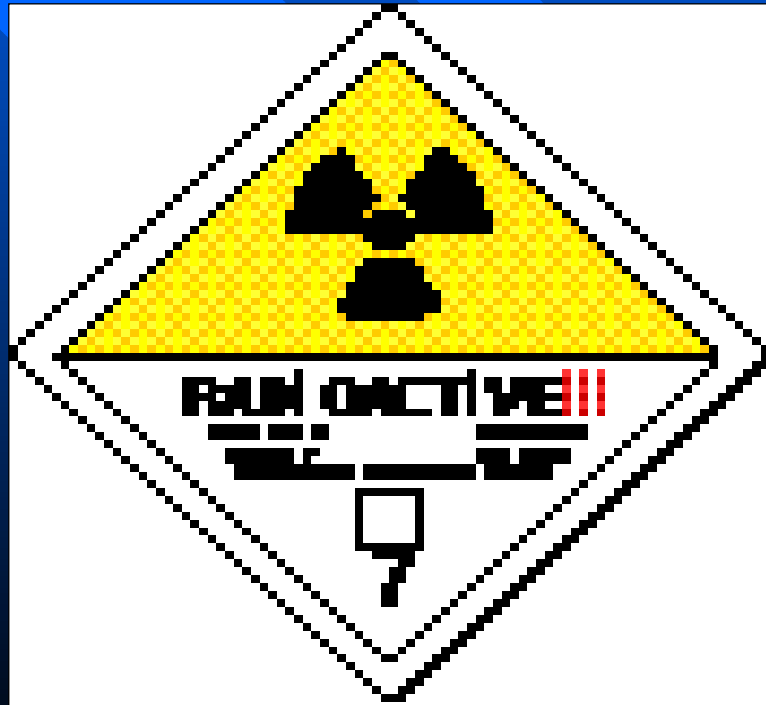
- More than 5  $\mu\text{Sv}$  but no more than 0.5 mSv/h (surface)



# Class 7 : Categories

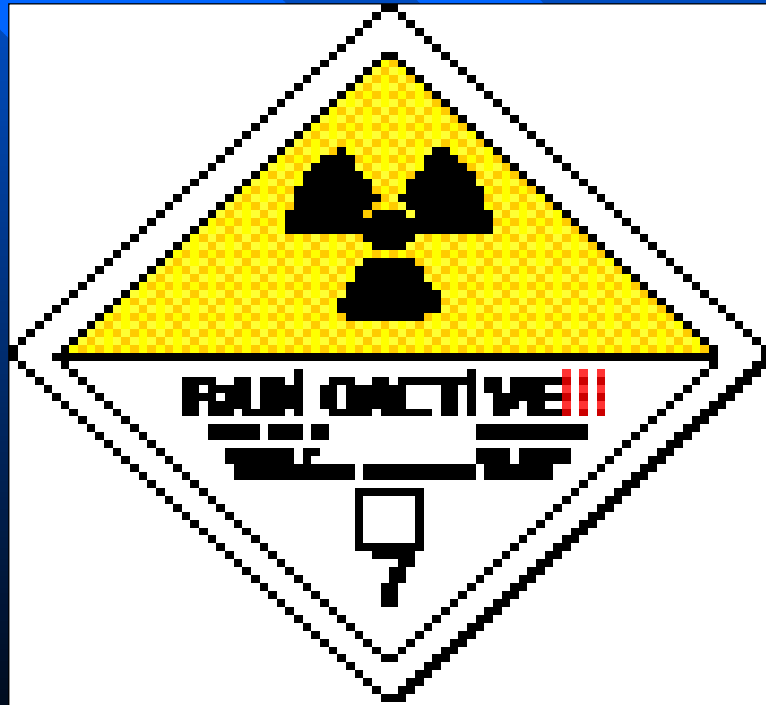
## ■ Category III

- More than 0.5 mSv/h, but no more than 2 mSv/h (surface)



# Class 7 : Categories

- Category III (exclusive use)
  - More than 2 mSv/h, but no more than 10 mSv/h



# Class 7 : Labels

Contents

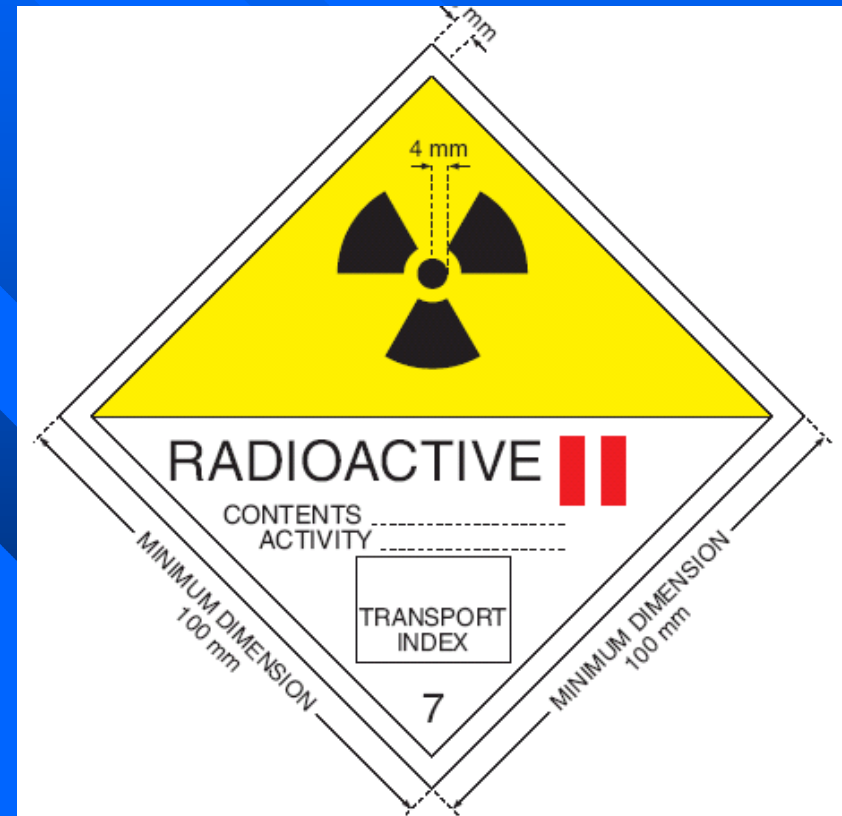
Activity (in Bq)

Transport Index (T.I.)

White I = no transport index

Yellow II = TI between 0-1

Yellow III= TI between 1-10



$$\text{T.I.} = (\text{dose rate in } mSv/h) \times 100 @ 1 \text{ meter}$$

# Receipt of Radioactive Material

- Wear a Lab coat and disposable gloves
- Monitor radiation field
- Place in fume hood if volatile material
- Open outer package, check for possible damage
- Remove inner package, wipe test container
- Verify the radioisotope, activity ... with information on waybill
- Report any anomalies to the supervisor or RSO

See INFO-0426/rev1

<b>Shipper</b> AMERSHAM BIOSCIENCE 3350 N RIDGE AVE ARLINGTON HEIGHTS IL 60004		<b>Air Waybill No.</b> 4993 2713 2710  <b>Page</b> 1 of 1 Pages  <b>Shippers Reference Number</b> 959740					
<b>Consignee</b> ROYAL VICTORIA HOSPITAL 687 PINE AVENUE WEST MOLECULAR ONCOLOGY GROUP MONTREAL, PQ H3A1A1 CANADA							
<i>Two completed and signed copies of this declaration must be handed to operator</i>		<b>WARNING</b> Failure to comply in all respects with the applicable Dangerous Goods Regulations may be in breach of this applicable law, subject to legal penalties. This Declaration must not, in any circumstances, be completed and/or signed by a consolidator, a forwarder or an IATA cargo agent					
<b>TRANSPORT DETAILS</b> <small>This shipment is within the limitations prescribed for: (delete non-applicable)</small>		<b>Airport of Departure</b>  CHICAGO					
PASSENGER AND CARGO AIRCRAFT	CARGO AIRCRAFT ONLY						
<b>Airport of Destination</b>		<b>Shipment type: (delete non-applicable)</b> <table border="1"><tr><td>NON-RADIOACTIVE</td><td>RADIOACTIVE</td></tr></table>		NON-RADIOACTIVE	RADIOACTIVE		
NON-RADIOACTIVE	RADIOACTIVE						
<b>NATURE AND QUANTITY OF DANGEROUS GOODS (see Sub-section 8.1 of IATA Dangerous Goods Regulations)</b>							
<b>Dangerous Goods Identification</b>							
Proper Shipping Name	Class or Division	UN or ID No.	Packing Group	Subsidiary Risk	Quantity and type of Packing	Packing Instructions	Authorization
RADIOACTIVE MATERIAL TYPE A PACKAGE	7	UN2915			PHOSPHORUS-32 Liquid Organic Compound  ALL PACKED IN 1 TYPE A PACKAGE 519.468 MBq (14.040 mCi)	YELLOW I T.L. 0.1  DIMENSIONS  26 x 17 x 12CM	
<b>Additional Handling Information ICAO / IATA</b>  MATERIAL INTENDED FOR RESEARCH OR MEDICAL TREATMENT  24 hr. Emergency contact Tel. No 800-584-9333							
I hereby declare that the contents of this consignment are fully and accurately described above by proper shipping name and are classified, packed, marked and labeled, and are in all respects in the proper condition for transport by air according to the applicable international and National Government Regulations.				<b>Name/Title of Signatory</b> EXPORT JEFF MAJEWSKI CLERK <b>Place and Date</b> 11/25/2002 CHICAGO <b>Signature</b> <i>J. Majewski</i> (see warning above)			



Shipper AMERSHAM BIOSCIENCE  
3350 N RIDGE AVE  
ARLINGTON HEIGHTS IL 60004

Air Waybill No. 4993 2713 2710

Page 1 of 1 Pages

Shippers Reference Number 959740

Consignee  
ROYAL VICTORIA HOSPITAL  
687 PINE AVENUE WEST  
MOLECULAR ONCOLOGY GROUP  
MONTREAL, PQ H3A1A1  
CANADA

Two completed and signed copies of this declaration must be  
handed to operator

**TRANSPORT DETAILS**

This shipment is within the  
limitations prescribed for:  
(delete non-applicable)

Airport of  
Departure

CHICAGO

PASSENGER AND  
CARGO AIRCRAFTCARGO  
AIRCRAFT ONLY**WARNING**

Failure to comply in all respects with the applicable  
Dangerous Goods Regulations may be in breach of this  
applicable law, subject to legal penalties. This  
Declaration must not, in any circumstances, be  
completed and/or signed by a consolidator, a forwarder  
or an IATA cargo agent

Shipment type: (delete non-applicable)

NON-RADIOACTIVE

RADIOACTIVE

Airport of Destination

**NATURE AND QUANTITY OF DANGEROUS GOODS (see Sub-section 8.1 of IATA Dangerous Goods Regulations)****Dangerous Goods Identification**

Dangerous Goods Identification					Quantity and type of Packing	Packing Instructions	Authorization
Proper Shipping Name	Class or Division	UN or ID No.	Packing Group	Subsidiary Risk			

**Dangerous Goods Identification**

Proper Shipping Name	Class or Division	UN or ID No.	Packing Group	Subsidiary Risk	Quantity and type of Packing	Packing Instructions	Authorization
RADIOACTIVE MATERIAL TYPE A PACKAGE	7	UN2915			PHOSPHORUS-32 Liquid Organic Compound  ALL PACKED IN 1 TYPE A PACKAGE 519.468 MBq (14.040 mCi)	YELLOW II T.L. 0.1  DIMENSIONS  26 x 17 x 12CM	

**Additional Handling Information ICAO/IATA****MATERIAL INTENDED FOR RESEARCH OR MEDICAL TREATMENT**

24 hr. Emergency contact Tel. No.

800-584-9333

I hereby declare that the contents of this consignment are fully and accurately described above by proper shipping name and are classified, packed, marked and labeled, and are in all respects in the proper condition for transport by air according to the applicable international and National Government Regulations.

Name/Title of Signatory **EXPORT  
CLERK**  
**JEFF MAJEWSKI**  
Place and Date 11/25/2002  
**CHICAGO**  
Signature *J. Majewski*  
(see warning above)

## SHIPPER'S DECLARATION FOR DANGEROUS GOODS

(Provide at least two copies to the airline.)

Shipper  
BerkinElmer Life Sciences  
1549 Albany Street  
Boston, MA 02118

Air Waybill No. 81468640 374

Page 1 of 1 Pages

Shipper's Reference Number  
(optional)

Consignee  
HOSP ROYAL VICTORIA  
UNIV CLINIC  
687 AVE PINS D  
MONTREAL PQ  
CANADA H3A 1A1

Two completed and signed copies of this Declaration must  
be handed to the operator

## TRANSPORT DETAILS

This shipment is within the  
limitations prescribed for:  
(delete non-applicable)

Airport of Departure

PASSENGER AND CARGO AIRCRAFT	<del>XXXXX</del> <del>AIRCRAFT</del> ONLY
------------------------------------	---

BOSTON

Airport of Destination: MONTREAL

## WARNING

Failure to comply in all respects with the applicable  
Dangerous Goods Regulations may be in breach of  
the applicable law, subject to legal penalties. This  
Declaration must not, in any circumstances, be  
completed and/or signed by a consolidator, a  
forwarder or an IATA cargo agent.

Shipment type: (delete non-applicable)

☒ NON-RADIOACTIVE ☐ RADIOACTIVE

## NATURE AND QUANTITY OF DANGEROUS GOODS

Proper Shipping Name, Class or Division, UN Number or Identification Number, Packing Group (if required), number of packages,  
and all other required information.

Radioactive material, Type A package, 7, UN2915//  
8-35, Liquid/Salt, 1 Type A package x0.310762GBq//I-White//#051027893 2

## Additional Handling Information

Entries comply with IATA/ICAO ----- This Shipment is to be used in medical  
research having direct application to HUMAN medical welfare.

24 hr. Emergency Contact Tel. No. (703) 527-2887

I hereby declare that the contents of this consignment are fully and  
accurately described above by the proper shipping name and are  
classified, packaged, marked and labelled/placarded, and are in all  
respects in proper condition for transport according to applicable  
international and national governmental regulations.

Name/Title of Signatory

EWAN STEPHENS EXP REP

Place and Date

BOSTON, Ma  
03-APR-2003

Signature

(see warning above)



## SHIPPER'S DECLARATION FOR DANGEROUS GOODS

(Provide at least two copies to the airline.)

Shipper  
BerkinElmer Life Sciences  
549 Albany Street  
Boston, MA 02118

Air Waybill No. 81468640 374

Page 1 of 1 Pages

Shipper's Reference Number  
(optional)

Consignee  
HOSP ROYAL VICTORIA  
UNIV CLINIC  
687 AVE PINS D  
MONTREAL PQ  
CANADA H3A 1A1

YUC

Two completed and signed copies of this Declaration must  
be handed to the operator

## WARNING

Failure to comply in all respects with the applicable  
Dangerous Goods Regulations may be in breach of  
the applicable law, subject to legal penalties. This  
Declaration must not, in any circumstances, be  
completed and/or signed by a consolidator, a  
forwarder or an IATA cargo agent.

## TRANSPORT DETAILS

This shipment is within the  
limitations prescribed for:  
(delete non-applicable)

Airport of Departure

BOSTON

PASSENGER  
AND CARGO  
AIRCRAFT

XXXXXX  
CARGO  
AIRPORT  
ONLY

Airport of Destination: MONTREAL

Shipment type: (delete non-applicable)

NON-RADIOACTIVE RADIOACTIVE

## NATURE AND QUANTITY OF DANGEROUS GOODS

Proper Shipping Name, Class or Division, UN Number or Identification Number, Packing Group (if required), number of packages,  
and all other required information.

Radioactive material, Type A package, 7, UN2915//  
S-35, Liquid/Salt, 1 Type A package x0.310762GBq//I-White//#051027893 2

and all other required information.

Radioactive material, Type A package, 7, UN2915//  
S-35, Liquid/Salt, 1 Type A package x0.310762GBq/4I-White//#051027893 2

Additional Handling Information

Entries comply with IATA/ICAO ----- This Shipment is to be used in medical research having direct application to HUMAN medical welfare.

24 hr. Emergency Contact Tel. No. (703) 527-2887

I hereby declare that the contents of this consignment are fully and accurately described above by the proper shipping name and are classified, packaged, marked and labelled/placarded, and are in all respects in proper condition for transport according to applicable international and national governmental regulations.

Name/Title of Signatory

EWAN STEPHENS EXP REP

Place and Date

BOSTON, Ma

03-APR-2003

Signature

(see warning above)

# Receipt of Radioactive Material



Remove or deface all radiation warning symbols prior discarding the box in the normal waste stream

# **Certificate of Training**

## **Transportation of Dangerous Goods**

Name of Employer: **McGill University Health Center (MUHC)**  
**1650 avenue Cedar, Montreal, PQ, Canada**

Name of Employee: \_\_\_\_\_

This certificate certifies that the employee named above has completed the training for the *Safe Handling and Transportation Practices, and the Characteristics of Dangerous Goods* (class 7, radioactive materials), in accordance with the requirements of the Transportation of Dangerous Goods Act and Regulations.

Certificate expires on: \_\_\_\_\_

Employee's signature: \_\_\_\_\_

Supervisor's signature: \_\_\_\_\_

RSO's signature: \_\_\_\_\_

# MODULE 6

## Working in Laboratories



# CLASSIFICATION OF LABORATORY

## Exemption Quantity (EQ)

The quantity, in becquerel (Bq), of a radionuclide below which no licence is required

Isotope	EQ (MBq)
H-3	1000
C-14	100
P-32	0.01
P-33	1
S-35	100
Cr-51	1

RADIOISOTOPE	EXEMPTION QUANTITITY (EQ)	
	MBq	μCi
H-3	1000	27000
P-32	0.01	0.27
P-33	1.0	27
S-35	100	2700
I-125	1.0	27
I-131	0.01	0.27
C-14	100	2700
Cr-51	1	27

# CLASSIFICATION OF LABORATORY

## Annual Limit of Intake (ALI)

The activity, in becquerel (Bq), of a radionuclide that will deliver an effective dose of 20 mSv after the radionuclide is taken into the body

Basic:	5	X	ALI
Intermediate:	5-50	X	ALI
High:	50-500	X	ALI

> 10,000 EQ:

Requires written approval from CNSC

RADIOISOTOPE	BASIC LEVEL		INTERMEDIATE LEVEL	
	MBq	mCi	MBq	mCi
H-3	5000	135	50000	1350
P-32	40	1.08	400	10.8
P-33	400	10.8	4000	108.1
S-35	130	3.5	1300	35.1
I-125	5	0.135	50	1.35
I-131	5	0.135	50	1.35
C-14	170	4.59	1700	45.9
Cr-51	2650	71.6	26500	716

# CLASSIFICATION OF RADIONUCLIDES

Class A: Na-22, Co-60, Zn-65, ...

Class B: Fe-59, Rb-86, ...

Class C: H-3, C-14, P-32, P-33, S-35,  
Ca-45, I-125, ...

## Contamination Criteria

Class A : 3 Bq/cm<sup>2</sup>

Class B : 30 Bq/cm<sup>2</sup>

Class C : 300 Bq/cm<sup>2</sup>

## Decommissioning Criteria

Class A : 0.3 Bq/cm<sup>2</sup>

Class B : 3 Bq/cm<sup>2</sup>

Class C : 30 Bq/cm<sup>2</sup>

# Basic Level

- Do not eat, drink, store food or smoke
- In case of spill, follow spill procedure
- Clearly identify work surfaces for handling nuclear substances
- Check all packages containing nuclear substances for damage upon receipt
- Store nuclear substances in a locked room or enclosure when not in use
- Monitor laboratory for removable contamination weekly and keep records



# Radioisotope Lab Laboratoire de radioisotopes

**Room: AA-123**

---

## Basic Élémentaire

**RESPONSIBLE / RESPONSABLE**

**John Smith**

**Local: AA-123    Tel: 12345**

**En cas d'urgence / In case of emergency:**

Contactez la radioprotection via (36111 Locating)

Contact Radiation Protection via (36111 Locating)

# Intermediate Level

Basic level Procedures plus :

- Wear appropriate dosimeters at all times
  - » Extremity dosimeter required to handle more than 50 MBq of P-32, Sr-90, Y-90, Sm-153, Re-186
- After working with NS, monitor work area for contamination





# **RAYONNEMENT- DANGER- RADIATION**

**Room: AA-123**

**Radioisotope Lab  
Laboratoire de radioisotopes**

**Intermediate  
Intermédiaire**

**RESPONSIBLE / RESPONSABLE**

**John Smith**

**Local: AA-123    Tel: 12345**

**En cas d'urgence / In case of emergency:**

Contactez la radioprotection via (36111 Locating)

Contact Radiation Protection via (36111 Locating)

# High Level

Intermediate level Procedures plus :

- Restrict access to authorized personnel
- Work in fumehood when required by RSO
- Wash hands regularly and monitor them for contamination



# **RAYONNEMENT- DANGER- RADIATION**

**Room: AA-123**

---

**Radioisotope Lab  
Laboratoire de radioisotopes**

**HIGH LEVEL  
Niveau Supérieur**

**RESPONSIBLE / RESPONSABLE  
John Smith  
Local: AA-123    Tel: 12345**

**En cas d'urgence / In case of emergency:**

Contactez la radioprotection via (36111 Locating)

Contact Radiation Protection via (36111 Locating)

# LABELING AND SIGNS

- Use the words

**RAYONNEMENT  
DANGER  
RADIATION**



If quantity is  $> 100$  EQ or  
If effective dose rate  $> 20 \mu\text{Sv/h}$

# LABELING AND SIGNS

## ■ Frivolous Posting of signs

- No person shall post a radiation sign (trefoil) at a place where radiation, nuclear substances or prescribed equipment is NOT present
- For pencil, rulers, calculators, pipettes, etc ... use any signs BUT the trefoil

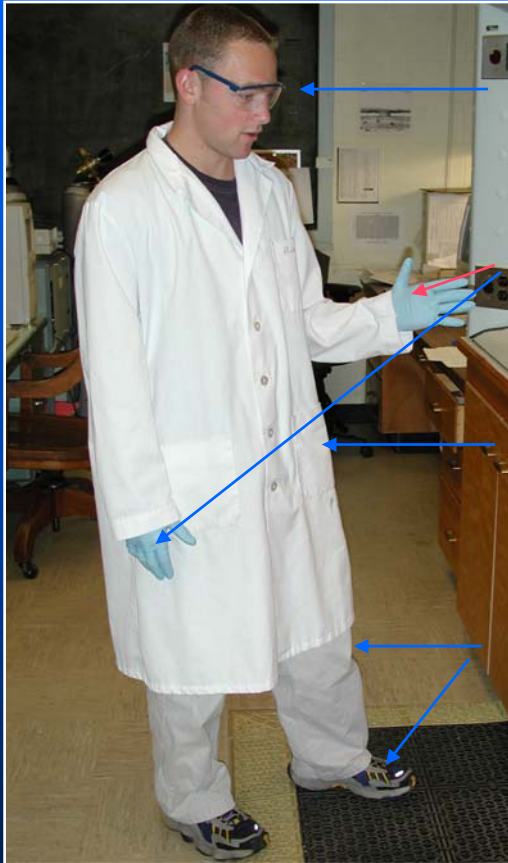


Happy face will do fine !



# Personal Protective Equipment

Required for using Radioisotopes



Full Length Dresses or  
Pants ONLY

Eye Protection • PPE is worn on the body

Latex Gloves • Primary purpose is to provide a barrier to radioactive materials or radiation

Lab Coat

Complete Coverage Feet and Legs

- No Shorts
- No Half Shorts
- No Open-Toed Shoes
- No Mini-Skirts

# Personal Dosimeters

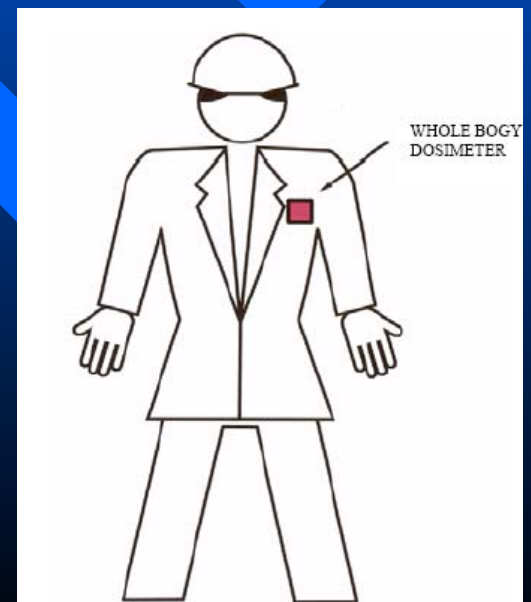
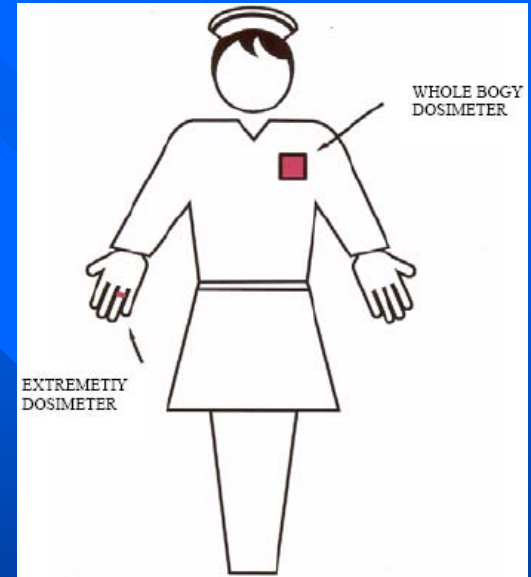
- Do not expose TLD to high temperature, water, sunlight
- Clip firmly between waist and neck
- Extremity TLDs (rings) facing the source
- If you loose your TLD, you should stop working until you receive a replacement
- Store in holder or rack when not in use
- Store in low radiation area away from light and heat



Ring TLD



Body TLD





# Measuring Surface Contamination

- Two Methods:
  - **The Direct Method** Uses a pancake type probe, or thin walled Geiger tube to measure both fixed and loose contamination
  - **The Indirect Method** Uses swipes to test for loose contamination





# The Direct Method

1. Select a slow response time and measure the background well away from the surface to be monitored
2. Select a fast response time, and pass the detector slowly over the surface at a distance of about 1 cm
3. Hold the probe over the detected area long enough to obtain a steady reading
4. Subtract the background rate from this reading and compare this result to the count rate corresponding to 1 CCL



# Pro's and Con's

## ■ Disadvantages:

- It is impossible to make a direct measurement of surface contamination when a high gamma field is present
- will not distinguish between loose and fixed contamination

## ■ Advantages:

- Measures the radiation level from both fixed and removable contamination

# The Indirect method

1. Select the surface to be swiped
2. Identify the swipe paper to be used
3. Swipe an area of about 100 cm<sup>2</sup> using light pressure
4. Put each swipe in separate envelope to prevent cross contamination
5. Measure the background count
6. Measure the activity of the swipe
7. The difference between the two readings is due to radioactivity picked up by the swipe



# Pro's and Con's

## ■ Disadvantages:

- Only 10% of the contamination will be picked up
- If the surface is wet the swipe needs to dry first
- Heavily contaminated swipes can lead to dead time losses in the detector

## ■ Advantages:

- Swipes measure loose contamination only
- They can be taken to a low background location to be measured

# RAD TAPE



RADIOACTIVE



RADIOACTIVE



Work area delineated  
with rad tape

Use shield if available  
(ALARA)

Monitor for  
contamination when  
finished

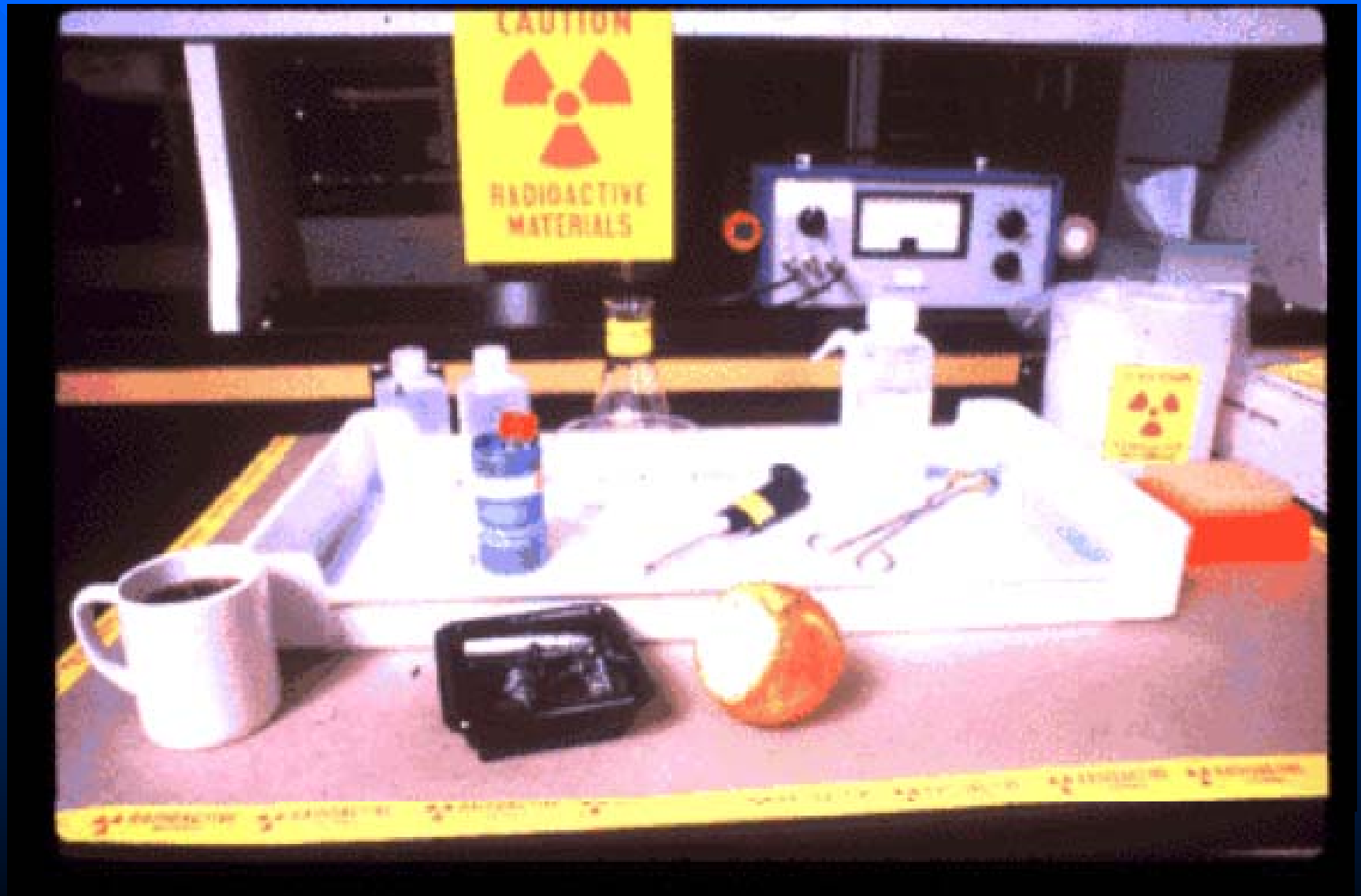


RADIOACTIVE



RADIOACTIVE

# Find the Errors



# Find the Errors





# What to do to protect yourself....

## Basic Radiation Safety Principles for External Radiation



Time



Distance



Shielding\*

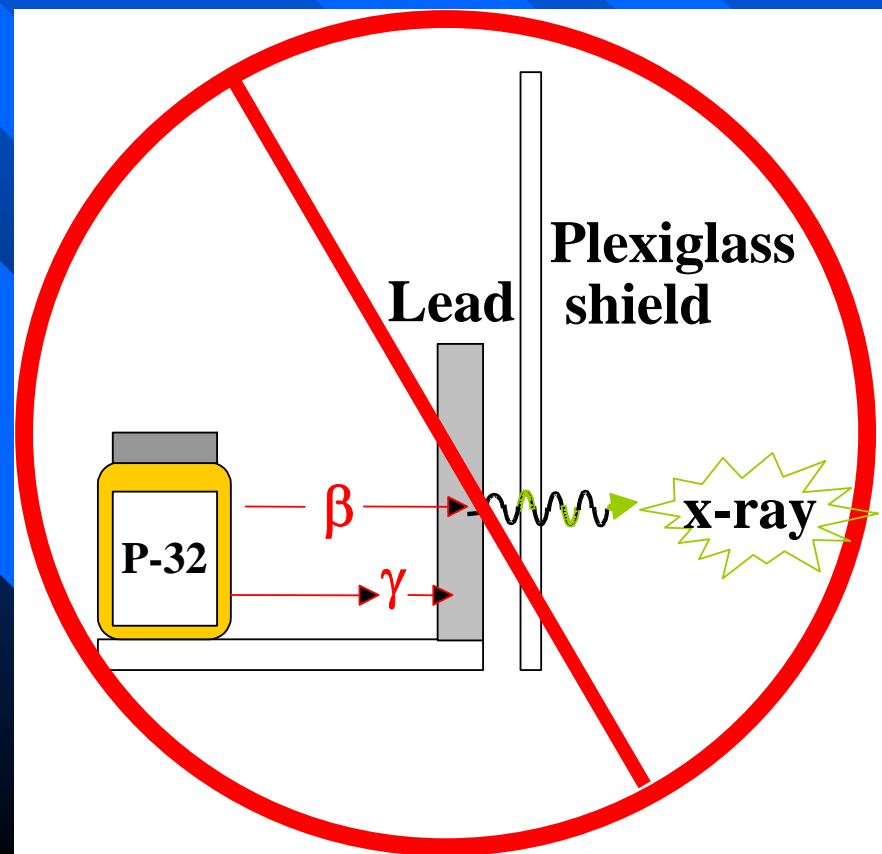
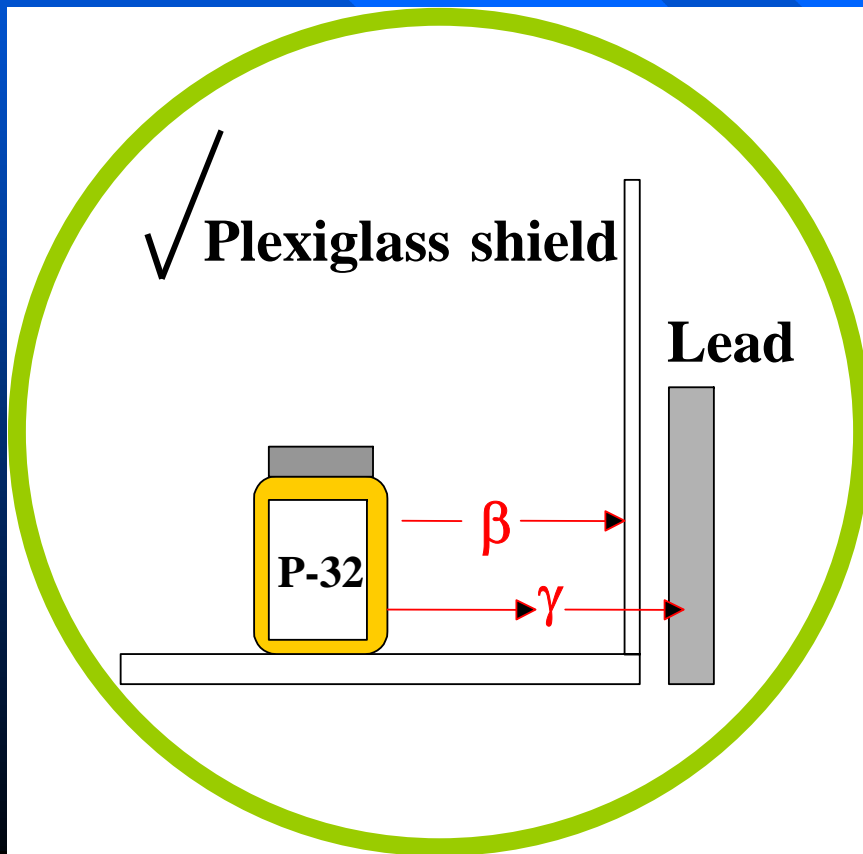


Work behind plexiglass shield  
when manipulation beta emitters



# Shielding Beta Radiation

- Low density materials (ie. plexiglass) must be used to shield beta radiation because...
- Interaction with dense materials produces Bremsstrahlung



# Inventory Control

- Ordering radioactive material
  - Only permit holders or authorized personnel can order radioisotopes
  - Register new vials on the McGill Radioisotope Tracking System (RTS)
- Inventory and disposal
  - 2 methods
    - » RTS (entered daily)
    - » Paper inventory (daily) before filing to RTS

# Inventory Control

- Acquisition, control and storage
  - Only permit holders or authorized personnel can order radioactive materials
  - must be entered and tracked on the McGill Radioisotope Tracking System (RTS)
  - must be tracked after each use on RTS system (new vial record)

# Inventory Control

- Byproducts created during handling which requires storage must be tracked also and labeled (user name, radionuclide, activity, date)



- Waste containers are also tracked by the RTS system
  - 1 isotope per container
  - Separate containers for liquid, solid, LSV

# Inventory Control

## ■ Alternative Tracking (Forms)

- Running Log
- By-product form
- waste inventory form

## ■ Forms

- Must include the ID numbers assigned by RTS
- Must be posted on the storage unit
- Information must be entered on the RTS system every week

# Radioisotope Running Log Form

Radioisotope & Product: \_\_\_\_\_

Date of Measured Activity: \_\_\_\_\_

Volume: \_\_\_\_\_

Activity: \_\_\_\_\_

Vial ID: \_\_\_\_\_

Date of Reception: \_\_\_\_\_

Date	User	Activity Removed (uCi)	Volume Removed (ul)	Activity Remaining (uCi)	By Product ID	By Product RTS code	Liquid Waste (uCi)	Solid Waste (uCi)	Date of Disposal

Disposed by: \_\_\_\_\_

Date of disposal of vial: \_\_\_\_\_

Activity disposed: \_\_\_\_\_

# McGill Radioisotope Tracking System (RTS)

- Web application to manage the use of radioisotope and the disposal of waste.
- Assigns a unique ID to vials
- Tracks the usage while calculating decay
- Enables the disposal through the proper waste containers

View the RTS web course online at :

<http://www.mcgill.ca/eso/training/presentations/#1>



Waste Management Program



Tel: 514-398-5066 Fax: 514-398-4633  
[www.mcgill.ca/wmp](http://www.mcgill.ca/wmp)

## Radioisotope Tracking System

**RTS User ID**

**Password**

Submit

Reset

Enter User ID  
And Password





Waste Management Program

Tel: 514-398-5066 Fax: 514-398-4633  
[www.mcgill.ca/wmp](http://www.mcgill.ca/wmp)

## Radioisotope Tracking System

## Licence Holder

Licence #: 5-0038-03  
ROYAL VICTORIA HOSPITAL  
MS MAUREEN MCQUEEN  
RADIATION PROTECTION  
842-1231 EXT 36133

## Licence Holder Inventory

Radioisotope Vials

In Progress

Waste Containers

**Vial Report**  
**Container Report**Create  
New Vial



Waste Management Program



Tel: 514-398-5066 Fax: 514-398-4633

www.mcgill.ca/wmp

## Radioisotope Tracking System

## Licence Holder

## Vial Data

Licence #: 5-0038-03  
ROYAL VICTORIA HOSPITAL  
MS MAUREEN MCQUEEN  
RADIATION PROTECTION  
842-1231 EXT 36133

Order Number  (Ref.No.,Purchase Order,Delivery #)Date Received  (YYYY/MM/DD)Supplier 

Qty.	Isotope	Compos.	Activity	Vol.[mL]	Ref.Date
1	P-32	liquid	0.01	0.050	2000/01/01
	-Select-				YYYY/MM/DD
	-Select-				YYYY/MM/DD
	-Select-				YYYY/MM/DD
	-Select-				YYYY/MM/DD

Save

Reset



Waste Management Program

Tel: 514-398-5066 Fax: 514-398-4633  
www.mcgill.ca/wmp

## Radioisotope Tracking System

## Licence Holder

Licence #: 5-0038-03  
ROYAL VICTORIA HOSPITAL  
MS MAUREEN MCQUEEN  
RADIATION PROTECTION  
842-1231 EXT 36133

## Licence Holder Inventory

Radioisotope Vials

In Progress

Waste Containers

RTS-15003 P-32

New Vial  
in list**Vial Report**  
**Container Report**



Waste Management Program

Tel: 514-398-5066 Fax: 514-398-4633  
www.mcgill.ca/wmp

## Radioisotope Tracking System

## Licence Holder

Licence #: 5-0038-03  
ROYAL VICTORIA HOSPITAL  
MS MAUREEN MCQUEEN  
RADIATION PROTECTION  
842-1231 EXT 36133

## Licence Holder Inventory

Radioisotope Vials

In Progress

Waste Containers







RTS-15003 P-32

**Vial Report**  
**Container Report**Create  
New Container


EditViewFavoritesToolsHelp

Back→↻🏠🔍Search🔖Favorites🕒History📄🖨️📑📄

esshttps://eunomia.is.mcgill.ca/rtsserver/wc.dll?rtsprocess~NewContainer



Waste Management Program

 McGill

Tel: 514-398-5066 Fax: 514-398-4633  
www.mcgill.ca/wmp

Radioisotope Tracking System

Licence Holder







Licence # 8-3007-03  
ROYAL VICTORIA HOSPITAL  
DR IMMANUELA MOSS  
PEDIATRICS  
12-4400 EXT 22341

Container Type	Isotope	Scintillation Liquid	Solvent
<div>select-</div> <div>select- PLASTIC CONTAINER L CARDBOARD BOX L STEEL PAIL PLASTIC CONTAINER</div>	<div><input checked="" type="radio"/> Solid <input type="radio"/> Liquid</div> <div>-Select-</div> <div>SaveReset</div>	<div>-Select-</div>	


EditViewFavoritesToolsHelp

Back→ⓧⓂ🏠🔍Search🔖Favorites🕒History📄🖨📑📄

esshttps://eunomia.is.mcgill.ca/rtsserver/wc.dll?rtsprocess~NewContainerGo



Waste Management Program

 McGill

Tel: 514-398-5066 Fax: 514-398-4633  
www.mcgill.ca/wmp

Radioisotope Tracking System

Licence Holder

Licence #: 8-3007-03  
ROYAL VICTORIA HOSPITAL  
DR IMMANUELA MOSS  
PEDIATRICS  
12-4400 EXT 22341







Container Type	Isotope	Scintillation Liquid	Solvent
<div>elect-</div> <div><input checked="" type="radio"/> Solid <input type="radio"/> Liquid</div>	<div>-Select-</div> <div><div>-Select-</div><div>Al-26</div><div>Am-241</div><div>Am-241/be</div><div>As-74</div><div>Au-198</div><div>Ba-133</div><div>Bi-206</div><div>Bi-207</div><div>Bi-210</div><div>Br-77</div></div>		

-Select-


EditViewFavoritesToolsHelp

Back→ⓧ🏠🔍Search🔖Favorites🕒History📄🖨️📑📄

esshttps://eunomia.is.mcgill.ca/rtsserver/wc.dll?rtsprocess~NewContainerGo



Waste Management Program

 McGill

Tel: 514-398-5066 Fax: 514-398-4633  
www.mcgill.ca/wmp

Radioisotope Tracking System

Licence Holder

Licence # 8-3007-03  
ROYAL VICTORIA HOSPITAL  
DR IMMANUELA MOSS  
PEDIATRICS  
12-4400 EXT 22341

Container Type	Isotope	Scintillation Liquid	Solvent
<div>elect-</div> <div><input checked="" type="radio"/> Solid <input type="radio"/> Liquid</div>	<div>-Select-</div> <div>SaveReset</div>	<div>-Select-</div> <div>-Select- BIODEGRADABLE ORGANIC</div>	

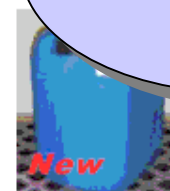


Waste Management Program

Tel: 514-398-5066 Fax: 514-398-4633  
www.mcgill.ca/wmp

## Radioisotope Tracking System

Licence Holder	Licence Holder Inventory		
Licence #: 5-0038-03 ROYAL VICTORIA HOSPITAL MS MAUREEN MCQUEEN RADIATION PROTECTION 842-1231 EXT 36133	Radioisotope Vials	In Progress	Waste Containers
	RTS-15003 P-32		C-RTS-002851

New Container  
in list**Vial Report**  
**Container Report**





Waste Management Program

Tel: 514-398-5066 Fax: 514-398-4833  
[www.mcgill.ca/wmp](http://www.mcgill.ca/wmp)

## Radioisotope Tracking System

## Licence Holder

Licence #: 20030105  
ROSS ROBERT  
Department: ENVIRONMENTAL SAFETY OFFICE  
Position: CHIEF TECHNICIAN  
Lab Phone: 398-8621

## Licence Holder Inventory

## Radioisotope Vials

RAIR-04278 H-3  
RAIR-04281 H-3

## In Progress

## Waste Containers

C-RAIR-001956  
C-RAIR-001957Vial Report  
Container ReportSelect the isotopes  
you want to use.

## Radioisotope Tracking System

1. Enter the quantity that you want to use. In this case we are using it all.

2. Enter the percentage values of the isotope used and disposed.

Date Used	Volume Used	Used By	Container	Vol.Disp.
2003/03/27	5 mL	Robert	C-RAJR-001957 Solid	50 [%]
			C-RAJR-001957 Solid	[%]
			C-RAJR-001956 Liquid	[%]
			C-RAJR-001956 Liquid	[%]
			Loss	[%]
			In Progress	50 [%]
			L.S.V.	[%]

4. Click Save.

3. Enter isotope %age value here to be manipulated and stored.

Save Reset



Waste Management Program

Tel: 514-398-5066 Fax: 514-398-4833  
www.mcgill.ca/wmp

## Radioisotope Tracking System

## Licence Holder

Licence #: 20030105  
ROSS ROBERT  
Department: ENVIRONMENTAL SAFETY OFFICE  
Position: CHIEF TECHNICIAN  
Lab Phone: 398-8521

## Licence Holder Inventory

## Radioisotope Vials

RAIR-04278 H-3

RAIR-04281 H-3

## In Progress

RAIR-04281-P7257 H-3

## Waste Containers

C-RAIR-001956

C-RAIR-001957

Vial Report  
Container Report

Click on vial to mark  
as Empty if not  
previously done.



Isotope stored in an  
experiment that  
requires disposal still.



Waste Management Program


 Tel: 514-398-5066 Fax: 514-398-4633  
[www.mcgill.ca/wmp](http://www.mcgill.ca/wmp)

## Radioisotope Tracking System

## Vial Report by Vial Number ordered by Vial Number

Vial #	Isotope	Ref. Date	Rcvd. Date	Vol.Init[mL]	Activ.Init	Vol.Curr.[mL]	Act.Curr. [uCi]	Empty
RTS-00001	Cr-51	2002/03/18	2002/03/20	50.000	100.000	50.000	37.825	No
Vial #	Isotope	Ref. Date	Rcvd. Date	Vol.Init[mL]	Activ.Init	Vol.Curr.[mL]	Act.Curr. [uCi]	Empty
RTS-00002	P-33	2002/03/15	2002/03/20	60.000	100.000	20.000	8.520	No
		Date Use	Vol Used	User	Disposed[%]	Loss[%]	Progress[%]	
		2002/03/23	30.000 mL	CRIS	100.00	0.00		0.00
		2002/03/25	10.000 mL	CRIS	100.00	0.00		0.00
Vial #	Isotope	Ref. Date	Rcvd. Date	Vol.Init[mL]	Activ.Init	Vol.Curr.[mL]	Act.Curr. [uCi]	Empty
RTS-00017	Bi-210	2002/04/26	2002/04/26	45.000	200.000	45.000	-9.000	No

TOTAL ACTIVITY IN = 400.000 uCi TOTAL VOLUME IN = 155.000 mL  
 TOTAL ACTIVITY LEFT = 37.345 uCi TOTAL VOLUME LEFT = 115.000 mL





Waste Management Program



Tel: 514-398-5066 Fax: 514-398-4633

[www.mcgill.ca/wmp](http://www.mcgill.ca/wmp)

## Radioisotope Tracking System

## Licence Holder

## Licence Holder Inventory

Radioisotope Vials

In Progress

Waste Containers

C-RTS-001985

C-RTS-001986

C-RTS-005105

Container  
report**Vial Report**  
**Container Report**



Waste Management Program


 Tel: 514-398-5066 Fax: 514-398-4633  
 www.mcgill.ca/wmp

## Radioisotope Tracking System

## Licence Holder

 Licence #: 8-3007-03  
 ROYAL VICTORIA HOSPITAL  
 DR IMMANUELA MOSS  
 PEDIATRICS  
 412-4400 EXT 22341

 Container No. C-RTS-001985  
 Isotope I-125  
 Cont. Type 4L PLASTIC CONTAINER  
 Form Liquid  
 Scint. Liquid  
 Solvent  
 Entered 2003/03/29  
 Last Used 2003/03/29

## Container Use

Date Used	Activ. Used	In History	Vial No.	User
2003/04/01	7.511	0.000	RTS-04002	A LAFERRIERE
2003/04/01	7.511	7.511	RTS-04003	A LAFERRIERE
2003/12/08	11.563	0.811	RTS-09184	A LAFERRIERE
2004/05/07	13.462	2.138	RTS-12211	A LAFERRIERE

Total Activity (without decay) = 40.047

Activity to Date (with Decay) = 2.428

Click when Container is Full to Obtain Label Information

# Waste Management

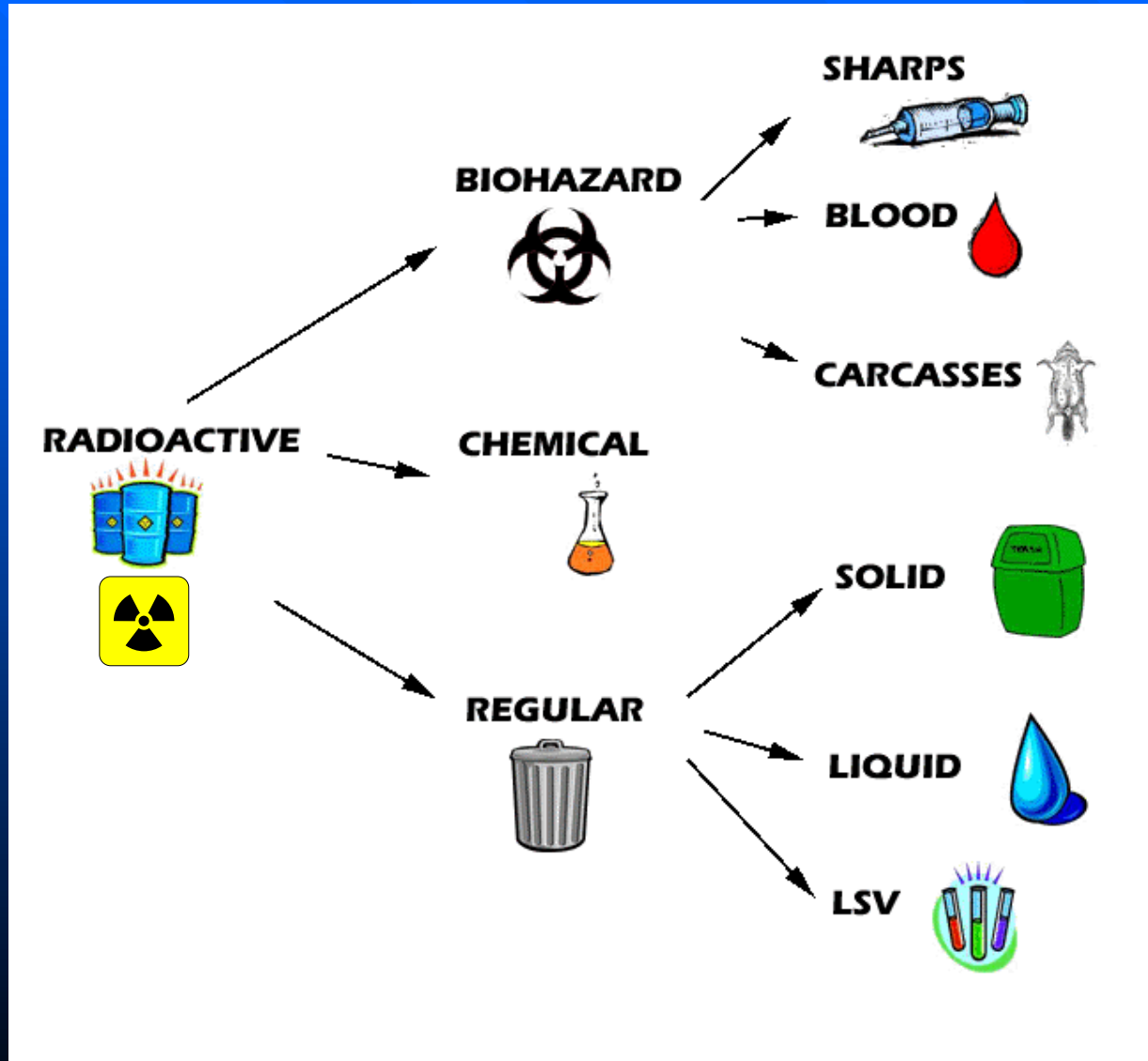


# Radioactive Waste Disposal

- Segregate waste by form (solid, liquid) and isotope
- A running total amount of activity and isotope in waste must be kept on container - replace as required
- Label waste as well as record in RTS inventory



# Waste Disposal Guidelines



# Regular Radioactive Waste



4 L white plastic container  
1 L clear plastic container

Both used for liquid or for solids  
(no mixing of solids & liquids).



Metal pail (20 litre) used for  
solid and for liquid scintillation  
vials (LSVs).

Cardboard box (20 litre) used  
for solid waste

# Mixed Biomedical & Radioactive Waste

Disposal of biomedical waste is governed by the Regulation Respecting Biomedical Waste (Québec), and encompasses the following categories:

- human anatomical waste (body parts or organs),
- animal anatomical waste (carcasses, body parts, organs),
- non-anatomical waste, which includes:
- sharps which have contacted animal or human blood, biological fluids or tissues
- tissue or microbial cultures, and material contaminated by such cultures
- live vaccines
- containers or materials saturated with blood products.

# Mixed Biomedical & Radioactive Waste

For biohazard waste that are radioactive, always use biohazard waste route and write

**R/A**

**in red** on the box (as per McGill Waste Management instructions)



# LSV Waste Tag

1. Isotope / Isotopes
2. Activity
3. Date *measured*
4. # Permit
5. Initials



# Lead/Plastic Pigs

Lead pigs are recyclable.

- Must be tested for contamination.

Plastic pigs are not recyclable

- may be presented as garbage
- must be free of contamination and radioactive markings.



# Code brown: Internal spill or release of hazardous materials

**Call 55555**

Department responsible: Occupational Health and Safety (OH&S)

## **Definition:**

Code brown is used to alert MUHC personnel of an internal hazardous spill of chemical and pharmaceutical products, radioisotopes and biohazardous materials, as well as gas leak

In the event of a chemical spill, the individual(s) who caused the spill or the first individual who noticed the spill or leak is responsible for prompt and proper communication with other occupants, his/her immediate supervisor, and locating.

# Spill Procedure

## ■ MINOR SPILLS ( < 100 EQ )

- Inform persons in immediate area, limit access
- Cover spill with absorbent material
- Clean up spill using absorbent paper and place in plastic bags
- Wipe test or survey for residual contamination as appropriate.
- Repeat until decontamination criteria is exceeded
- Check hands, clothing and shoes for contamination
- Package and label clean up materials for disposal.
- Record spill details and contamination monitoring (wipe tests) results.
- Adjust inventory and waste records as appropriate





Assess Contamination  
(isotope, activity) Minor or major ?



Clean up using absorbent pads



Survey, identify region

repeat cleaning + wipe tests as  
necessary

# Spill Procedure

- MAJOR SPILLS ( > 100 EQ )
  - Clear the area
  - Leave fume hood running (if available)
  - Close off area and post warning signs
  - Notify RPS
  - Decontaminate personnel by removing clothing and flushing skin with warm water and soap
  - Follow procedure for minor spill
  - Record names of person involved in spill
  - Submit written report to RPS
  - RPS will submit report to CNSC

# Appendix I

## Two Important Calculations

# CALCULATIONS

## TWO IMPORTANT CALCULATION:

1. Wipe test contamination level
2. Decay correction

# Wipe Test Contamination Level

$$CL(Bq / cm^2) = \frac{N(CPM) - Bkg(CPM)}{CE \times 60 \times A \times Weff}$$

*CL* = Contamination Level in Bq/cm<sup>2</sup>

*N* = Total counts in CPM

*Bkg* = Background counts in CPM

*CE* = Detector efficiency (0-1)

*60* = sec/min

*A* = Area wiped (100 cm<sup>2</sup>)

*Weff* = Wipe efficiency (0.1 wet ; 0.01 dry)

# Wipe Test Contamination Level

*EXAMPLE :*

$N = 500 \text{ CPM}$  (Total counts)

$Bkg = 300 \text{ CPM}$  (Bkg counts)

$CE = 0.6$  (Det efficiency)

$A = 100 \text{ cm}^2$  (Area wiped)

$W_{eff} = 0.1$  (Wipe efficiency)

$$CL = \frac{500 - 300}{0.6 \times 60 \times 100 \times 0.1} = 0.55 \text{ Bq} / \text{cm}^2$$

# Decay Correction

$$A_f = \frac{A_0}{2^N} \quad ; \quad N = t / T_{1/2}$$

$A_0$  = Initial activity

$A_f$  = final activity

$t$  = time elapsed

$T_{1/2}$  = half-life

Note:

$$\begin{aligned} A_f &= A_0 \exp(-\ln(2^N)) \\ &= A_0 \exp(-N \times \ln(2)) \\ &= A_0 \exp(-0.693 \times t / T_{1/2}) \end{aligned}$$

$$A_f = A_0 \exp(-\lambda t) \quad (\lambda = 0.693 / T_{1/2})$$

# Decay Correction

## Example:

- 250  $\mu\text{Ci}$  of  $^{35}\text{S}$  arrived on May 19, 2002
- 100  $\mu\text{Ci}$  was removed and used the same day.
- The remaining amount was stored in a freezer for future use.
- On June 30, 2002 it is decided to repeat the experiment.

Q :Does another order of  $^{35}\text{S}$  have to be placed or is there enough remaining activity that the experiment may proceed?



# Decay Correction

Solution:

$$A_f = A_o \exp(-\lambda t)$$

$A_f$  = activity at time "t" ( ? )

$A_o$  = activity at time zero ( 250 - 100 = 150  $\mu\text{Ci}$  )

t = elapsed time ( 42 d )

$\lambda$  = decay constant ( 0.693 / 87.44 d = 0.0079 )

$$\begin{aligned} A_f &= 150 \exp( - 0.0079 \times 42 ) \\ &= 107.52 \mu\text{Ci} \end{aligned}$$

**\*\* SAVINGS \*\***

# **Le centre universitaire de santé McGill (CUSM) McGill University Health Center (MUHC)**

## **Service de radioprotection Radiation Protection Service**

Ceci certifie que :  
This is to certify that :

A réussi avec succès la formation du CUSM en radioprotection à l'intention des travailleurs du secteur des radioisotopes.  
Has successfully completed the MUHC radiation Safety Training for Radioisotope Workers

Date of training:

RSO's signature:

Service de la radioprotection  
Radiation Protection Service

# MUHC Radiation Protection Service

- Christian Janicki RSO and manager x 43866
- Malika Oussaid, RS Assistant x 36484
- Mohammed Lounis, RS Assistant x 44922
- 24h pager through Locating x 53333